



the **Church**  
of **St Peter** and  
**St Simon**-the-Apostle

## **Fifth Sunday after Pentecost**

June 23, 2024

### **Holy Eucharist at 9.00 am.**

The service begins on page 67 of the *Book of Common Prayer*.  
For the Readings, please see the 10.30 am. Service.

Collect – BCP page 223.

*Celebrant & Preacher* The Reverend Canon Geoffrey Sangwine

### **Choral Eucharist at 10.30 am.**

The service is from the *Book of Alternative Services*, beginning on page 185.

*Celebrant* The Reverend Abraham Thomas

*Preacher* The Reverend Canon Geoffrey Sangwine

*Servers* Fen Nanton, Paul Mitchell, Betty Scantlebury, Celine Wong,  
Vincent Wong

*Communion Ministers* Fen Nanton, Gerry Courage

*Director of Music* Robin Davis

Mass Setting *A New Plainsong* – David Hurd

Children going to Church School will gather at the beginning of the service  
to meet with Sileen Phillips, Children's Ministry Co-ordinator, and Carol Peck.

***The flowers in the sanctuary are given to the honour and glory of almighty God  
and in loving memory of Angel and Albert, parents of Isabelle Robinson,  
and Doris and Bill, parents of Ted Robinson.***



## THE GATHERING OF THE COMMUNITY

**Prelude** *Kyrie, Elevation, Mass for the Convents*

FRANCOIS COUPERIN

**Processional Hymn CP 432** *Jesus Calls Us O'er the Tumult*

ST. OSWALD

### Greeting

*Celebrant* The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

*All* **And also with you.**

### Collect for Purity

*Celebrant* Almighty God,

*All* **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

### Gloria - CP Hymn Book # 686

*Celebrant* Glory to God in the highest,

*All* **and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

### The Collect of the Day

*Celebrant* O God our defender,  
storms rage about us and cause us to be afraid.  
Rescue your people from despair,  
deliver your sons and daughters from fear,  
and preserve us all from unbelief;  
through your son Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and forever. **Amen.**

## THE LITURGY OF THE WORD

**First Reading** *1 Samuel 17:32 – 49*

Read by Spencer Higgins

*Reader*

A reading from the First Book of the Prophet Samuel.

David said to Saul, 'Let no one's heart fail because of him; your servant will go and fight with this Philistine.' Saul said to David, 'You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth.' But David said to Saul, 'Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God.' David said, 'The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.' So Saul said to David, 'Go, and may the Lord be with you!' Saul clothed David with his armour; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armour, and he tried in vain to walk, for he was not used to them. Then David said to Saul, 'I cannot walk with these; for I am not used to them.' So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine. The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, 'Am I a dog, that you come to me with sticks?' And the Philistine cursed David by his gods. The Philistine said to David, 'Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field.' But David said to the Philistine, 'You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand.' When the Philistine drew nearer to meet David, David ran quickly towards the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the

stone sank into his forehead, and he fell face down on the ground.

Reader        The word of the Lord.  
All             **Thanks be to God.**

**Psalm 9:9–20** *Confitebor Tibi*    All are invited to sing the Psalm.

Tone I.1A.



- <sup>9</sup> THE LÖRD will be a refuge **for** the oppressed, \*  
a refuge in **time** of tröu-ble.
- <sup>10</sup> Those who know your name will **put** their trust in you, \*  
for you never forsake those who **seek** you, Ö Lord.
- <sup>11</sup> Sing praise to the Lord who **dwells** in Zion; \*  
proclaim to the peoples the **things** he häs done.
- <sup>12</sup> The avenger of blood **will** remember them; \*  
he will not forget the cry of **the** afflicted.
- <sup>13</sup> Have **pi-ty** on me, O Lord; \*  
see the misery I suffer from those who hate me,  
O you who lift me up **from** the gäte of death;
- <sup>14</sup> So that I may tell of all your praises and rejoice in **your** sal-va-tion \*  
in the gates of the ci-ty of Zion.
- <sup>15</sup> The ungodly have fallen in-**to** the pit they dug, \*  
and in the snare they set is **their** own föot caught.
- <sup>16</sup> The Lord is known by his **acts** of jus-tice; \*  
the wicked are trapped in the **works** of theïr own hands.
- <sup>17</sup> The wicked shall be given o-ver to the grave, \*  
and also all the peoples **that** forgët God.
- <sup>18</sup> For the needy shall not always **be** forgotten, \*  
and the hope of the poor shall not per-**ish** for ëver.
- <sup>19</sup> Rise up, O Lord, let not the ungodly **have** the upper hand; \*  
let them be **judged** beföre you.
- <sup>20</sup> Put fear up-**on** them, O Lord; \*  
let the ungodly know they **are** but mörtal.

