



the **Church**
of **St Peter** and
St Simon-the-Apostle

Third Sunday in Lent

March 12, 2023

Welcome to the church of St Peter and St Simon-the-Apostle

Holy Eucharist at 9.15 am.

(In the Chapel of the Holy Spirit)

The service begins on page 67 of the *Book of Common Prayer*.

Choral Matins at 10:30 am.

Officiant: The Reverend Canon Geoffrey Sangwine

Preacher: The Reverend Theo Ipema

Director of Music: Robin Davis / Organist: Alison Jane

Welcome to the Church of St. Peter and St. Simon-the-Apostle.

The service begins on page 1 of the *Book of Common Prayer*.

Prelude *O Lamm Gottes, Unshuldig (O Lamb of God, Pure & Spotless)*

J.S. BACH

Introit *Amplius Lava Me*

ÓSCAR MANUEL PAREDES GRAU

Amplius lava me ab iniquitate mea: et a peccato meo munda me.

Wash me thoroughly from my iniquities, and cleanse me from my sin.

Opening Sentences – BCP p. 1-2

Hymn 442 *Great God, Your Love Has Called Us Here*

ST. PETERSBURG

Confession and Absolution – BCP pp. 4-5

Officiant DEARLY beloved, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy. And although we

ought at all times humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul. Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace.

Please kneel or be seated

Officiant Almighty and most merciful Father,

All **We have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
We have left undone those things which we ought to have done,
and we have done those things which we ought not to have done;
and there is no health in us. But thou, O Lord, have mercy upon us,
miserable offenders. Spare thou them, O God, which confess their faults.
Restore thou them that are penitent; according to thy promises
declared unto all people in Christ Jesu our Lord.
And grant, O most merciful Father, for his sake, that we may hereafter
live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

The Absolution – BCP p. 5

Officiant Almighty God, the Father of our Lord Jesus Christ, who desireth not the death of sinners, but rather that they may turn from their wickedness, and live, hath given power and commandment to his Ministers, to declare and pronounce to his people, being penitent, the Absolution and Remission of their sins. He pardoneth and absolveth all them that truly repent and unfeignedly believe his holy Gospel. Wherefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do at this present, and that the rest of our life hereafter may be pure and holy; so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

Officiant Our Father

All **who art in heaven, Hallowed be thy Name, Thy kingdom come,
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread; And forgive us our trespasses,
As we forgive them that trespass against us; And lead us not into temptation,**

**But deliver us from evil. For thine is the kingdom,
the power, and the glory, For ever and ever. Amen.**

Versicles & Responses – BCP p. 6

Officiant O Lord, open thou our lips;

All **And our mouth shall show forth thy praise.**

Officiant O God, make speed to save us;

All **O Lord, make haste to help us.** *All stand.*

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;

All **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Officiant Praise ye the Lord;

All **The Lord's Name be praised.**

The Venite – Psalm 95 BCP pp. 6-7 Sung by all, standing.



*The goodness of God | leadeth · to re|pentance: / * O |come |let us |worship.*

O come, let us |sing unto · the | Lord: /

* let us heartily rejoice in the |strength of |our sal |vation.

Let us come before his | presence with | thanksgiving /

* and show ourselves | glad in | him with | psalms.

For the Lord is a | great | God /

* and a great | King a · bove | all | gods.

In his hand are all the | corners · of the | earth /

* and the | strength of · the | hills is · his | also.

The sea is | his and · he | made it /

* and his | hands pre | pared the · dry | land.

O come, let us worship and | fall | down /

* and | kneel be · fore the | Lord, our | Maker.

For he is the | Lord our | God /

* and we are the people of his pasture, | and the | sheep of · his | hand.

To-day, O that ye would | hear his | voice: /

* 'Harden not your hearts as in the Provocation, and as in the day of Temp | tation |
in the |wilderness

When your fathers | tempted | me, /

* proved | me, and | saw my | works.

Forty years long was I grieved with that gene | ration, and | said, /

* "It is a people that do err in their hearts, for they | have not | known my | ways";

Unto whom I | sware in my | wrath, /

* that they should not | enter | into my | rest.'

Glory be to the Father, and | to the | Son, * and | to the | Holy | Ghost;

As it was in the beginning, is now, and | ever | shall be,

* world without | end. | A- | men.

*The goodness of God | leadeth ·to re| pentance: / * O |come |let us |worship.*

The First Lesson Exodus 17.1-7

Read by Paul Faulkner

Reader The first lesson is written in the 17th chapter of the Book of Exodus,
beginning at the 1st verse.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me."

The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The word of the Lord.

