



the Church
of **St Peter** and
St Simon-the-Apostle

ADVENT 2022

JUBILATE!

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Incumbent: Rev'd Canon Geoffrey Sangwine
Rector's Warden: David Carrington
People's Warden: Stephanie Woodside
Treasurer: Johan van t'Hof
Children's Ministry: Sileen Phillips
Envelope Secretary: Paul Mitchell
Music Director: Robin Davis
Jubilate! Editor: Peggy Needham
Jubilate! Production: Shelley Ledger



FROM THE RECTOR

The Reverend Canon Geoffrey Sangwine

A festive tradition in our family has always been the traditional Christmas pudding. Last year I tried my hand at making pudding from scratch - it was so successful I am doing it again this year! The recipe is quite simple really but takes a long time to prepare. Currants, raisins, sultanas and mixed peel need to soak in beer, brandy and rum. After all that has rested and been stirred up, then the other ingredients get added – suet, flour, breadcrumbs, eggs, and mixed spice.

It all gets stirred again before being steamed for hours in a pudding basin tied with string. It is an old-fashioned custom and there is a whole lot of stirring involved!

Believe it or not, this calls to mind the turning of the Church Year. As fall darkens into winter, as we prepare again for Advent, we begin again the liturgical cycle that is so important to our Christian tradition.

The Christian calendar begins with Advent anticipation and moves to Christmas Incarnation, to Epiphany, to the long days of Lent, and to the joy of Easter, Ascension and Pentecost. Thus, the first part of the year is focused on the events of our Lord's life among us, the second part specifically on our growth in Him.

(Continued on next page.)

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FROM THE RECTOR – *continued...*

The last Sunday of the year is now known as “the Reign of Christ” or “Christ the King” when we celebrate his sovereignty as Lord and King of all creation. Traditionally, however, the last Sunday of the Church year is known as “The Sunday Next before Advent.” It is intended to be a time of preparation. The collect is the well known “stir up” collect found on page 259 of the Prayer Book.

Stir up, we beseech thee, O Lord the wills of thy faithful people; that they plenteously bringing forth the fruit of good works, may of thee be plenteously rewarded; through Jesus Christ our lord. Amen.

On “Stir up Sunday”, people were reminded to stir up their Christmas pudding mixture in preparation for the coming season. So, in one way, preparing that aspect of the Christmas feast has traditionally had a kind of spiritual dimension to it. As we look ahead to the new Church year and the celebration of our Lord’s coming among us, and as we stir up the fruit in the bowl, so too our hearts, minds and wills are to be stirred into spiritual renewal, awakened, enlightened to bring forth fruits of a different kind – the fruits of the spirit: Love joy, hope, peace, kindness, patience, gentleness, self control.

At such a time as this, and at every time, these spiritual fruits are essential for us, for our world, for the Church of God.

There is a lot going on in our parish and in the diocese. We have a building project underway to prepare for the arrival of the Montessori School in the new year. We are in the process of searching for a new Parish Secretary, we are reinvigorating our lay pastoral visitors' team. Our ministry to children and youth has new life with the Homework Club ministry and new families in our Church School. At the diocesan level, Cast the Net is a visioning process that will engage each parish to help us as a diocese discern where we are called to be and to go in this new time in the life of the church. In due course, we will be looking for a small group of key parish leaders to be part of this initiative. And as we look ahead, we are being called to pay closer attention to the needs of our surrounding community, to renew our commitment



Fr. Geoffrey with Paddington Bear and Friends.

to outreach and the spiritual development of our congregation as a whole. We need to put resources into these ministries, and so our focus on Stewardship is as important as ever, all of which require that we evaluate our priorities and carefully manage our financial resources.

We have been through a tough few years, and the way forward for society and the Church is by no means a simple path. We are in a new time and likewise in the Church it is not just business as usual – this requires the kind of listening, forbearance and patience that will come only if we are grounded in the love of God, in Christ and the indwelling of His Spirit.

There are so many exciting opportunities before us as we enter this new time and season. We pray that the Spirit will stir us up to bring forth the fruit of good works in faithful and courageous ways. May this Advent and Christmas be a time for us to draw closer to the Incarnate One who is among us, even now.

Geoffrey+

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WARDENS' REPORT

Stephanie Woodside, People's Warden

If you have been looking at the church calendar on the weekly email blast, the Fridge Notes, or on the church website (events section) you will see how busy we are as a parish!