**Epistle***2 Corinthians 6:1–13*

Read by Paul Mitchell

*Reader*

A reading from the Second Letter of Paul to the Corinthians.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, “At an acceptable time I have listened to you, and on a day of salvation I have helped you.” See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

*Reader*

The word of the Lord.

**All****Thanks be to God.****Gradual Hymn CP 501** *Through All the Changing Scenes of Life vv. 1,2*

WILTSHIRE

Through all the changing scenes of life, in trouble and in joy,  
the praises of my God shall still my heart and tongue employ.

O magnify the Lord with me, exalt the sacred name;  
when in distress to heaven I called, God to my rescue came.

**The Holy Gospel** *Mark 4.35–41**Gospeller*

The Lord be with you.

**All****And also with you.***Gospeller*

The Holy Gospel of our Lord Jesus Christ according to St. Mark.

**All****Glory to you, Lord Jesus Christ.***Gospeller*

On that day, when evening had come, Jesus said to them, “Let us go across to the other side.” And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But

he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

*Gospeller*

The Gospel of Christ.

*All*

**Praise to you, Lord Jesus Christ.**

### **Gradual Hymn CP 501** *Through All the Changing Scenes of Life vv. 3,4*

The guardian hosts encamp around the dwellings of the just;  
deliverance they provide to all who in God's shelter trust.

O make but trial of His love, experience will decide  
how blest and favoured are they all who in this truth confide.

### **Homily**

### **Nicene Creed**

*Celebrant*

Let us confess our faith, as we say,

*All*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**

Led by Ian Corlett

## Confession and Absolution

*The Celebrant invites the confession of sin. Silence is kept.*

*Celebrant* Most merciful God,  
*All* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*The Absolution is pronounced.*

## The Peace *Please stand.*

*Celebrant* The peace of the Lord be always with you.  
*All* **And also with you.**

## THE CELEBRATION OF THE EUCHARIST

### Offertory Hymn *I Feel the Winds of God Today*

KINGSFOLD  
*Book of Common Praise 1938, #426*

### Prayer over the Gifts

*Celebrant* Eternal God, you have made our Savior Jesus Christ the head of all creation. Receive all we offer you this day and renew us in his risen life, in the name of Jesus Christ the Lord. **Amen.**

### The Great Thanksgiving

*Celebrant* The Lord be with you.



*All* **And al - so with you.**

*Celebrant* Lift up your hearts.



*All* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.



*All* **It is right to give our thanks and praise.**

*Celebrant* Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour Therefore with all the company of

heaven we raise our voices to proclaim the glory of your name.

*All*

**Holy, holy, holy Lord God of power and might.**

**Heaven and earth are full of your glory, Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*Celebrant*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

**we remember his death, we proclaim his resurrection, we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time reconcile all things in Christ and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, by whom and with whom and in whom in the unity of the Holy Spirit, all honour and glory yours almighty Father, now and forever. **Amen.**

**The Lord's Prayer –CP Hymn Book # 744** *Sung by all*

*Celebrant*

As Our Saviour taught us, let us pray:

*All*

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

## The Breaking of the Bread

*Celebrant* We break this bread to share in the body of Christ.

*All* **We, being many, are one body, for we all share in the one bread.**

*Celebrant* The gifts of God for the People of God.

