



the **Church**  
of **St Peter** and  
**St Simon**-the-Apostle

**Fourth Sunday in Lent**

March 10, 2024

## **Holy Eucharist at 9.00 am.**

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Celebrated in the Chapel of the Holy Spirit.

*BCP* pp. 67ff

Celebrant & Preacher            The Reverend Canon Geoffrey Sangwine

For the Collects and Readings please see 10.30 am.

## **Choral Matins at 10.30 am.**

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The service begins on page 1 of the *Book of Common Prayer*.

Officiant	The Reverend Abraham Thomas
Preacher	The Reverend Canon Geoffrey Sangwine
Sides-people	Spencer Higgins, Robert O'Keefe, Betty Scantlebury, Ted Robinson
Director of Music	Robin Davis
Organist	Alison Jane



**Prelude** *Adagio in a BWV 564* (Organist – Robin Davis)

J.S. BACH

**Hymn 506** *Lord of All Hopefulness*

SLANE

**Opening Sentences**

**Exhortation** *BCP p. 4*

**Confession & Absolution** *BCP* pp. 4-5

*Officiant* Almighty and most merciful Father,

*All*     **We have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou them, O God, which confess their faults. Restore thou them that are penitent; according to thy promises declared unto all people in Christ Jesu our Lord. And grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

## The Absolution & Lord's Prayer– BCP p. 5

*The Officiant standing continues with the Preces.*

*Officiant* O Lord, open thou our lips;

*All* **And our mouth shall show forth thy praise.**

*Officiant* O God, make speed to save us;

*All* **O Lord, make haste to help us.** *You are invited to stand.*

*Officiant* Glory be to the Father, and to the Son, and to the Holy Ghost;

*All* **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

*Officiant* Praise ye the Lord;

*All* **The Lord's Name be praised.**

**The Venite – Psalm 95 BCP pp. 6-7 Sung by All.**



*The goodness of God | leadeth · to re| pentance: / \* O | come | let us | worship.*

O come, let us | sing unto · the | Lord: /

\* let us heartily rejoice in the | strength of | our sal | vation.

Let us come before his | presence with | thanksgiving /

\* and show ourselves | glad in | him with | psalms.

For the Lord is a | great | God / \* and a great | King a·bove | all | gods.

In his hand are all the | corners · of the | earth /

\* and the | strength of · the | hills is · his | also.

The sea is | his and · he | made it / \* and his | hands pre | pared the · dry | land.

O come, let us worship and | fall | down /

\* and | kneel be·fore the | Lord, our | Maker.

For he is the | Lord our | God /

\* and we are the people of his pasture, | and the | sheep of · his | hand.

To-day, O that ye would | hear his | voice: /

\* ‘Harden not your hearts as in the Provocation, and as in the day of Temp | tation  
| in the | wilderness;

When your fathers | tempted | me, / \* proved | me, and | saw my | works.

Forty years long was I grieved with that gene | ration, and | said, /  
 \* “It is a people that do err in their hearts, for they | have not | known my | ways”;  
 Unto whom I | sware in my | wrath, /  
 \* that they should not | enter | into my | rest.’  
 Glory be to the Father, and | to the | Son, \* and | to the | Holy | Ghost;  
 As it was in the beginning, is now, and | ever | shall be,  
 \* world without | end. | A- | men.  
*The goodness of God | leadeth · to re| pentance: / \* O | come | let us | worship.*

## First Reading *Numbers 21.4-9*

Read by Paul Falkner

*Reader* The first lesson is written in the twenty-first chapter of the Book of Numbers, beginning at the 4<sup>th</sup> verse..

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

*Reader* The word of the Lord.

*All* **Thanks be to God.**

## Psalm 107.1-3, 17-22. *Confitemini Domino.*



<sup>1</sup> O GIVE thanks unto the Lord, for he is **gra**-cious, /  
 and his mercy endur-**eth** for ëv-ër.

<sup>2</sup> Let them give thanks whom the Lord hath re-**deem**-ed, /  
 and delivered **from** ad-vër-si<sup>^</sup>tÿ;

<sup>3</sup> And gathered them out of the lands, from the east and from **the** west, /  
 from the **north** and fröm the<sup>^</sup>soüth.

