



**Fourth Sunday after Epiphany**Septuagesima (Being the 70<sup>th</sup> Day Before Easter)
January 28, 2024

## Welcome to the Church of St Peter and St Simon-the-Apostle.

Cover Image: *Jesus, Healing in the Synagogue*Artist, Eva Koleva Timothy

The flowers are offered to the honour and glory of Almighty God and in loving memory of Alan Grant Sims from Glenna, Isaak and Shirley.

# Holy Eucharist at 9.15 am.

Celebrated in the Chapel of the Holy Spirit. BCP pp. 67ff.

Celebrant & Preacher The Reverend Canon Geoffrey Sangwine

## Choral Matins at 10.30 am.

The service begins on page 1 of the *Book of Common Prayer*.

Officiant The Reverend Abraham Thomas
Preacher The Reverend Neil Young

Sides-people Gerry Courage, Mary Martin, Barb Pearson, Sheila Thomas

Director of Music Robin Davis Organist Alison Jane

**Children going to Church School** | Please gather at the entrance of the Church near the font to meet with Sileen Phillips, Children's Ministry Co-ordinator, and Carol Peck.



**Prelude** How Brightly Shines the morning Star

JOHAN PACHELBEL

**Processional Hymn** 306 O For a Thousand Tongues to Sing

RICHMOND

Opening Sentence -BCP p. 1

The earth shall be filled with the knowledge of the glory of the Lord, as the waters cover the sea. *Habakkuk* 2.14.

Other sentences may be added at the discretion of the Officiant.

Exhortation BCP p. 4

**General Confession** BCP pp. 4-5

Officiant Almighty and most merciful Father,

We have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws,

we have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders.

Spare thou them, O God, which confess their faults.

Restore thou them that are penitent; according to thy promises declared unto all people in Christ Jesu our Lord. And grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

# **Prayer for Pardon Through the Cross**

Officiant Almighty Father, who of thy great love didst give thy dearly beloved Son to die for us; Grant that through his Cross our sins may be put away, and remembered no more against us, and that, cleansed by his Blood, and mindful of his sufferings, we may take up our cross daily, and follow him in newness of life, until we come to

**The Lord's Prayer** – *Sung by the Choir.* 

MAURICE DURUFLÉ

Notre Père qui es aux Cieux, Que Ton nom soit sanctifié, Que Ton règne vienne, Que Ta volonté soit faite, sur la Terre comme au Ciel. Donne-nous aujourd'hui notre pain de ce jour, Pardonne-nous nos offenses, comme nous pardonnons à ceux qui nous ont offensés. Et ne nous soumets pas à la tentation, Mais délivre-nous du Mal. Car c'est à Toi qu'appartiennent le règne, la puissance et la gloire pour les siècles des siècles.

his everlasting kingdom; through the same thy Son Jesus Christ our Lord. Amen.

The Officiant standing continues with the Preces.

Officiant O Lord, open thou our lips;

All And our mouth shall show forth thy praise.

Officiant O God, make speed to save us;

All O Lord, make haste to help us. You are invited to stand.

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;

All As it was in the beginning, is now, and ever shall be, world without end. Amen. Officiant Praise ye the Lord;

All The Lord's Name be praised.

**The Venite** – *Psalm 95 BCP* pp. 6-7 *Sung by All.* 



The Lord hath manifested | forth his | glory: \* O | come, let | us worship.

O come, let us | sing unto · the | Lord: /

\* let us heartily rejoice in the | strength of | our sal | vation.

Let us come before his | presence with | thanksgiving /

\* and show ourselves | glad in | him with | psalms.

For the Lord is a | great | God / \* and a great | King a bove | all | gods.

In his hand are all the  $| corners \cdot of the | earth /$ 

\* and the | strength of  $\cdot$  the | hills is  $\cdot$  his | also.

The sea is | his and  $\cdot$  he | made it / \* and his | hands pre | pared the  $\cdot$  dry | land.

O come, let us worship and | fall | down /

\* and | kneel be fore the | Lord, our | Maker.

For he is the | Lord our | God /

\* and we are the people of his pasture, | and the | sheep of  $\cdot$  his | hand.

