



## ***FRIDGE NOTES: Parish Announcements*** **February 22, 2026**

*Welcome to St Peter and St Simon's, especially if you are visiting us.*

*Please join us for refreshments in the Parish Hall following the 10.30 am service.*

**Taking care of each other** | We remind parishioners to stay at home and seek primary care if you are not well with symptoms such as a sore throat, cough, fever, diarrhea or an unexplained rash. It is also important to check with your primary care provider on a regular basis to be sure that you are up-to-date on all your vaccinations. If you must be in public space when you are sick with respiratory symptoms, the use of a mask can prevent spreading illness to others.

**Black History Month** | Each year we celebrate the many contributions of our Black parishioners here at The Church of St. Peter and St. Simon-the-Apostle. This year our focus is on their heritage. Today, our own Sileen Phillips is preaching. There will be a special coffee hour with a poster display after the 10:30am service. We hope you will join us.

**World Day of Prayer** | Saturday, March 7<sup>th</sup>, at 1:30 pm. The service is at Rosedale Presbyterian Church, 129 Mount Pleasant Road. The front door is on South Drive with street parking. This year the people of Nigeria are celebrating. They have chosen the theme from Matthew 11:28-30, "I will give you rest: Come." There will be a light lunch after. Please join us in prayer for Nigeria.

**Vestry Meeting** | Sunday, March 8<sup>th</sup> at 12.00 noon. Vestry reports are due in the office, If you have not yet forwarded your reports to the office, please do so as soon as possible to [office@stpeterstsimon.ca](mailto:office@stpeterstsimon.ca) to allow sufficient time to format and print and make available prior to the vestry meeting.

**SPSS Website** | For all your parish news and events, please visit our website:  
<https://stpeterstsimon.ca/>

## **Bishop's Visit**

The Right Reverend Kevin Robertson will make a visit to SPSS on Sunday, April 12<sup>th</sup>, the Second Sunday of Easter. He will be the Preacher and Celebrant that day. We look forward to welcoming Bishop Kevin back to SPSS. This is the same day we will have a celebration for Fr. Geoff's ministry with us.

## **Reading Augustine's *Confessions* in Epiphany**

When Saint Augustine wrote his *Confessions* he was facing and responding to a growing spread of asceticism in the Roman world. His task was twofold: to explain to himself the significance of his conversion to Christianity, and to do so in terms that would convince his readers that this was indeed the one, true faith. In his attempt to achieve these aims, Augustine produced a masterpiece of intellectual biography with an emotional intensity that makes his *Confessions* one of the great works of Christian spiritual writing.

In January began studying the *Confessions*. We met to discuss its content and look had two lectures by Father Walter Hannam who teaches at St Augustine's Seminary in Toronto. For more information please speak with Fr Geoff.

Two more sessions left, Feb 24<sup>th</sup> and March 3<sup>rd</sup>, 2026

- 6 pm - Supper
- 7 to 8.30 pm - Discussion and Compline

**Food Bank Donations** | St. Bart's Food Bank is very active for those in the Regent Park area. Thanks to all who have been contributing. Please keep this Food Bank on your shopping list. The SPSS donation box is in the sitting room or at the back of the church for Food Bank Donations every Sunday. Canned and packaged foods are needed, as well as baby food and hygiene products.

## **Stewardship Committee Update**

Thank you to everyone who has brought in their empty wine/liquor/beer bottles and beer cans. The total deposit refund for the last two weeks was \$17.00 bringing the year-to-date total to \$22.10. Remember: Every little helps!

**2026 Altar flowers** | Here is a note for the Fridge Note - A New Year begins and there is a need for Altar flowers in 2026. A chart will be put up at the entrance to the Church and you can pick your date. Note - Ash Wednesday is February 18 and there are no altar flowers during Lent. If you wish to donate please contact Sheila (416-921-2593) or Joy (416-423-7042).

**Church Telephone Line** | The telephone lines are working again. Thank you for your patience.

**Pancake Tuesday** | Thank you to all the volunteers that helped with Pancake Tuesday by purchasing ingredients and supplies, setting-up, cooking, serving, cleaning up etc. Also, thank you to all those who participated in this gathering.

