



Welcome to the Church of St Peter and St Simon-the-Apostle.

Holy Eucharist at 9.15 am (in the Chapel)

The service begins on page 67 of the Book of Common Prayer.

Choral Eucharist at 10.30 am

The service begins on page 67 of the *Book of Common Prayer*
or on page 230 of the *Book of Alternative Services*.

Celebrant & Preacher: The Reverend Canon Geoffrey Sangwine

Head Server: Fenn Nanton

Communion Ministers: Fenn Nanton, Audrey Hughes

Director of Music & Organist: Robin Davis

Organist: Johan van 't Hof

Mass Settings: *Gloria, Sanctus/Benedictus* – Merbecke
Agnus Dei – Maurice White

*The flowers in the sanctuary are given to the honour and glory of
Almighty God and in recognition of Black History Month
and the contributions that people of Black heritage make to our Church.*



The Gathering of the Community

Prelude *Mit Fried' und Freud' ich fahr dahin, BWV616*
(*In Peace and Joy I Now Depart*) Organist – Robin Davis

J.S. BACH

Introit *Lift Every Voice and Sing* JAMES WELDON JOHNSON, J. ROSAMOND JOHNSON

Please see Fridge Notes for text.

Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with you all.

All **And with thy spirit.**

Collect for Purity and Summary of the Law

Celebrant Almighty God, unto whom all hearts be open,
all desires known, and from whom no secrets are hid:
cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit,
that we may perfectly love thee, and worthily magnify thy holy name;
through Christ our Lord. **Amen.**

Celebrant Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord;
and thou shalt love the Lord thy God with all thy heart, and with all thy soul,
and with all thy mind, and with all thy strength.

This is the first and great commandment. And the second is like unto it:
thou shalt love thy neighbour as thyself.

On these two commandments hang all the law and the prophets.

All **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Gloria

MERBECKE

Celebrant Glory be to God on high,

All **and in earth peace, good will towards all.**

**We praise thee, we bless thee, we worship thee, we glorify thee,
we give thanks to thee for thy great glory, O Lord God, heavenly King,
God the Father Almighty.**

O Lord, the only-begotten Son, Jesu Christ;

O Lord God, Lamb of God, Son of the Father,

that takest away the sin of the world, have mercy upon us.

Thou that takest away the sin of the world, receive our prayer.

Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord;

thou only, O Christ, with the Holy Ghost,

art most high in the glory of God the Father. Amen.

Collect of the Day

Celebrant O Lord, we beseech thee to keep thy Church and household continually in thy true religion; that they who do lean only upon the hope of thy heavenly grace may evermore be defended by thy mighty power; through Jesus Christ our Lord. **Amen.**

The Liturgy of the Word

First Reading *Isaiah 58.1-9a*

Read by Nancy Nourse

Reader The first Lesson is written in the 58th chapter of the Book of the Prophet Isaiah, beginning at the 1st verse.

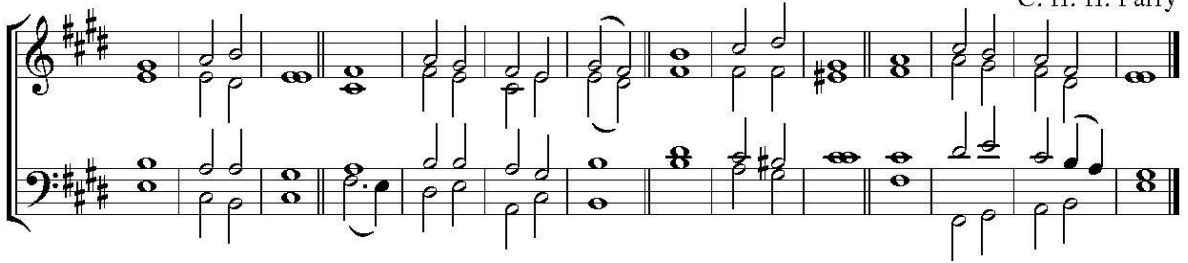
Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. ‘Why do we fast, but you do not see? Why humble ourselves, but you do not notice?’ Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rearguard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

Reader The word of the Lord.