To-day, O that ye would | hear his | voice: /

\* 'Harden not your hearts as in the Provocation, and as in the day of Temp | tation | in the | wilderness;

When your fathers | tempted | me, / \* proved | me, and | saw my | works.

Forty years long was I grieved with that gene | ration, and | said, / \*

"It is a people that do err in their hearts, for they | have not | known my | ways"; Unto whom I | sware in my | wrath, / \* that they should not | enter | into my | rest.'

Glory be to the Father, and | to the | Son, and | to the | Holy | Ghost;

As it was in the beginning, is now, and | ever | shall be,

world without | end. | A- | men.

The Lord hath manifested | forth his | glory: \* O | come, | let us worship.

*Reader* The First Lesson is written in the eighteenth chapter of the Book of Deuteronomy, beginning at the fifteenth verse.

The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.' Then the LORD replied to me: 'They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.'

Reader The word of the Lord.

Thanks be to God.

Psalm 111 Confitebor tibi. Sung by all



<sup>&</sup>lt;sup>1</sup> I will give thanks unto the Lord with my | whole | heart, / in the council of the faithful and | in the | conger | gation.

<sup>&</sup>lt;sup>2</sup> The works of the | Lord are | great, / sought out of all | them that • have | pleasure there | in.

<sup>&</sup>lt;sup>3</sup> His work is worthy to be praised and | had in | honour; / and his | righteousness en | dureth for | ever.

<sup>&</sup>lt;sup>4</sup> The merciful and gracious Lord hath so done his | marvellous | works, / that they | ought ⋅ to be | had in ⋅ re | membrance.

<sup>&</sup>lt;sup>5</sup> He hath given meat unto | them that | fear him; / he shall ever be | mindful | of his | covenant.

<sup>&</sup>lt;sup>6</sup> He hath showed his people the | power of his | works, /

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in giving them the | heri-tage | of the | nations.
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all his | precepts | are | sure;

he hath commanded his covenant for ever; holy and | rever-end | is his | Name.

<sup>10</sup> The fear of the Lord is the be | ginning of | wisdom; /

a good understanding have all they that do thereafter; | his praise en | dureth for | ever.

Glory be to the Father, and | to the | Son / and | to the | Holy | Ghost;

As it was in the beginning, is now and | ever | shall be / world without | end. A|—| men.

#### **Second Lesson** 1 Corinthians 8.1-13

Read by Larry Krotz

Reader The Second Lesson is written in the eight chapter of the First Epistle of St Paul to the Corinthians, beginning at the first verse.

Now concerning food sacrificed to idols: we know that 'all of us possess knowledge.' Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that 'no idol in the world really exists', and that 'there is no God but one.' Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. 'Food will not bring us close to God.' We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The word of the Lord.

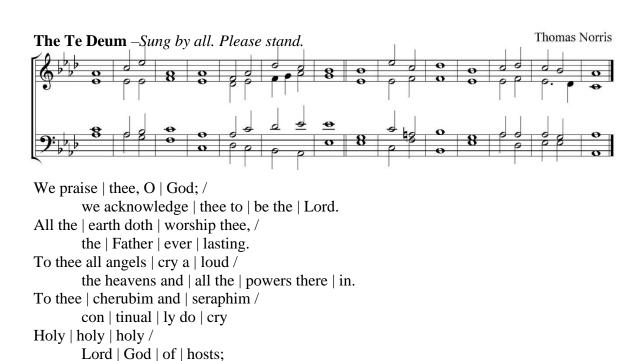
All Thanks be to God.

<sup>&</sup>lt;sup>7</sup> The works of his hands are | verity and | judgement; /

<sup>&</sup>lt;sup>8</sup> They stand fast for | ever and | ever, /

and are | done in | truth and | equity.

<sup>&</sup>lt;sup>9</sup> He sent redemption | unto his | people; /



Heaven and | earth are | full /

of the | majes·ty | of thy | glory.

The noble army of | martyrs | praise thee, /

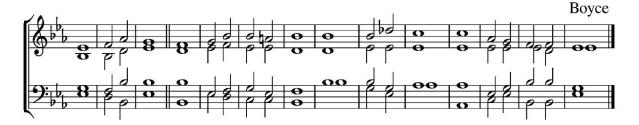
2<sup>nd</sup> The Father, of an | infinite | majesty /

The glorious company of the a | postles | praise thee /

the goodly fellowship | of the | prophets | praise thee;

The holy church throughout all the world | doth ac | knowledge | thee,

thine honourable, true and only Son; also the | Holy | Ghost, the | Comforter.