- <sup>17</sup> They that are foolish are afflicted for their **of**-fence, / and because **of** their wick-ed\_nëss.  
<sup>18</sup> Their soul abhorred all manner **of** meat, /  
and they were even **hard** at deäth's döör.  
<sup>19</sup> So they cried unto the Lord in their **trou**-ble, /  
and he delivered **them** from theïr dis^trëss.  
<sup>20</sup> He sent his word and heal-**ed** them, /  
and saved them from **their** des-trüc-tiön.  
<sup>21</sup> O that men would therefore praise the Lord for his **good**-ness, /  
and declare the wonders that he doeth for the **chil**-dren öf mën!  
<sup>22</sup> That they would offer unto him the sacrifices of thanks-**giv**-ing, /  
and tell out his **works** with glädnëss!  
Glory be to the Father, and to **the** Son / and **to** the Hö-ly^Ghöst;  
As it was in the beginning, is now and ever **shall** be / world with-**out** end. Ä-mën.

## **Second Reading** *Ephesians 2.1-10*

Read by Carol Peck

*Reader* The second lesson is written in the second chapter of the Epistle of St Paul to the Ephesians, beginning at the first verse.

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ - by grace you have been saved - and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God - not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

*Reader* The word of the Lord.

*All* **Thanks be to God.**

**Benedicite, Omnia Opera – BCP pp. 26-28**

VIII. 1.



O ALL ye Works of the Lord, bless ye the **Lord**: / praise him, and magnify **him** for ever.  
O ye Angels of the Lord, bless ye the **Lord**: / O ye Heavens, **ble**ss ye the Lord.

O YE Waters that be above the Firmament, bless ye the **Lord**: / O all ye Powers of the  
Lord, **ble**ss ye the Lord.

O ye Sun and Moon, bless ye the **Lord** : / O ye Stars of Heaven, **ble**ss ye the Lord.

O ye Showers and Dew, bless ye the **Lord**: / O ye Winds of God, **ble**ss ye the Lord.

O ye Fire and Heat, bless ye the **Lord**: / O ye Winter and Summer, **ble**ss ye the Lord.

O ye Dews and Frosts, bless ye the **Lord**: / O ye Frost and Cold, **ble**ss ye the Lord.

O ye Ice and Snow, bless ye the **Lord**: / O ye Nights and Days, **ble**ss ye the Lord.

O ye Light and Darkness, bless ye the **Lord** : / O ye Lightnings and Clouds, **ble**ss ye the  
Lord.

O LET the Earth bless the **Lord**: / praise him, and magnify **him** for ever.

O ye Mountains and Hills, bless ye the **Lord**: / O all ye Green Things upon the Earth, **ble**ss  
ye the Lord.

O ye Wells, bless ye the **Lord**: / O ye Seas and Floods, **ble**ss ye the Lord.

O ye Whales, and all that move in the **Waters**, / **ble**ss ye the Lord:

O all ye Fowls of the Air, bless ye the **Lord**: / praise him, and magnify **him** for ever.

O all ye Beasts and Cattle, bless ye the **Lord** : / O ye Children of earth, **ble**ss ye the Lord.

O LET Israel bless the **Lord**: / praise him, and magnify **him** for ever.

O ye Priests of the Lord, bless ye the **Lord**: / O ye Servants of the Lord, **ble**ss ye the Lord.

O ye Spirits and Souls of the Righteous, bless ye the **Lord**: / O ye holy and humble Men of  
heart, bless ye the **Lord**.

O Ananias, Azarias, and Misael, bless ye the **Lord**: / praise him, and magnify **him** for ever.

GLORY be to the Father, and to the **Son**, / and **to** the Ho-ly^Ghost;

As it was in the beginning, is now, and ever **shall** be, / world with-**out** end. A-men.

### Third Lesson *John 3.14-21*

*Reader* The third lesson is written in the third chapter of the Gospel According to St John, beginning at he fourteenth verse.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

*Reader*    The Word of the Lord.

*All*      **Thanks be to God.**

**Benedictus** – *Sung by all, standing.*

H. Walford Davies



Blessed be the Lord | God of | Israel; /  
for he hath visited, | and re | deemed his | people;  
and hath raised up a mighty sal | vation | for us, /  
in the | house of · his | servant | David;  
as he spake by the mouth of his | holy | Prophets, /  
which have been | since the | world be | gan;  
that we should be | saved from · our | enemies, /  
and from the | hands of | all that | hate us;  
to perform the mercy promised | to our | forefathers, /  
and to re | member | his | holy covenant;

to perform the oath which he swore to our | fore-father | Abraham, /  
that | he would | grant | us  
that we being delivered out of the | hands of · our | enemies /  
might | serve him · with | out | fear,  
in holiness and | righteousness be | fore him, /  
all the | days of | our | life.  
And thou, child, shalt be called the | Prophet · of the | Highest: /  
for thou shalt go before the face of the | Lord · to pre | pare his | ways;  
to give knowledge of salvation | unto his | people /  
for the re | mission | of their | sins;  
through the tender mercy | of our | God; /  
whereby the day-spring | from on | high hath | visited us;  
to give light to them that sit in darkness, and in the | shadow of | death, /  
and to guide our feet | into the | way of | peace.  
Glory be to the Father, and | to the | Son, and to the | Holy | Ghost;  
As it was in the beginning, is now, and | ever | shall be, /  
world without | end. A | - - | men.

