



## Sung Eucharist at 10.30 am

Celebrant & Preacher: The Reverend Canon Geoffrey Sangwine  
Music Director: Robin Davis  
Organist: Alison Jane / Cantor: Sophie Knowles  
Flute: Nancy Nourse

Mass Setting: *Short Communion Service in the Phrygian Mode – Kyrie, Sanctus/Benedictus  
& Agnus Dei* – Charles Wood



Welcome to the Church of St Peter and St Simon-the-Apostle.

The service begins on page 67 of the *Book of Common Prayer*  
or on page 230 of the *Book of Alternative Services*.

*The flowers are given to the honour and glory of Almighty God and  
in thanksgiving for his blessings, given by May Lewis.*

## The Gathering of the Community

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**Prelude** *Wachet auf, ruft uns die Stimme (Schübler Chorale Prelude, BWV 645)* J.S. BACH  
Robin Davis – Organist

**Introit** *Behold, the Saviour Is at Hand* MAURICE WHITE

*Choir Behold, the Saviour is at hand.  
Prepare ye. Prepare ye to receive the Lord your God.  
Prepare ye to receive the Lord your God*

### Greeting

*Celebrant* The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

*All* **And with thy spirit.**

*Celebrant* Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

*Celebrant* Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

*All* **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

**Kyrie** *Sung by the Choir*

*Choir* Kyrie eleison. Christe eleison. Kyrie eleison.

*Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.*

## **The Collects**

*Celebrant* Almighty God, who sent thy servant John the Baptist to prepare thy people to welcome the Messiah; inspire us, the ministers and stewards of thy truth, to turn our disobedient hearts to thee, that when the Christ shall come again to be our judge, we may stand with confidence before his glory; who is alive and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

*Celebrant* Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life, in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious Majesty, to judge both the quick and the dead, we may rise to the life immortal; through him who liveth and reigneth with thee and the Holy Spirit, now and ever. **Amen.** *Collect for Advent*

# The Liturgy of the Word

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**First Lesson** *Malachi 3.1-4*

Read by Stephanie Woodside

*Reader* The Old Testament lesson is written in the 3<sup>rd</sup> chapter of the Book of the Prophet Malachi, beginning at the 1<sup>st</sup> verse.

See, I am sending my messenger to prepare the way before me, and the Lord whom you seek will suddenly come to his temple. The messenger of the covenant in whom you delight indeed, he is coming, says the Lord of hosts. But who can endure the day of his coming, and who can stand when he appears? For he is like a refiner's fire and like fullers' soap; he will sit as a refiner and purifier of silver, and he will purify the descendants of Levi and refine them like gold and silver, until they present offerings to the Lord in righteousness. Then the offering of Judah and Jerusalem will be pleasing to the Lord as in the days of old and as in former years.

*Reader* The word of the Lord.

*All* **Thanks be to God.**

**Canticle** – *The Benedictus (Luke 1.68-79)*



“Blessed be the Lord God of Is-**ra**-el, / for he hath visited, and redeem-**ed** his pëo-plë.  
And hath raised up a mighty salvation **for** us / in the house of his **ser**-vant Dä-vid;  
As he spake by the mouth of his holy **Pro**-phets /  
    which have been **since** the wörl'd be-gän;  
To per-form the mercy promised to our fore-**fa**-thers /  
    and to remember his **ho**-ly cö-ve-nänt,  
To per-form the oath which he sware to our forefather A-**bra**-ham, /  
    that **he** would gränt üs  
That we being delivered out of the hands of our en-**e**-mies, /  
    might serve **him** with-öüt fear,  
In ho-liness and righteousness be-**fore** him / all the **days** of öür life.  
And thou, child, shalt be called the Prophet of the **High**-est /  
    for thou shalt go before the face of the Lord **to** pre-päre his-wäys,  
To give knowledge of salvation unto his **peo**-ple / for the remis-**sion** of thëir sïns.

Through the tender mercy of **our** God /  
whereby the day-spring from on high hath **vi**-sit-əd üs;  
To give light to them that sit in darkness, and in the shadow **of** death /  
and to guide our feet in-**to** the wäy of-peäce.”