Thou art the King of | glory, O | Christ. /

Thou art the ever | lasting | Son of  $\cdot$  the | Father.

When thou tookest upon thee to de | liver | man /

Thou didst not ab | hor the | Virgin's | womb.

When thou hadst overcome the | sharpness of | death /

thou didst open the kingdom of | heaven to | all be | lievers.

Thou sittest at the right hand of God, in the | glory  $\cdot$  of the | Father. /

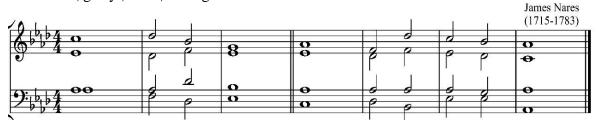
We believe that thou shalt | come to | be our | judge.

We therefore pray thee, | help thy | servants /

whom thou hast redeemed | with thy | precious | blood.

Make them to be numbered | with thy | saints /

in | glory | ever | lasting.



O Lord save thy people and | bless thine | heritage; /

Govern them and  $\mid$  lift them  $\mid$  up for  $\mid$  ever.

Day by day we | magni-fy | thee; /

and we worship thy Name, | ever | world with-out | end.

Vouchsafe O Lord to keep us this | day with-out | sin. /

O Lord have mercy up | on us, have | mercy up | on us.

O Lord let thy mercy lighten upon us, as our | trust is  $\cdot$  in | thee. /

O Lord, in thee have I trusted: let me | never | be con | founded.

#### Third Lesson Mark 1.21-28

Read by the Rev'd Abraham Thomas

Reader The Third Lesson is written in the first chapter of the Gospel according to St. Mark, beginning at the twenty-first verse.

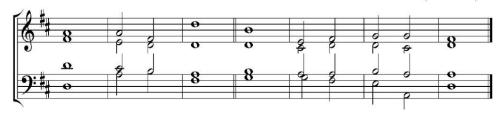
They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' But Jesus rebuked him, saying, 'Be silent, and come out of him!' And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' At once his fame began to spread throughout the surrounding region of Galilee.

Reader The Word of the Lord.

All thanks be to God.

**Jubilate Deo** Sung by all. Please stand.

Jonathan Battishill (1738-1801)



- <sup>1</sup> O be joyful in the Lord, | all ye | lands:
  - \* serve the Lord with gladness, and come before his | presence | with a | song.
- <sup>2</sup> Be ye sure that the | Lord  $\cdot$  he is | God;
  - \* it is he that hath made us, and not we ourselves; we are his people, | and the | sheep of  $\cdot$  his | pasture.
- <sup>3</sup> O go your way into his gates with thanksgiving, and into his | courts with | praise; \* be thankful unto him, | and speak | good of ⋅ his | Name.
- <sup>4</sup> For the Lord is gracious, his mercy is | ever | lasting;
  - \* and his truth endureth from gene | ration to | gene | ration.

Glory be to the Father, and | to the | Son, \* and | to the | Holy | Ghost;

As it was in the beginning, is now, and | ever | shall be, \* world without | end. A|--| men.

# The Apostles' Creed -BCP pp. 10-11

Officiant I believe in God,

All the Father Almighty, maker of heaven and earth:

and in Jesus Christ his only Son our Lord,

who was conceived by the Holy Ghost, born of the Virgin Mary,

suffered under Pontius Pilate, was crucified, dead, and buried:

he descended into hell; the third day he rose again from the dead;

he ascended into heaven, and sitteth on the right hand

of God the Father Almighty;

from thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; the holy Catholic Church;

the Communion of Saints; the Forgiveness of sins;

the Resurrection of the body, and the Life everlasting. Amen.

Officiant The Lord be with you;

All And with thy spirit.

Officiant Let us pray.

Officiant Lord, have mercy upon us.

All Christ, have mercy upon us.

Officiant Lord, have mercy upon us.

Officiant Our Father

All who art in heaven, hallowed be thy name, thy kingdom come,

thy will be done, on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Officiant O Lord, show thy mercy upon us;

All And grant us thy salvation.