All **Thanks be to God.**

Psalm 84 *Quam dilecta!*

C. H. H. Parry



- ¹ O how lovely | are thy | dwellings, / thou | Lord | —of | hosts!
- ² My soul hath a desire and longing to enter into the | courts · of the | Lord: /
my heart and my flesh re | jice · in the | living | God.
- ³ Yea, the sparrow hath found her an house, and the swallow a nest where she may |
lay her | young: /
even thine altars, O Lord of hosts, my | King | and my | God.
- ⁴ Blessed are they that | dwell in · thy | house; / they will be | alway | praising | thee.
- ⁵ Blessed are they whose | strength · is in | thee, /
in whose | heart · are the | pilgrim | ways;
- ⁶ Who going through the Vale of Misery | use it · for a | well; /
yea, the early rain | cover-eth | it with | blessings.
- ^{2nd} ⁷ They go from | strength to | strength, /
and unto the God of gods appeareth every | one of | them in | Sion.
- ⁸ O Lord God of hosts, | hear my | prayer: / hearken, | O | God of | Jacob.
- ⁹ Behold, O | God, our | shield, / and look upon the | face of | thine a | noined.
- ¹⁰ For one | day · in thy | courts / is | better | than a | thousand.
- ¹¹ I had rather be a door-keeper in the | house of · my | God, /
than to | dwell · in the | tents · of un| godliness.
- ¹² For the Lord God is a light and defence; the Lord will give | grace and | glory; /
and no good thing shall he withhold from them that | lead a | godly | life.
- ¹³ O Lord | God of | hosts, / blessed are they who | putteth their | trust in | thee.

Epistle *1 Corinthians 2.1-12*

Read by Alan Rands

Reader The Epistle is written in the second chapter of the First Epistle of St Paul to the Corinthians, beginning at the first verse.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much

trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader The word of the Lord.

All **Thanks be to God.**

Gradual Hymn 82 Hallelujah! We Sing Your Praises HALLELUJAH! WE SING YOUR PRAISES

The Holy Gospel Matthew 5.13-20

Gospeller The Lord be with you.

All **And with thy spirit.**

Gospeller The Holy Gospel is written in the fifth chapter of the Gospel according to St. Matthew, beginning at the thirteenth verse.

All **Glory be to thee, O Lord.**

Jesus said, 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. 'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. 'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

Gospeller The Gospel of Christ.

All **Praise be to thee, O Christ.**

Homily The Reverend Canon Geoffrey Sangwine

The Nicene Creed

Celebrant I believe in one God

All **the Father Almighty, Maker of heaven and earth,
And of all things visible and invisible:
And in one Lord Jesus Christ, the only-begotten Son of God,
Begotten of the Father before all worlds;
God, of God; Light, of Light; Very God, of very God;
Begotten, not made; Being of one substance with the Father;
Through whom all things were made:
Who for us and for our salvation came down from heaven,
And was incarnate by the Holy Ghost of the Virgin Mary,
And was made man, And was crucified also for us under Pontius Pilate.
He suffered and was buried,
And the third day he rose again according to the Scriptures,
and ascended into heaven, and sitteth on the right hand of the Father.
And he shall come again with glory to judge both the quick and the dead:
Whose kingdom shall have no end.
And I believe in the Holy Ghost, The Lord,
The Giver of Life, who proceedeth from the Father and the Son,
Who with the Father and the Son together is worshipped and glorified,
who spake by the Prophets.
And I believe One, Holy, Catholic, and Apostolic Church.
I acknowledge one Baptism for the remission of sins.
And I look for the Resurrection of the dead,
And the Life of the world to come. Amen.**

The Prayers of the People – Led by Ian Corlett

The Intentions of the day are offered.

Leader Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all people: We humbly beseech thee most mercifully to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit

of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. Lord, in thy mercy.

All **Hear our prayer.**

Leader We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant Charles our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

All **Hear our prayer.**

Leader Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servants Andrew, Kevin and Riscylla our bishops, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

All **Hear our prayer.**

Leader And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, *especially those for whom our prayers are desired NN.*

All **Hear our prayer.**

Leader We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

The Celebrant concludes:

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Confession and Absolution

The Celebrant invites the confession of Sin. Then all say:

Celebrant Almighty God,

All **Father of our Lord Jesus Christ, Maker of all things, Judge of all people:
We acknowledge and confess our manifold sins and wickedness,
which we from time to time most grievously have committed,
By thought, word, and deed, Against thy Divine Majesty.
We do earnestly repent, and are heartily sorry for these our misdoings.
Have mercy upon us, most merciful Father;
For thy Son our Lord Jesus Christ's sake, Forgive us all that is past;
And grant that we may ever hereafter Serve and please thee
In newness of life, To the honour and glory of thy Name;
Through Jesus Christ our Lord. Amen.**

The absolution is pronounced.

Celebration of the Eucharist

Offertory Sentence

Celebrant Let your light so shine before others, that they may see your good works,
and glorify your Father which is in heaven. *St. Matthew 5.16.*

Offertory Hymn 619 *Fairest Lord Jesus*

CRUSADERS' HYMN

Prayer over the Gifts

Celebrant Blessed be thou, Lord God of Israel, for ever and ever.

All that is in the heaven and in the earth is thine.

All things come of thee, and of thine own have we given thee. *1 Chronicles 29. 10, 11, 14.*

The Great Thanksgiving

Celebrant The Lord be with you.