Our church building is being utilized by an array of community groups. As a parish we are sponsoring the Homework Club which is using our Parish Hall for their after-school program, and we are the location for the storage of the Toronto Star Santa Claus Fund gift boxes. The boxes will be distributed to children across Toronto.

As society is coming back to full activities after two years of Covid lockdowns and restrictions, we have received many calls for space rentals, and we have been able to accommodate many of these requests. Most of the requests are from community arts groups, and it's gratifying to know that we can help by offering our space for reasonable rental rates.

Some of the groups enjoying our space are:

Sing Out Loud - A community choir with a focus on Pop Classics and Show Tunes with a sing along focus.

St. Jamestown Community Outreach Sewing Group – who meet weekly in the Sitting Room

The Choir of That Arts Group – who held a Remembrance Day Recital on November 11th.

St. Jamestown Community Arts – both the children's choir and the drama group meet weekly in the chapel

Flute Street – the Toronto based flute choir, has held two recitals in the nave. Our own chorister, Nancy Nourse, is its leader!

Jubilate Singers – this well-known Toronto choir performs a winter- themed concert on November 26th.

CREW (Community Resilience) - Cultural Sharing Through Food



Coffee House in Macklem Hall

So, as you can see,
it's a busy place!
All of which is
consistent with
our community
outreach efforts.



Bach's Coffee Cantata

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Left: Our digital informational sign advertising our Choir Music on the WEB!

Right: A Concert in the Nave



SPSS Choir lining up outside Macklem Hall

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MUNCHKIN MANOR!

*Day Care and Construction Update from the Treasurer
Johan van'Tof*

We were very pleased that on October 22nd the lease with Munchkin Manor was signed. The photo features Natalie Orellana, Director of the Munchkin Manor Early Learning Centre, with Fr. Geoff, Stephanie Woodside, People's Warden, in the day care space under construction. Also in the picture is Mariam Beniaidze, who is a new parishioner, and who will be our assistant treasurer to help with parish finances and controls.

Construction, so far, is ahead of schedule. Substantial completion is estimated to be in March. Although there have been some hiccups in that some more asbestos behind the walls was found, and extra work had to be done to scope the outside storm water drains, we still believe that some saving can be found and that we remain on schedule.



Munchkin Manor under construction: From Left to Right – Stephanie Woodside, Natalie Orellana, Fr. Geoffrey, Mariam Beniaidze

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FROM THE ORGAN BENCH

Robin Davis, Music Director

So much has happened since the last Jubilate!

*T*his past June, Linda (my wife) retired after 30 years as a primary school teacher. We celebrated this later in the summer with a 3-week vacation travelling in Europe. We were able to visit many churches in Germany, the Czech Republic, France and Spain. One of the highlights was attending a Sunday morning service in St. Thomas, Leipzig, the church where J.S. Bach was Music Director for 27 years. While daily evensong services are not common outside of England, we were able to hear wonderful organ recitals in many of the cities we visited. Thank you to Johan and Maurice for playing the services at home while I was away.



Above: Jerry Courage,
Johan van'Tof, &
Robin Davies,
at the Choir Getaway



Choir Getaway at Johan's Cottage

In July a number of our choir members and partners spent the weekend at Johan's beautiful cottage in Haliburton. It was a great time of relaxation, camaraderie and wonderful food. Thank you again to Johan for hosting our annual bash. In October, choir members enjoyed a delicious autumn potluck choir party and garden tour hosted by Mary Anderson.

Musically, it's been a very busy fall season.

In addition to Sunday morning services, the choir led music for evensongs for the Feast of St. Simon and St. Jude, and the Commemoration of All Souls Requiem Eucharist service, remembering those who have passed from Covid, and during the Covid lockdown. The music setting for the Requiem was that of Tomaso Victoria. *(Continued on next page.)*

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FROM THE ORGAN BENCH – *continued...*

Coming up, with Sileen's help, we have a fabulous group of talented children who have been working hard since September on the *Christmas musical, Miracle on Bethlehem St.* This charming musical was last staged at our church in 2017.