Officiant O Lord, save the King;

All And mercifully hear us when we call upon thee.

Officiant Endue thy ministers with righteousness;

All And make thy chosen people joyful.

Officiant O Lord, save thy people;

All And bless thine inheritance.

Officiant Give peace in our time, O Lord;

All And evermore mightily defend us.

Officiant O God, make clean our hearts within us;

All And take not thy Holy Spirit from us.

#### The Collects

Officiant

O GOD, who knowest us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant to us such strength and protection, as may support us in all dangers, and carry us through all temptations; through Jesus Christ our Lord. Amen. Amen.

Collect for the Fourth Sunday after Epiphany

Officiant

O GOD, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen. Collect for Peace

Officiant

O LORD, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. Amen.

Collect for Grace

## **Anthem** *Open Thou Mine Eyes*

JOHN RUTTER

*Open thou mine eyes and I shall see; Incline my heart and I shall desire;* Order my steps and I shall walk In the ways of thy commandments. O Lord God, be thou to me a God And beside thee let there be none else, No other, naught else with thee. Vouchsafe to me to worship thee and serve thee According to thy commandments In truth of spirit, In reverence of body, *In blessings of lips, In private and in public.* 

#### Sermon

**Hymn 384** Praise to the Lord the Almighty

LOBBE DEN HERREN

**The Prayers** 

Led by Glenna Simms-Bonk

General Thanksgiving – *BCP* pp. 13-14

Almighty God, Officiant

All

Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all people. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful, and that we show forth thy praise, not only with our lips, but in our lives; by giving up ourselves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

## **Prayer of St Chrysostom** – *BCP* p. 15

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.** 

All The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

#### **Announcements**

**Hymn 505** Be Thou My Vision

SLANE

**Postlude** *Prelude in G (BWV 535)* 

J.S. BACH Organist - Robin Davis

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### In our Prayers this Week

The Anglican Communion: Anglican Church of Southern Africa.

Diocesan Cycle of Prayer: Holland Deanery.

Outreach & Advocacy Cycle of Prayer: Pray for the *Parish of Fenelon Falls*, its community gardens, community kitchen, cooking classes, and support of the Good Food Box; the *Parish of Georgina*, its Summer Outreach Chaplaincy, parish food voucher distribution, prayer shawl ministry, outreach to the homeless, and support of the Georgina Community Food Pantry; *Grace Church-on-the-Hill*, its support of the Churches-on-the-Hill food bank, provision of meals for Out of the Cold programs, refugee resettlement work, and support of Indigenous ministries, international emergency response and development, prison ministry, and food security organizations.

<u>Parish Cycle:</u> Derrick and Evangline Joseph, Dorothy Kamara and family, Elaine Knee-Chong.

<u>Home Bound Parishioners</u>: Marie Adams, Alice Fox, Dennis Gittens, Lorraine Griffith, Sabrina Hogan, Everton Morris, Denise Orieux, Lucy Simons, Vernita Theobolds, Barbara & Duncan Towe, Lila Vamosi, Daphne Webster, Vashti White.

#### A WORD FROM THE RECTOR

Today our parish is participating in the annual pulpit exchange which is our custom at the time of the Week of Prayer for Christian Unity, January 18-25. We welcome the Rev'd Neil Young to SPSS today as our Preacher. Neil is the Minister at St Andrew's United Church on Bloor Street. I am at Rosedale Presbyterian and their Minister, Daniel Cho, is preaching at St Andrew's. Welcome Neil! Please note, today's Choral Matins will take the place of Matins in February, scheduled normally on the second Sunday of the month.

After careful consideration the Wardens and I have decided to postpone the Annual Vestry Meeting until Sunday, March 10<sup>th</sup>. This is to give us more time for preparation, particularly on the budget process and the nominations.

We received the sad new that two long-time parishioners died this week, Miriam Smart and Nancy Byers, both at the age of 99. Nancy's memorial service will be on Wednesday, February 14<sup>th</sup>, 11 am at the Morley Bedford Funeral Home. Once funeral arrangements are confirmed for Miriam, we will inform the parish. In the meantime, we remember both faithful parishioners, giving thanks for their life and witness and praying especially for their families at this time of mourning.