### **The Apostles' Creed – BCP pp. 10-11**

*Officiant* I believe in God,

*All*      **the Father Almighty, maker of heaven and earth:  
and in Jesus Christ his only Son our Lord,  
who was conceived by the Holy Ghost, born of the Virgin Mary,  
suffered under Pontius Pilate, was crucified, dead, and buried:  
he descended into hell; the third day he rose again from the dead;  
he ascended into heaven, and sitteth on the right hand  
of God the Father Almighty;  
from thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost; the holy Catholic Church;  
the Communion of Saints; the Forgiveness of sins;  
the Resurrection of the body, and the Life everlasting. Amen.**

*Officiant* The Lord be with you;

*All*      **And with thy spirit.**

*Officiant* Let us pray.

*Officiant* Lord, have mercy upon us.

*All*      **Christ, have mercy upon us.**

*Officiant* Lord, have mercy upon us.

*Officiant* Our Father

*All*      **who art in heaven, hallowed be thy name, thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses, as we forgive them that trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.**

*Officiant* O Lord, show thy mercy upon us;

*All*      **And grant us thy salvation.**

*Officiant* O Lord, save the King;

*All*      **And mercifully hear us when we call upon thee.**

*Officiant* Endue thy ministers with righteousness;

*All*      **And make thy chosen people joyful.**

*Officiant* O Lord, save thy people;

*All*      **And bless thine inheritance.**

*Officiant* Give peace in our time, O Lord;

*All*      **And evermore mightily defend us.**

*Officiant* O God, make clean our hearts within us;

*All*      **And take not thy Holy Spirit from us.**

## **The Collects**

*Officiant* Merciful Lord, we beseech thee, absolve thy people from their offences, that through thy bountiful goodness we may all be delivered from the chains of those sins which by our frailty we have committed; grant this, O Heavenly Father, for Jesus Christ's sake, our blessed Lord and Saviour, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*Officiant* Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

*Officiant* O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**



*Officiant* O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

**Anthem** *Out of the Deep*

JOHN RUTTER

Stephen Buck – Cello solo

*Out of the deep have I called unto thee, O Lord: Lord, hear my voice.  
O let thine ears consider well: the voice of my complaint.  
If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?  
For there is mercy with thee: therefore shalt thou be feared  
I look for the Lord; my soul doth wait for him: In his word is my trust,  
My soul fleeth unto the Lord: Before the morning watch I say, before the morning watch. O  
Israel, trust in the Lord, for with the Lord there is mercy: And with him is plenteous redemption  
and he shall redeem Israel: from all his sins. Psalm 130.*

**Homily**

**Hymn 442** *Great God, Your Love Has Called Us Here*

ST. PETERSBURG

*During the hymn a collection will be taken for the support of our ministry.*

**The Prayers**

Led by Spencer Higgins

*Other prayers may be added at the discretion of the clergy.*

**General Thanksgiving** – BCP pp. 13-14

*Officiant* Almighty God,

*All* **Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all people. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful, and that we show forth thy praise, not only with our lips, but in our lives; by giving up ourselves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

## Lenten Prose

*Refrain*  
*All*



Hear us O Lord, have mer-cy u - pon us, For we have sin - ned a-against - Thee.

*Cantor* To thee, Redeemer, on thy throne of glory; lift we our weeping eyes  
in holy pleadings : listen, O Jesu, to our supplications. ***Refrain***

*Cantor* O thou chief Corner-stone, Right Hand of the Father : Way of Salvation,  
Gate of Life Celestial : cleanse thou our sinful souls from all defilement. ***Refrain***

*Cantor* God, we implore thee, in thy glory seated : bow down and hearken to thy weeping  
children : pity and pardon all our grievous trespasses. ***Refrain***

*Cantor* Sins oft committed now we lay before thee : with true contrition,  
now no more we veil them : grant us, Redeemer, loving absolution. ***Refrain***

*Cantor* Innocent, captive, taken unresisting : falsely accused ,  
and for us sinners sentenced, save us, we pray thee, Jesu our Redeemer. ***Refrain***

## Prayer of St Chrysostom – BCP p. 15

*Officiant* Almighty God, who hast given us grace at this time with one accord to make our  
common supplications unto thee; and dost promise that when two or three are  
gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord,  
the desires and petitions of thy servants, as may be most expedient for them;  
granting us in this world knowledge of thy truth, and in the world to come life  
everlasting. **Amen.**

*All* **The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with us all evermore. Amen.**

## Announcements

**Hymn 485** *Love Divine All Loves Excelling*

HYFRYDOL #374

**Postlude** *Fugue in C BWV 564* (Organist – Robin Davis)

J.S. BACH

## **In our Prayers this Week**

The Anglican Communion: The Episcopal Church

Diocesan Cycle of Prayer: The Anglican Church Women (ACW)

Enid Corbett, Diocesan President .