With a smaller and younger cast this year, the children will be performing a scaled down version as part of our Sunday morning service on Dec 18. Bethlehem has never been busier! Caesar's Census has the entire town in a frenzy. And of course, everyone's favourite innkeeper plans to capitalize on the coming crowds. He's decided to make his inn a luxury inn. The musical tells the Christmas Story in a touching yet profound way with clever dialogue and a combination of familiar carols and catchy tunes.



Cast members of the Christmas Musical in rehearsal

Our Advent (November 27, 4:00 p.m.) and Christmas (December 18, 4:00 p.m.) Carol Services are special Sunday afternoon services with a special focus on the biblical readings and music of the season. The services will include choral pieces by Palestrina, Warlock, Wood, Bennett, Wilcocks, Moore, Holman, Rutter and lots of traditional carols, and seasonal delectable treats and beverages.

During the construction in the lower level of the church the wind blower for the pipe organ has been turned off in order to prevent dust being blown into the pipes. Fortunately, we are able to “get by” using a combination of the Walker Technical digital stops and the MIDI synthesized tone generation capability of the instrument.

It's a far cry from the wonderful instrument we normally enjoy, but an opportunity for the choir to focus on more unaccompanied repertoire.

Unfortunately, there has been a significant amount of dust accumulated in the organ chamber between the flooring renovation in the chancel and the ongoing renovation work. There is also some leather deterioration and mechanical issues with the instrument. I have been in touch with our organ technician and am getting an estimate for necessary service work to be addressed once the dust from the renovation work is behind us.

I would like to wish you all a blessed Advent and a Merry Christmas.
Robin Davis
Music Director



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CHILD, YOUTH & FAMILY MINISTRY

Sileen Phillips



Children at Sunday School with assistant Carol Peck

*T*he Child, Youth, and Family Ministry has been gradually growing back with some new faces and in a new location on the lower level of the church.

Miniature Christmas Village

The children have been working very hard on their Christmas project which is scheduled to be unveiled on Sunday December 4 in the Parish Hall immediately after our 10:30 service. Each year we strive to put together a beautiful miniature Christmas village and the children have never failed to amaze. This is the first since bouncing back from the pandemic so we are excited! Once it is unveiled, it will be out in the open for all to see as we count down to the most exciting time of the year. While Christmas has become very commercialized and the focus has shifted significantly to presents, sales and other material things, the ministry aims to keep the children's focus on the reason for the celebration, which is a time of thanksgiving for the best and most precious gift any person could ask for - the birth of our Lord and Saviour Jesus Christ.

Outdoor Christmas Craft Fun!

All are invited to join us on December 24 (weather permitting) on the south side of the church from 12 noon. This is an annual outreach effort by the ministry to let the immediate community know

that we are present and visible, ready to welcome all who wish to join us for worship, with specific focus on families and children. Any changes to the time will be updated on the church website.

YSR Annual Youth Summit

The annual Youth Summit for Children's Ministry coordinators for the York Scarborough Region was held on Saturday November 5 at the Church of the Incarnation. It was a wonderful experience meeting each other in person for the first time since the pandemic, and to be representing St. Peter and St. Simon-the-Apostle. The day's sessions provided much insight into resources for effective leadership, but perhaps the highlight for me was the fellowship. We were pleased to have Canon Donald Butler from the Church of St. Andrew and Bishop Kevin Robertson with us, whose leadership acumen proved to be nurturing. The event served as a reminder of why fellowship is necessary and also why the writer of Hebrews forbade and strongly discouraged non-fellowship (Heb. 10:25). Iron indeed "sharpens iron" (Prov. 27:17), so coming together to share insights, experiences, thoughts and struggles, strengthened my pursuit for a ministry that will thrive or at the very least, stay alive during these testing times.

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How Does Our Garden Grow?