All **And with thy spirit.**

Celebrant Lift up your hearts.

All **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

All **It is meet and right so to do.**

The Celebrant continues with the proper preface then all sing:

All **Holy, holy, holy, Lord God of Hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.**

**Blessed is He that cometh in the name of the Lord.
Hosanna in the highest.**

Celebrant Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again. Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded: And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

Celebrant And now as our Saviour Christ has commanded and taught us, we are bold to pray:
All **Our Father, who art in heaven, hallowed be thy Name.
Thy Kingdom come, thy will be done on earth, as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
As we forgive them that trespass against us. And lead us not into temptation,
but deliver us from evil. For thine is the kingdom, the power, and the glory,
For ever and ever. Amen.**

Celebrant The peace of the Lord be always with you.
All **And with thy spirit.**

Celebrant We do not presume
All **to come to this thy Table, O merciful Lord,
Trusting in our own righteousness, But in thy manifold and great mercies.
We are not worthy So much as to gather up the crumbs under thy Table.
But thou art the same Lord, Whose property is always to have mercy:
Grant us therefore, gracious Lord,
So to eat the Flesh of thy dear Son Jesus Christ,
And to drink his Blood,
That our sinful bodies may be made clean by his Body,
And our souls washed through his most precious Blood,
And that we may evermore dwell in him, And he in us. Amen.**

Agnus Dei

Choir *O Lamb of God, that takest away the sin of the world, have mercy upon us. Repeat
O Lamb of God, that takest away the sin of the world, grant us thy peace.*

A Prayer for Spiritual Communion

For those not receiving the sacrament we commend this prayer for Spiritual Communion.
Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,
for all the pains and insults you have borne for me. Since I cannot now receive you
sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend
and brother, may I know you more clearly, love you more dearly, and follow you more
nearly, day by day. **Amen.**

(The Prayer of St Richard of Chichester - adapted)

Hymn *Let us Break Bread Together*

SPIRITUAL

Let us break bread together on our knees, (on our knees)
let us break bread together on our knees. (on our knees)
When I fall on my knees with my face to the rising sun,
O Lord, have mercy on me. (on me)

Let us drink wine together on our knees, (on our knees)
let us drink wine together on our knees. (on our knees)
When I fall on my knees with my face to the rising sun,
O Lord, have mercy on me. (on me)

Let us praise God together on our knees, (on our knees)
let us praise God together on our knees. (on our knees)
When I fall on my knees with my face to the rising sun,
O Lord, have mercy on me. (on me)

Motet *Keep Your Lamps Trimmed and Burning*

KIRBY SHAW

Choir *Keep your lamps trimmed and burning, the time is drawing nigh.
Children, don't get weary 'til your work is done.
Christian, journey soon be over, the time is drawing nigh.*

Thanksgiving after Communion

Celebrant Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

All **And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

Blessing

Recessional Hymn 423 *How Great Thou Art*

HOW GREAT THOU ART

Celebrant Go forth in the name of Christ.

All **Thanks be to God.**

Postlude *Sortie in C Major*

CAMILLE SAINT-SAËNS

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In our Prayers this Week

The Anglican Communion The Church of Nigeria (Anglican Communion).

Diocesan Cycle of Prayer Territorial Archdeacons and Canon Administrators of the Diocese of Toronto.

Outreach & Advocacy Cycle of Prayer *Pray for* the Parish of Craighurst and Midhurst, its support of the Barrie and Elmvale Foodbank, Youth Haven and Women's shelters, and Christmas outreach to local families;

for the Church of Epiphany and St. Mark, Parkdale, their work in the Hope Community Garden, partnership with the Dale Ministries, involvement with the Parkdale

Neighbourhood Land Trust, and social justice, advocacy, and environmental initiatives;

and for the Church of the Evangelists, New Tecumseth, its Family Market second hand shop and its Good News Café Saturday drop-in.

Parish Cycle Sileen Phillips, Valda Phillips, Jean Ponter, John Pugsley & Marc Cote.

Home Bound Parishioners Joyce Brighty, Nancy Byers, Alice Fox, Dennis Gittens, Lorraine Griffith, Sabrina Hogan, George Petricko, Lucy Simons, Miriam Smart, Vernita Theobolds, Barbara Towe, Lila Vamosi, Daphne Webster.



The Church of St. Peter and St. Simon-the-Apostle

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We acknowledge that we are in the traditional territory of the Mississauga's of the New Credit, the Anishinaabe, the Haudenosaunees, and the Huron-Wendat, on whose land, and by whose water we gather to talk, listen, learn, worship, share and heal together in the name of our Creator, the Holy One of Blessing.

"The earth is the Lord's, and all that therein is, the world and all who dwell therein." Psalm 24.1.