Please join us on Friday at 7.00 pm when we will celebrate Candlemas and Abraham's Ordination to the Priesthood. Geoffrey+

#### PARISH ANNOUNCEMENTS

**Coffee Hour** | We hope you will join us for coffee hour which is in the Parish Hall immediately after the service. If you would like to help with this important ministry of hospitality please speak with Fran Brown, Laurie Sanderson or Joy Quan Lee.

**Altar Flowers** | We are inviting members of the congregation to provide memorial/thanksgiving altar flowers. Please contact the Church Office or Sheila Thomas, 416.921.259.

# Ordination to the Priesthood of the Reverend Abraham Thomas The Feast of the Presentation (Candlemas)

Friday, February 2, 2024 at 7 pm. Reception to follow in the Parish Hall.

Pancake Supper | Tuesday, February 13<sup>th</sup>. Join us as we enjoy a delicious meal of pancakes and sausages, with special music by Isaak Bonk.

**Ash Wednesday | Wednesday, February 14<sup>th</sup>.** Sung Eucharist at 11 am, Choral Eucharist at 7 pm. The imposition of ashes will be offered at both services.

**Vestry Meeting** | New Date: Sunday, March 10<sup>th</sup> at 12.00 noon. Vestry reports are due by February 6<sup>th</sup>.

#### The Church of St. Peter and St. Simon-the-Apostle

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#### CLERGY, WARDENS & STAFF

**Incumbent** The Reverend Canon Geoffrey Sangwine, option 1; <a href="mailto:incumbent@stpeterstsimon.ca">incumbent@stpeterstsimon.ca</a>; Mobile:

416.720.2099

**Assistant Curate** The Reverend Abraham Thomas

416-316-3497

**Honorary Assistant** The Reverend Canon Michael

**Burgess** 

**Director of Music Robin Davis 905.409.6121** 

robin.davis@rogers.com

**Honorary Assistant Organists** 

Johan van 't Hof / Alison Jane

Wardens David Carrington – Rector's Warden

dcarrington.omers@sympatico.ca

Stephanie Woodside – People's Warden

swoodside27@gmail.com

Deputy Wardens Gerry Courage, Laurie Sanderson,

Vanessa Scott, Johan van't Hof

Treasurer Johan van't Hof. 647.202.9985

jvanthof@tonbridgecorp.com

Sexton Daiverzon Guillermo, 647.863.0698

davenguillermo7@vahoo.com

Children's Ministry Sileen Phillips

647.718.6728 kidscoordinator@yahoo.com

Parish Administrator Jessy Balendra,

office@stpeterstsimon.ca

Church Office Hours Tuesday, Wednesday, and

Thursday

from 9 am to 5pm

**PARISH MINISTRIES** 

**Advisory Board Chair** Matthew Beasley

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Altar Guild Joy Quan-Lee, Sheila Thomas,

Marie Samuels-Isaac

**Community Connections** Fran Brown

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**Envelope Secretary** Paul Mitchell

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Flowers Sheila Thomas, Joy Quan-Lee

Health and Safety Committee Ted Robinson

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Hospitality Fran Brown f.brown-026@outlook.com

**Intercessors** Ian Corlett

Jubilate Newsletter Vanessa Scott

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Pre-Authorized Giving (PAG) Robert Sloan

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Property Committee Larry Krotz <a href="likerotz@sympatico.ca">l.krotz@sympatico.ca</a>

Readers Daphne Harris <a href="mailto:daphneharris@sympatico.ca">daphneharris@sympatico.ca</a>

**Rentals License Groups** Church Office

office@stpeterstsimon.ca

Responsible Ministry Irene Courage/The Rector

Servers Fen Nanton

Sidespersons John Pugsley johnapugsley@gmail.com

Stewardship Committee Moveta Nanton 416-493-2805

moveta.nanton@gmail.com

**Technical Ministry** David Carrington/Melica Smith

Verger Ian Corlett kingherodspeaks@protonmail.com

We acknowledge that in gathering to worship Almighty God, we are in the traditional territory of many First Nations peoples including the Mississaugas of the New Credit, the Anishinaabe, the Haudenosaunees, and the Huron-Wendat.

"The earth is the Lord's, and all that therein is, the world and all who dwell therein." Psalm 24.1