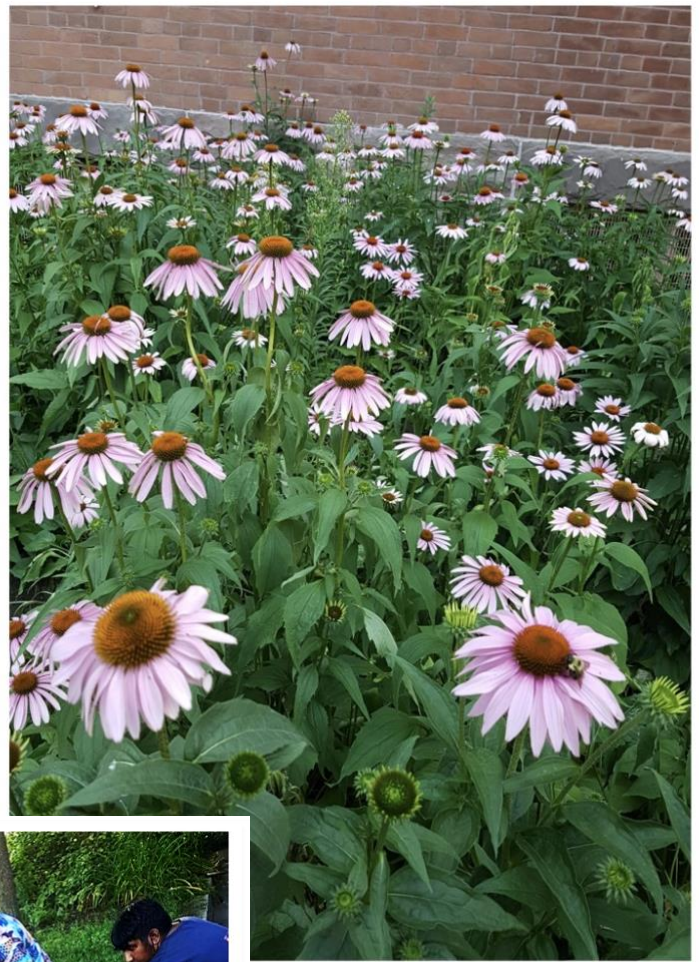
News From the Garden Guild

Carol Peck

*I*t's been a challenging year in the garden. With the resumption of many normal activities, our number of available gardeners was seriously reduced. As a result, gardening has become something of an interfaith outreach program. In the heat of summer, a number of volunteers from CREW (Community Resilience to Extreme Weather, a St. Jamestown group) would occasionally come together in the evening for weeding and fellowship. We are indebted to them more than I can ever express. The lovely flowerbed next to the ramp has been Nancy Nourse's labour of love and she has also assiduously weeded the large bed with the sign on Bloor Street.

Last Fall, we had a fine crop of ragweed, which is a "noxious weed" that we are required to eliminate. Late this summer, we covered most of the patch with newspaper and mulch to smother it and prevent seed germination. Please ignore the bits of newspaper sticking out of the mulch; we have some very entitled squirrels who consider that patch prime peanut-burying ground!

In the Spring, we will remove the mulch and plant shade tolerant plants (Fr. Geoff has asked for Hostas; donations welcome!).



Above: Anushen & Lidia fighting the Ragweed

Left: Summertime weeding with the Team

Many thanks are due to Lidia and Anushen of CREW for the labour and Lidia for the plan.

No work could be done on the main South flowerbed as construction was pending all year. When a date was finalized, there was a mad flurry of activity to remove all the plants to other beds so they could be saved.

It took 3 days and a rotating team, but as you can see from the photos, all our plants were moved (we may have to replace most of the Spring bulbs next year, though).

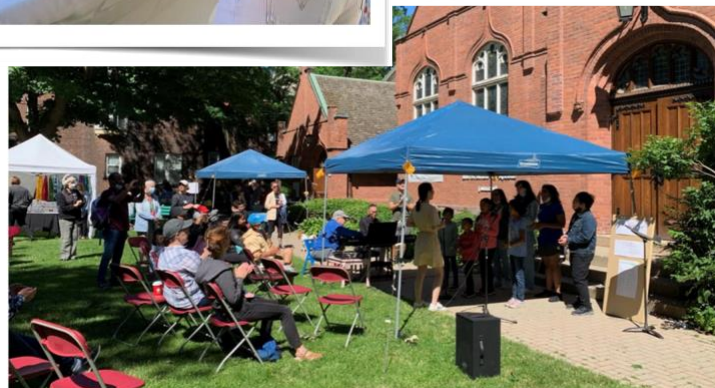
Many thanks to Takoda, Linda and Paul Gordon, Jerod (who moved all the St. Peter's cuttings), Lidia and CREW volunteers Hina and Faiza. Day 3 was catered by Breshna of CREW: Afghani chicken and rice – there are advantages to joining the Garden Guild!