All **Thanks be to God.**

Benedicite, Omnia Opera – *BCP* pp. 26-28

VIII. 1.



O ALL ye Works of the Lord, bless ye the **Lord**: / praise him, and magnify **him** for ever.
O ye Angels of the Lord, bless ye the **Lord**: / O ye Heavens, **ble**ss ye the Lord.

O YE Waters that be above the Firmament, bless ye the **Lord**: / O all ye Powers of the
Lord, **ble**ss ye the Lord.

O ye Sun and Moon, bless ye the **Lord** : / O ye Stars of Heaven, **ble**ss ye the Lord.

O ye Showers and Dew, bless ye the **Lord**: / O ye Winds of God, **ble**ss ye the Lord.

O ye Fire and Heat, bless ye the **Lord**: / O ye Winter and Summer, **ble**ss ye the Lord.

O ye Dews and Frosts, bless ye the **Lord**: / O ye Frost and Cold, **ble**ss ye the Lord.

O ye Ice and Snow, bless ye the **Lord**: / O ye Nights and Days, **ble**ss ye the Lord.

O ye Light and Darkness, bless ye the **Lord** : / O ye Lightnings and Clouds, **ble**ss ye the
Lord.

O LET the Earth bless the **Lord**: / praise him, and magnify **him** for ever.

O ye Mountains and Hills, bless ye the **Lord**: / O all ye Green Things upon the Earth, **ble**ss
ye the Lord.

O ye Wells, bless ye the **Lord**: / O ye Seas and Floods, **ble**ss ye the Lord.

O ye Whales, and all that move in the **Waters**, / **ble**ss ye the Lord:

O all ye Fowls of the Air, bless ye the **Lord**: / praise him, and magnify **him** for ever.

O all ye Beasts and Cattle, bless ye the **Lord** : / O ye Children of earth, **ble**ss ye the Lord.

O LET Israel bless the **Lord**: / praise him, and magnify **him** for ever.

O ye Priests of the Lord, bless ye the **Lord**: / O ye Servants of the Lord, **ble**ss ye the Lord.

O ye Spirits and Souls of the Righteous, bless ye the **Lord**: / O ye holy and humble of heart,
bless ye the Lord.

O Ananias, Azarias, and Misael, bless ye the **Lord**: / praise him, and magnify **him** for ever.

GLORY be to the Father, and to the **Son**, / and to the Ho-ly^Ghost;

As it was in the beginning, is now, and ever **shall** be, / world with-**out** end. A-men.

Second Lesson *John 4.5-42*

Reader The second lesson is written in 4th chapter of the Gospel according to St John, beginning at the 5th verse.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to

complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Reader The Word of the Lord.

All **Thanks be to God.**

Benedictus – *Sung by all, standing.*

H. Walford Davies



Blessed be the Lord | God of | Israel; /
 for he hath visited, | and re | deemed his | people;
 and hath raised up a mighty sal | vation | for us, /
 in the | house of · his | servant | David;
 as he spake by the mouth of his | holy | Prophets, /
 which have been | since the | world be | gan;
 that we should be | saved from · our | enemies, /
 and from the | hands of | all that | hate us;
 to perform the mercy promised | to our | forefathers, /
 and to re | member | his | holy covenant;
 to perform the oath which he sware to our | fore-father | Abraham, /
 that | he would | grant | us
 that we being delivered out of the | hands of · our | enemies /
 might | serve him · with | out | fear,
 in holiness and | righteousness be | fore him, / all the | days of | our | life.

And thou, child, shalt be called the | Prophet · of the | Highest: /
for thou shalt go before the face of the | Lord · to pre | pare his | ways;
to give knowledge of salvation | unto his | people /
for the re | mission | of their | sins;
through the tender mercy | of our | God; /
whereby the day-spring | from on | high hath | visited us;
to give light to them that sit in darkness, and in the | shadow of | death, /
and to guide our feet | into the | way of | peace.
Glory be to the Father, and | to the | Son,
and to the | Holy | Ghost;
As it was in the beginning, is now, and | ever | shall be, /
world without | end. A | - - | men.

The Apostles' Creed – BCP pp. 10-11

Officiant I believe in God

All **the Father Almighty, maker of heaven and earth: and in Jesus Christ his only Son our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried: he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; the holy Catholic Church; the Communion of Saints; the Forgiveness of sins; the Resurrection of the body, and the Life everlasting. Amen.**

Officiant The Lord be with you;

All **And with thy spirit.**

Officiant Let us pray. *Please kneel or be seated.*

Officiant Lord, have mercy upon us.

All **Christ, have mercy upon us.**

Officiant Lord, have mercy upon us.