*All* **Thanks be to God.**

## Agnus Dei – CP Hymn Book #690

*All* **Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: grant us peace.**

## HOLY COMMUNION

- Holy Communion is administered at the High Altar and a standing station at the St Peter's Altar in the south aisle. If you do not wish to receive communion, you may come forward for a blessing. Fold your hands over your chest to indicate this to the administering priest. Please follow the directions of the sides-people.
- You may choose to receive the bread only where the fullness of the sacrament is present. If you do not wish to drink from the common cup, simply receive the bread and return to your seat. You may also touch the base of the chalice while the words of administration are said.
- Intinction (dipping the bread into the chalice of wine) is not permitted in the Anglican Diocese of Toronto.
- Anointing for healing will take place during communion in the north and south aisles of the church.

**Communion Hymn 49** *Draw Near and Take*

SONG 46

**Motet A Gaelic Blessing**

JOHN RUTTER

*Deep peace, pure brown of the earth to you; Deep peace, pure grey of the dew to you,  
Deep peace, pure blue of the sky to you! Deep peace of the running wave to you,  
Deep peace of the flowing air to you, Deep peace of the quiet earth to you,  
Deep peace of the sleeping stones to you Deep peace of the Yellow Shepherd to you,  
Deep peace of the Wandering Shepherdess to you, Deep peace of the Flock of Stars to you,  
Deep peace from the Son of Peace to you, Deep peace from the heart of Mary to you,  
And from Bridget of the Mantle Deep peace, deep peace !*

## Prayer after Communion & Doxology

*Celebrant* Almighty and eternal God, guide and protect your people who share in this sacred mystery, and keep us always in your love; through Jesus Christ the Lord.  
**Amen.**

*Celebrant* Glory to God,  
*All* whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

## **Blessing**

### **Announcements**

**Recessional Hymn CP Hymn Book 399** *Now Thank We All Our God* NUN DANKET

### **Dismissal**

*Leader* Followers of Jesus Christ, inspired by the Holy Spirit,  
serve the world God loves.

*All* **Thanks be to God.**

**Postlude** *Improvization on Prijs, mijn ziel, den Hemelkoning* BOB VAN STEMPOORT

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## **In our Prayers this Week**

The Anglican Communion The Church of England.

Diocesan Cycle of Prayer National Indigenous Archbishop Chris Harper and the Anglican Council of Indigenous Peoples.

Outreach & Advocacy Cycle of Prayer *Pray for St. John, East Orangeville*, its community suppers, men's breakfast, support of a school in Guatemala, support of Dufferin Child and Family Services, Family Transition House, and the local food bank; *for St. John, Ida*, its support for the Durham Region Migrant Worker ministry, for Mosaic Middle East, for ministry at Constance Lake FN, for One Roof Community Diner, Peterborough, for Advent Conspiracy water projects, for Millbrook Food Share, and for a variety of ministries in Belize; *and for St. John, Waverley*, its breakfast programme at All Saints Penetanguishene, support of Hospice Huronia, Rosewood, Midland, the Native Women's Association, Elmvale Food Banks and the Native Friendship Centre, Midland, Sara Vista Long Term Care Home and preparation of Christmas baskets for Sara Vista residents.

Parish Cycle Aldene B. Thomas, Shiela Thomas, James & Cynthia Rogers Tory, Duncan Towe.

Home Bound Parishioners Marie Adams, Evelyn Baird, Alice Fox, Dennis Gittens, Lorraine Griffith, Sabrina Hogan, Ivaline Jonas, Everton Morris, Denise Orieux, Marjorie Philip, Valda Phillips, Lucy Simons, Rex Southgate, Vernita Theobolds, Lila Vamosi, Bernice Williams.

## Parish Announcements

**Altar Flowers** | If you wish to donate flowers please contact Sheila Thomas, 416 –921–2593.

**Coffee Hour** | We hope you will join us for coffee hour in the Parish Hall immediately after the service. If you would like to help with this important ministry of hospitality, please speak with Fran Brown or Laurie Sanderson.

**Bible BBQ Part III – “By Water and the Spirit”** | Tuesday, June 25 at St Jude’s Rectory, 18 Howarth Avenue. Parking is available at the Church, 10 Howarth Avenue. Participants are invited to bring an appetizer, salad or dessert. BBQ food is provided by the hosts. There is a sign-up sheet in the lobby. Dinner is at 6 pm. The study will follow.