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FESTIVAL-ON-THE-GREEN

Nancy Nourse

*I*t was a windy but otherwise perfect day on Saturday, June 18, when local residents and lockdown and winter-weary parishioners arrived for SPSS's first ever Festival-On-The -Green. Happy children played games and kept the Howard Street grounds most celebratory with an ongoing stream of floating bubbles. Canopied tables lined the path with all sorts of delightful artisan wares and delicious treats. And all about, from start to finish, there was music in the air from two alternating stages. In addition to our own SPSS choir, the Jamestown Children's Choir, and soprano soloist Katherine Jones, there was a choir from neighbouring Rosedale Heights School and a student quintet from Cardinal Carter Academy. Flute Street, the Denison Woodwind Quintet, and a local duo, Skylark, rounded out the highly varied program. For the hungry, there were plenty of samosas, hot dogs and drinks. Special thanks go to the planning chairs, Mary Anderson and Stephanie Woodside, my fellow committee members, Laurie Sanderson, Daphne Harris and Alison Jane, and to the many volunteers on the day who made it such a joyous event, one that we hope will become an annual SPSS tradition.



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MUSINGS FROM THE SUNSHINE COAST

Diane Marshall, October 27, 2022

Greetings to folks at St. Peter's and St. Simon's:

I recently read an article in the Atlantic which gave me much to think about. In my 45+ years as a registered psychotherapist & family therapist, I listened to many people who, for a space of time, saw me as a “paid friend”, in part because they had little or no ways to create friendships in what they experienced as a large and impersonal city such as Toronto.

Many of my clients were young people referred by the student services of U of Toronto, York, and (then) Ryerson, and who were new to Toronto and feeling overwhelmed and lonely. Many were International students. Part of my working together with them was to encourage them to find ways to make meaningful connections (& so eventually my role would no longer be necessary).

For people who were introverts I recommended they read “Quiet” by Susan Cain, as it could help them to not feel so alone, and to understand that introversion is a good way of being alive in the world. For people who were extraverts they often needed to modify their self-expectations in order to be happy with one or two friends and not a larger number as perhaps they had been used to.

The author of the Atlantic article,

**THE SIX FORCES THAT FUEL
FRIENDSHIP, *Julie Beck,***

described what she saw from her research to be “*six forces*” underlying the development and sustaining of friendship. I thought of the many people who I’ve met over many years through professional, and in volunteer work, and of worshipping together in church and retreat settings (like St. John’s Convent in Toronto, or Taizé in France).

The few friendships I feel privileged to share with people from St. Peter’s and later when our parish amalgamated with St. Simon’s; these have blessed my life, and for which I’m forever grateful.

In moving here to the Sunshine Coast, it was hard to get to know people due to the arrival of CoVid and the shutdown that occurred so soon after my arrival. I was grateful for weekly visits with my sister Nancy, and the occasional outside visit with my son Mike and grandson Kaishan (who is in high school), and then with my daughter Liz who moved here to the Coast. The Zoom calls and Zoom services here at St. Hilda’s, which provided some face-to-face connections were very meaningful.

Loneliness however became a much-reported feature of people’s lives across Canada & the USA during the pandemic, and I certainly experienced this.

Here is my distillation of the “forces” that *Julie Beck* describes. The sections in quotations are from her article.





Accumulation

... “friendships unsurprisingly tend to form in places where people spend a lot of their time anyway: work, school, church, extracurricular activities.” The gradual accumulation of shared moments is an important factor during the early days of the pandemic, especially “when people were trapped inside.”

Attention

“Making friends can be hard—but there may be more opportunities than we think. Paying attention goes a long way when forging these (unexpected) friendships.” And “in middle age, a period when work and family responsibilities tend to peak, keeping up with friends is not always easy.”

Intention

“...you have to put yourself out there, and that requires courage, vulnerability, and a willingness to let things be awkward. (Friendship) won’t grow without intention. This is the hardest part of friendship. It takes energy and thought, and our mental and physical resources are often spread thin. In other words, friendships take work.”

Ritual

“That’s one of the things I love about routine,” one of Beck’s interviewees said. She describes the importance of routine in maintaining friendships. And of course, Church can be one source of a ritual form of meeting and socializing.

Imagination

“Society has a place for friendships, (but) it’s on the sidelines. They’re supposed to play a supporting role to work, family, and romance. It takes imagination not to default to this norm, and to design your life so that friendship plays the role you really want it to. Friends choose to love each other... Their love does not stand on the sidelines.” “Quieter ways of showing your friends love can...be radical. The beauty and the challenge of friendship is its diversity. A friendship can be whatever you want it to. Each one is a canvas whose only limit is our imagination.”