Officiant Our Father

All **who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Officiant O Lord, show thy mercy upon us;

All **And grant us thy salvation.**

Officiant O Lord, save the King;

All **And mercifully hear us when we call upon thee.**

Officiant Endue thy ministers with righteousness;

All **And make thy chosen people joyful.**

Officiant O Lord, save thy people;

All **And bless thine inheritance.**

Officiant Give peace in our time, O Lord;

All **And evermore mightily defend us.**

Officiant O God, make clean our hearts within us;

All **And take not thy Holy Spirit from us.**

The Collects

Officiant We beseech thee, Almighty God, look upon the hearty desires of thy humble servants and stretch forth the right hand of thy Majesty to be our defence against all our enemies; through Jesus Christ our Lord. **Amen.**

Collect for Third Sunday in Lent

Officiant Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

Collect for Ash Wednesday

Officiant O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

Collect for Peace

Officiant O LORD, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.** *Collect for Grace*

Anthem *He Trusted In God* from *Messiah*

G.F. HANDEL

*He trusted in God that he would deliver him; let him deliver him,
if he delight in him. (Psalm 22.8)*

Sermon The Reverend Theo Ipema

Hymn *As Pants the Hart for Cooling Streams*

(CP #382) MARTYRDOM

During the hymn a collection will taken.

1. *As pants the hart for cooling streams
when heated in the chase,
So longs my soul, O God, for Thee,
and thy refreshing grace.*
2. *For thee, my God, the living God,
my thirsty soul doth pine;
O, when shall I behold thy face,
thou Majesty Divine?*
3. *Why restless, why cast down, my soul?
hope still, and thou shalt sing
the praise of Him who is thy God,
thy health's eternal spring.*
4. *To Father, Son, and Holy Ghost,
the God whom we adore,
be glory, as it was, is now,
and shall be evermore.*

Prayers – Led by Spencer Higgins *Please kneel or be seated.*

Lenten Prose

Refrain: 
All Hear us O Lord, have mer-cy u-pon us, For we have sin - ned a-against - Thee.

Cantor To thee, Redeemer, on thy throne of glory; lift we our weeping eyes
in holy pleadings : listen, O Jesu, to our supplications. **Refrain**

Cantor O thou chief Corner-stone, Right Hand of the Father : Way of Salvation,
Gate of Life Celestial : cleanse thou our sinful souls from all defilement. **Refrain**

Cantor God, we implore thee, in thy glory seated : bow down and hearken to thy weeping
children : pity and pardon all our grievous trespasses. **Refrain**

Cantor Sins oft committed now we lay before thee : with true contrition,
now no more we veil them : grant us, Redeemer, loving absolution. **Refrain**

Cantor Innocent, captive, taken unresisting : falsely accused ,
and for us sinners sentenced, save us, we pray thee, Jesu our Redeemer. **Refrain**

General Thanksgiving – BCP pp. 13-14

Officiant Almighty God,

All **Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all people. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful, and that we show forth thy praise, not only with our lips, but in our lives; by giving up ourselves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

Prayer of St Chrysostom – BCP p. 15

Officiant Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

The Grace

All **The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.**

Hymn 508 *I Heard the Voice of Jesus Say*

KINGSFOLD

Postlude *Fugue in C Major “Gigue” (BuxWV 174)*

DIETRICH BUXTEHUDE

In our Prayers this Week

The Anglican Communion The Church of South India (United)

Diocesan Cycle of Prayer Holland Deanery.

Outreach & Advocacy Cycle of Prayer *The Church of the Redeemer*, Bloor Street, for the Common Table - its weekday meal program, street outreach, and other supports for homeless and marginally-housed people, its Indigenous Solidarity Working Group, Creation Matters group, Transgender Ministry and the Refugee Settlement Committee;

The Church of the Resurrection, its community garden, monthly Common Table, support of Sanctuary, the Scott Mission, and Dale Ministries, refugee sponsorship, and Side Door youth drop-in centre;

San Lorenzo, Dufferin, its community centre and Voces Latinas radio programming, and its annual Caravan of Hope, bringing supplies to the needy in El Salvador.

Parish Cycle Rex Southgate, Norma Spence, Sergiu Stefanschi, John & Katherine Stevens.

Home Bound Parishioners Joyce Brighty, Nancy Byers, Alice Fox, Dennis Gittens, Lorraine Griffith, Sabrina Hogan, George Petricko, Lucy Simons, Miriam Smart, Vernita Theobolds, Barbara Towe, Lila Vamosi, Daphne Webster.



The Church of St. Peter and St. Simon-the-Apostle

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