**Summer Holidays** | Fr Geoff - July 9 to August 9;  
Jessy Balendra (Administrator) - July 23-25, July 30-31, Aug 1.  
Fr Michael will be away on some Sundays from SPSS providing clergy coverage in other parishes. Fr Abraham will be on duty in the parish during the summer holiday period.

## Season of Spiritual Renewal

Greetings, friends! As the Diocese of Toronto embarks together on a season in which we’ll focus on spiritual renewal across our large and diverse Diocese, we’d like to share some ways we’re inviting our parishes to participate in four of the Christian disciplines strongly associated with renewal.

**1. Prayer:** We want to encourage widespread prayer across the Diocese – for individuals and church communities, on Sundays and in other meetings – so we begin this season focused on listening to and talking with God. This is why we’re sharing our [first resource of prayers](#) with you. To read about ways we can intentionally raise the profile of prayer in our churches, please visit the [Season of Spiritual Renewal pages](#) on the diocesan website.

**2. Scripture:** We recognize the need for the study of scripture to be a part of our daily lives. For suggestions on encouraging this, please visit the [Season of Spiritual Renewal pages](#).

**3. Worship:** We desire everyone in the Diocese to have a renewed joy and desire to engage in the worship of the Living Triune God. For ideas on worship, check out the [Season of Spiritual Renewal pages](#).

**4. Discipleship and Evangelism:** We want everyone to be confident in sharing their story of faith. You can visit the [Season of Spiritual Renewal pages](#) for ideas.

As Coordinator and Admin Support for this Season of Spiritual Renewal, we’re here to support and resource parishes across our Diocese. Our goal is to also serve as a sharing portal for creative ideas and best practices that you’re already finding helpful. So don’t be afraid to share those ideas and practices with us! While we may not be able to share everything, some of these we can pass along to other churches across our Diocese. Please send these directly to Jacqui, whose email is listed below. We are very excited about what God has planned for

our Diocese in this season, and we look forward to supporting you all on this adventure!

**Canon Judy Paulsen** - Coordinator, The Season of Spiritual Renewal

[jpaulsen@toronto.anglican.ca](mailto:jpaulsen@toronto.anglican.ca)

**Jacqui Hance** - Admin support, The Season of Spiritual Renewal

[jhance@toronto.anglican.ca](mailto:jhance@toronto.anglican.ca)

## SCAN and DONATE

To make a donation to the Church, open up the camera on any smartphone and point it at the QR code and a web page will open to take you directly to Canada Helps' donation page for the Church of St Peter and St Simon-the-Apostle. You will receive an auto-generated tax receipt emailed directly from CanadaHelps.org. Thank you for your support.



## Hymn Notes: *Now Thank We All Our God* (CP # 399)

Lutheran minister Martin Rinkart (1586-1649) received his M.A. in theology from the University of Leipzig (1615). During the Thirty Years' War, he served as archdeacon in his home town of Eilenburg, Saxony (1617-49). The village was sacked three times during the war, and the population was decimated by violence and disease. He is said to have buried 3000 people, including his wife. He wrote this hymn, based on Ecclesiasticus 50:22-24, as a table grace for his family. It was probably published in 1636. This 1858 English translation is by Catherine Winkworth 1829-78) who is foremost in rank and popularity among translators of German hymns.

*Nun Danket*, written by Johann Cruger (1598-1662), was published in 1647 to accompany the German text. Cruger studied music at Regensberg with Paul Homberger, a pupil of Gabrieli. He settled in Berlin in 1615 and was a leading figure in Lutheran hymnody in the 17<sup>th</sup> century. He composed motets, hymns, cantatas, and chorales. J.S. Bach used this tune in his Cantatas 79 and 192. Mendelssohn wrote a version of the tune for *his Lobgesang* (1840). It is that 1840 version which is used in hymnbooks.

*Diane Way*

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## The Church of St. Peter and St. Simon-the-Apostle

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The Reverend Canon Geoffrey Sangwine, *Incumbent*

The Reverend Abraham Thomas, *Assistant Curate*

The Reverend Canon Michael Burgess, *Honorary Assistant*

Robin Davis, *Director of Music*

David Carrington, *Rector's Warden* / Gerald Courage, *People's Warden*

John Pugsley, Laurie Sanderson, Johan van 't Hof, *Deputy Wardens*