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All of the forces — *accumulation, attention, intention, ritual, and imagination* — are ideals. But Life often gets in the way. And to this force of *Grace* I personally want to say Amen. Here are *Julie Beck*'s thoughts on this final force. *D.M.*

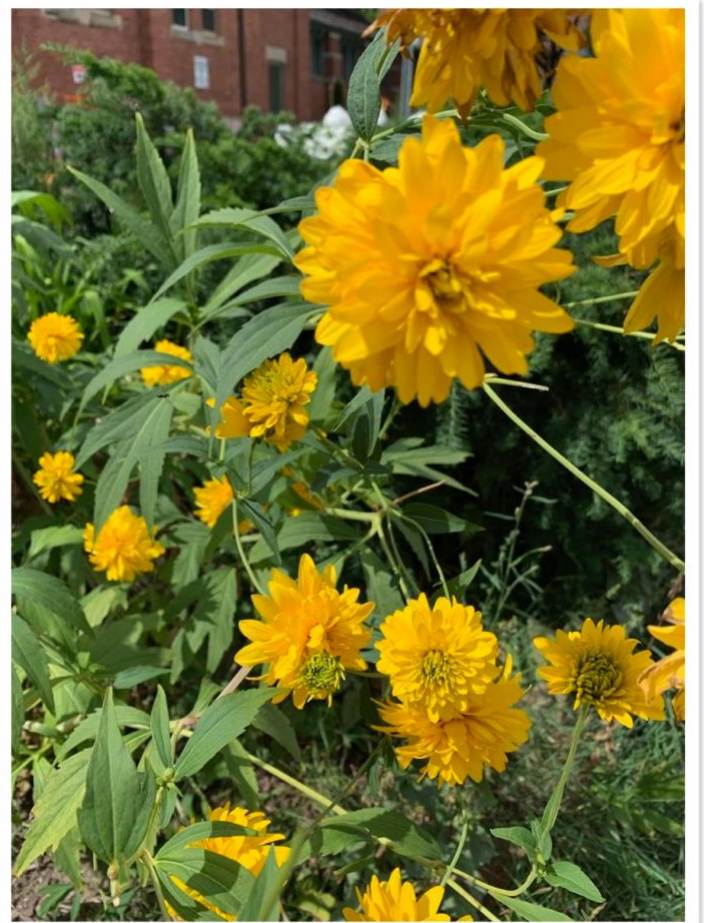
Grace

“As a reporter who’s covered friendship for many years, I sometimes suffer from imposter syndrome in my own friendships. Who am I to be dispensing advice when I can’t even text my friends back promptly? Sometimes, people have assumed that I must be a really great friend, given how much time I’ve spent thinking about this. And I’m not. I try to be, but I tend to retreat too much into myself ... and don’t prioritize my friends as much as I’d like to. I’ve written before about how friendship is flexible, and bends to fit the shape our lives need it to. But during the pandemic, I saw just how elastic it can be, how it can stretch to allow long silences, how it can snap back into place when you least expect.”

“I’m not religious, but I do love the concept of grace, of a gift so profound that it could never be earned or deserved. And so when I cite grace here as the final and most important force in friendships, I mean it in two ways. One is the forgiveness that we offer each other when we fall short. The other is the space that creates for connections—and reconnections—that feel nothing short of miraculous.”

Julie Beck

Julie Beck is a senior editor at *The Atlantic*, where she oversees the Family section, and is the creator of “The Friendship Files.”



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NOTE FROM THE EDITOR:

Peggy Needham

So, what do you think, dear readers? What feelings about friendship does this bring into your minds? I am remembering that when we were choosing the name of our newsletter just after amalgamation of our two parishes, Diane suggested Connections. Connections received the second largest number of votes after Jubilate! which means rejoice.

Now I am rejoicing in the connections I have at St. Peter and St. Simon-the-Apostle. Another dear church friend, Marjorie Philip, has moved away. We are connected because of so many years of sharing a pew and church activities. She told me that even though she will go to church where she now lives, she will remain a member of our parish. She will receive her copy of Jubilate! and read your news.

We have friends in many places, but I personally feel that there is a special connection with friends who share our faith. What do you think and feel?