**Hymn Notes: *Forty Days and Forty Nights (CP # 175)***

This hymn, written by George Hunt Smyttan (1822-70), opens with a paraphrase of Luke 4:1-13. Smyttan published it in 1856 in 9 stanzas. In 1861, Rev. Francis Pott used 6 of the stanzas for his 1861 hymnal: and it has been the Pott version which is generally used. Smyttan was the son of a doctor in the Bombay Medical Service. After graduation from Cambridge in 1845, Smyttan was ordained (1848). He served as the rector of Hawksworth, Nottinghamshire (1850-59). He died while on vacation at Frankfurt-am-Main and was buried in a pauper's grave. Smyttan wrote several books, including *Mission Songs and Ballads* (1860) and *Thoughts in Verse for the Afflicted* (1849).

HEINLEIN was published in *Nurnbergisches Gesangbuch* (1676). There it was used for Schwamlein's "Aus der Tiefe." The composer listed was "M.H." The tune has thus been attributed to Martin Herbst (1654-81). Herbst was born in Rothenbach and read theology and philosophy at Altdorf and Jena. In 1680, he became the rector of the gymnasium and pastor of St. Andreas Church, Eisleben. He died of plague the following year.

*Submitted by Diane Way*

**SCAN and DONATE**

To make a donation to the Church, open up the camera on any smartphone and point it at the QR code and a web page will open to take you directly to Canada Helps' donation page for the Church of St Peter and St Simon-the-Apostle. You will receive an auto-generated tax receipt emailed directly from CanadaHelps.org.

Alternatively, you can forward an e-transfer to [office@stpeterstsimon.ca](mailto:office@stpeterstsimon.ca) and a receipt will be mailed out at the beginning of the following year. Be sure to include your mailing address in the memo field. Forwarding an e-transfer directly to the church will save on the administration fee charged by Canada Helps. Thank you for your support.





## St. Peter and St. Simon-the-Apostle

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416.923.8714 [www.stpeterstsimon.ca](http://www.stpeterstsimon.ca) [www.facebook.com/stpeterstsimons](https://www.facebook.com/stpeterstsimons)

### CLERGY, WARDENS & STAFF

Incumbent	The Reverend Canon Geoffrey Sangwine, option 1; <a href="mailto:incumbent@stpeterstsimon.ca">incumbent@stpeterstsimon.ca</a> ; Mobile: 416.720.2099
Honorary Assistant Wardens	The Reverend Canon Michael Burgess David Carrington – Rector’s Warden, <a href="mailto:dcarrington.omers@sympatico.ca">dcarrington.omers@sympatico.ca</a> David Rounthwaite – People’s Warden, <a href="mailto:fdrounthwaite@msn.com">fdrounthwaite@msn.com</a>
Deputy Wardens	Spencer Higgins, Laurie Sanderson
Choir Director	Mervin Fick, <a href="mailto:mfick0101@gmail.com">mfick0101@gmail.com</a>
Caretaker	Daiverzon Guillermo, 647-863-0698
Children’s Ministry	Sileen Phillips, 647.718.6728 <a href="mailto:kidscoordinator@yahoo.com">kidscoordinator@yahoo.com</a>
Envelope Secretary	Paul Michell <a href="mailto:pablo51@rogers.com">pablo51@rogers.com</a>
Parish Administrator	Jessy Balendra, option 3, <a href="mailto:office@stpeterstsimon.ca">office@stpeterstsimon.ca</a>
<b>Church Office Hours</b>	Tuesday, Wednesday, and Thursday, 9:30 am to 5:30 pm.

### SERVICES

#### Sundays

9.00am	Weekly Holy Eucharist (BCP) - In the Chapel of Holy Spirit)
10.30 am	1 <sup>st</sup> and 3 <sup>rd</sup> Sundays Choral Eucharist – Traditional BCP Rite
2 <sup>nd</sup> Sunday	Choral Matins (unless announced)
4 <sup>th</sup> Sunday	Choral Eucharist – Contemporary BAS Rite
5 <sup>th</sup> Sunday & Evensong	As Announced

#### Wednesdays

11.00 am	Weekly Eucharist – Contemporary BAS Rite
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We acknowledge that in gathering to worship Almighty God, we are in the traditional territory of many First Nations peoples including the Mississaugas of the New Credit, the Anishinaabe, the Haudenosaunees, and the Huron-Wendat.

"The earth is the Lord's, and all that therein is, the world and all who dwell therein." Psalm 24.1