Outreach & Advocacy Cycle of Prayer: *Pray for* the Parish of Penetaguishene and

Wabaushene, its Deacon's cupboard and bi-weekly breakfast and lunch programs;

*for* Prince of Peace, Wasaga Beach, its partnership in the Wasaga Beach Ministerial Food Bank, its giving clothesline of toiletries and mittens, weekly parent and tots program, and sharing of “noisy change” for local community needs

*and for* the Church of the Redeemer, Bloor Street, for the Common Table - its weekday meal program, street outreach, and other supports for homeless and marginally-housed people, its Indigenous Solidarity Working Group, Creation Matters group, Transgender Ministry and the Refugee Settlement Committee.

Parish Cycle: Ferdinand and Ely Galingan, Alison Jane, Charle Jiao, Cheryl Jonas

Home Bound Parishioners: Sabrina Hogan, Everton Morris, Denise Orieux, Lucy Simons, Vernita Theobalds, Barbara & Duncan Towe, Lila Vamosi, Vashti White.

## **ANNOUNCEMENTS**

**Children going to Church School** | Please gather at the entrance of the Church near the font to meet with Sileen Phillips, Children’s Ministry Co-ordinator, and Carol Peck.

**Altar Flowers** | We are inviting members of the congregation to provide memorial/thanksgiving altar flowers. Please contact the Church Office or Sheila Thomas, 416.921.259.

**The Annual Vestry Meeting** | Today at 12.00 noon in the Parish Hall.

**Lenten Study Series** | will resume next Sunday, March 17<sup>th</sup>. Join us for a light soup lunch and a discussion of the Sunday readings and sermon. We invite you to sign up to contribute to lunch.

**Coffee Hour** | We hope you will join us for coffee hour which is in the Parish Hall immediately after the service. If you would like to help with this important ministry of hospitality please speak with Fran Brown or Laurie Sanderson.

### **Hymn Notes #486 – *Love Divine, All Loves Excelling***

Charles Wesley (1707-1788) was the son of a clergyman and the brother of John Wesley, the founder of Methodism. Charles received his M.A. from Oxford in 1733. At Oxford, he was one of the young Oxonians who were known as “Methodists” because of their methodical method of observing Christian life and ritual. He was ordained in the Church of England in 1735. Beginning in 1738, Charles became an itinerant preacher and evangelist in association with John. After 1756, Charles settled first in Bristol and then in London. Unlike his brother, Charles remained loyal to the Anglican Church. Charles wrote 6500 hymns and could be described as the great hymn writer of all ages. This hymn, published in 1747, ranks as one of his best.

The tune *Hyfrydol* (which means “good cheer” in Welsh) was written by Rowland Hugh Pritchard (1811-1887). He published it in a book of his tunes in 1844.

### **Hymn Notes #506 – *Lord of All Hopefulness***

Jan Struther (1901-1953) was born in London. As early as 1917, she was contributing articles, short stories, and poems to English periodicals. Her most famous work is *Mrs. Miniver* (1939), a novel chronicling the life of an English housewife just prior to World War II. During the war, Struther moved to New York where she died in 1953. This hymn, published in 1931, is considered to be one of the finest of the so-called “all-day” hymns because it portrays the cycle of life as well as the cycle of the day. It is a lovely hymn which fits together thought, word, and music. *Slane* is an old Irish folk tune named for the hill near Tara in Ireland where St. Patrick is said to have lit his Easter Even fire. The tune was harmonized in 1927 to accompany the old hymn *Be Thou My Vision*. Struther wrote *Lord of All Hopefulness* specifically to be sung to *Slane*.

Hymn Notes - by Diane Way



#### **The Church of St. Peter and St. Simon-the-Apostle**

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We acknowledge that in gathering to worship Almighty God,  
we are in the traditional territory of many First Nations peoples  
including the Mississaugas of the New Credit,  
the Anishinaabe, the Haudenosaunees, and the Huron-Wendat.

*"The earth is the Lord's, and all that therein is, the world and all who dwell therein." Psalm 24.1.*