In addition, I want to share this bit of writing by Archbishop Desmond Tutu, which I saw on Facebook:

UBUNTU

“Ubuntu is the essence of being human. Ubuntu speaks particularly about the fact that you cannot exist as a human being in isolation. It speaks about our interconnectedness. You can’t be human all by yourself, and when you have this quality - Ubuntu - you are known for your generosity.

We think of ourselves far too frequently as just individuals, separated from one another, whereas we are connected and what we do affects the whole world. When you do well, it spreads out; it is for the whole of humanity.”

Please send your thoughts to the Editor, Peggy Needham,
at peggyneedham@sympatico.ca



MUSTARD VS KETCHUP ICE CREAM CONES

????????????

The Inside Scoop ...

Thanks to a good friend, who used to be the President of the Canadian National Exhibition, I am fortunate to receive an 18-day admission to the grounds each year!

I tried both the Mustard and Ketchup ice cream cones.

Both were sugar cones and both cost \$12 per cone.

I believe both had vanilla ice cream with either mustard or ketchup blended into the ice cream.

Mustard had yellow sprinkles and the cone was yellow. Ketchup had red sprinkles and the cone was pink.

After tasting both cones, the winner is by far Mustard!

I could taste the mustard in it!

There was no taste to the Ketchup cone at all!

Paul Mitchell, at the Ex



Christmas Services

Sunday, December 18 – Advent 4

Morning services as usual at 9:15 and 10:30 am

4:00 pm – *A Festival of Lessons and Carols for Christmas*

Saturday, December 24 – Christmas Eve

5:00 pm – Family Eucharist with the assembly of the Christmas Crib

10:00 pm – Festal Eucharist and blessing of the Christmas Crib

Sunday, December 25 – Christmas Day

10:30 am – Choral Eucharist with Carols

Sunday, January 1 – Sunday After Christmas/The Naming of Jesus

9:15 am – Holy Eucharist in the Chapel of the Holy Spirit

10:15 am – Choral Eucharist



Join us for Carols and Lessons
from the Church of St Peter
& St Simon-the-Apostle
Anglican, Toronto

Sundays @ 4
November 27, Advent
December 18, Christmas

Music by Palestrina, Holman, Wood, Moore, Bennet,
Warlock, Rutter & Wilcocks

CARIBBEAN NIGHT 2022

THANKS FOR YOUR SUPPORT!

Fen Nanton

To the congregation of SPSS and friends, your support of the *Caribbean Night* event is greatly appreciated. I would like to thank those who contributed in one way or another to the success of the event, including those who bought tickets but weren't able to attend.

After expenses, the amount of \$2,106.00 was realized. This amount will be apportioned between SPSS and Codrington College in Barbados.



Editors note: We really regret that there are no pictures to show you the joy and spirit of this wonderful event. Note for next year --- Everybody bring cameras!

Next Jubilate: An Easter edition



- Submission deadline: Sunday, March 5th, 2023
- Publication: Friday, March 23rd, 2023

Image/Photo Credits: Pg 1. Angel- Irena Shi *AdobeStock*

Pg. 2. Paddington & Friends – Fr. Geoffrey

Pg. 3. Macklem Hall Concerts – N. Nourse,

Pg. 4. Digital Sign & Choir line up – N. Nourse, Concert in Nave - unknown contributor

Pg 5. Munchkin Manor – S. Woodside

Pg. 6. Choir Getaway – R. Davies, the Ex – P. Mitchell

Pg. 7. Christmas Musical cast – S. Phillips

Pg. 8. Sunday School – S. Phillips

Pg. 9. Garden Guild – C. Peck

Pg. 10. Festival-on-the-Green – N. Nourse

Pg. 11. Water colour – Irena Violet *AdobeStock*

Pg. 12. Lupines at SPSS front – N. Nourse

Pg. 13. SPSS Lily, & Yellow Coneflower photos – N. Nourse

Pg. 14. Background - SPSS Church with Lilies – N. Nourse

Pg. 15. Paul Mitchell at the Ex – P. Mitchell

Pg. 16. Caribbean Night Poster – Fen Nanton,
"Join us for Carols..." Poster – R. Davies

Jubilate! is a newsletter for the parishioners and friends of
the Church of St Peter and St Simon-the-Apostle



A Parish of the
Diocese of Toronto
Anglican Church
of Canada