**Epistle** *Philippians 1.3-11*

Read by Larry Krotz

*Reader* The Epistle is written in the 1<sup>st</sup> chapter of the Letter of St Paul to the Philippians, beginning at the 3<sup>rd</sup> verse.

I thank my God every time I remember you, -constantly praying with joy in every one of my prayers for all of you, -because of your sharing in the gospel from the first day until now. -I am confident of this, that the one who began a good work among you will bring it to completion by the day of Jesus Christ. -It is right for me to think this way about all of you, because you hold me in your heart, for all of you share in God's grace with me, both in my imprisonment and in the defence and confirmation of the gospel. -For God is my witness, how I long for all of you with the compassion of Christ Jesus. And this is my prayer, that your love may overflow more and more with knowledge and full insight -to help you to determine what is best, so that in the day of Christ you may be pure and blameless, -having produced the harvest of righteousness that comes through Jesus Christ for the glory and praise of God.

*Reader* The word of the Lord.

*All* **Thanks be to God.**

**Gradual Hymn 108** *Hark, a Herald Voice is Sounding*

MERTON

*All* Hark, a herald voice is sounding: "Christ is nigh," it seems to say.  
"Cast away the dreams of darkness, O ye children of the day!"

Wakened by the solemn warning, let the earth-bound soul arise;  
Christ our sun, all sloth dispelling, shines upon the morning skies.

Lo, the Lamb, so long expected, comes with pardon down from heaven;  
let us all, with deep repentance, pray that we may be forgiven,

that when next he comes with glory, and the world is wrapped in fear,  
with his mercy he may shield us, and with words of love draw near.

Honour, glory, might, and blessing to the Father and the Son,  
with the everlasting Spirit, while eternal ages run.

### **The Holy Gospel** *Luke 3.1-6*

*Gospeller* The Lord be with you.

*All* **And with thy spirit.**

*Gospeller* The Holy Gospel is written in the 3<sup>rd</sup> chapter of the Gospel according to St. Luke, beginning at the 1<sup>st</sup> verse.

*All* **Glory be to thee, O Lord.**

In the fifteenth year of the reign of Emperor Tiberius, when Pontius Pilate was governor of Judea, and Herod was ruler of Galilee, and his brother Philip ruler of the region of Ituraea and Trachonitis, and Lysanias ruler of Abilene, during the high priesthood of Annas and Caiaphas, the word of God came to John son of Zechariah in the wilderness. He went into all the region around the Jordan, proclaiming a baptism of repentance for the forgiveness of sins, -as it is written in the book of the words of the prophet Isaiah, "The voice of one crying out in the wilderness: 'Prepare the way of the Lord, make his paths straight. Every valley shall be filled, and every mountain and hill shall be made low, and the crooked shall be made straight, and the rough ways made smooth; -and all flesh shall see the salvation of God.'"

*Gospeller* The Gospel of Christ.

*All* **Praise be to thee, O Christ.**

**Sermon** The Reverend Canon Geoffrey Sangwine

**Anthem** *O Thou the Central Orb*

CHARLES WOOD

*O Thou, the central orb of righteous love, pure beam of the most High, eternal Light of this our wintry world, thy radiance bright awakes new joy in faith, hope soars above. Come, quickly come, and let thy glory shine, gilding our darksome heaven with rays Divine. Thy saints with holy lustre round thee move, as stars about thy throne, set in the height of God's ordaining counsel, as thy sight gives measured grace to each, thy power to prove. Let thy bright beams disperse the gloom of sin, our nature all shall feel eternal day in fellowship with thee, transforming day to souls erewhile unclean, now pure within.  
Amen.*

**Nicene Creed**

*Celebrant* I believe in one God,

*All*     **the Father almighty, maker of heaven and earth,  
and of all things visible and invisible;  
And in one Lord Jesus Christ, the only-begotten Son of God,  
begotten of the Father before all worlds,  
God, of God; Light, of Light; very God, of very God;  
begotten, not made; being of one substance with the Father;  
through whom all things were made:  
who for us and for our salvation came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man, and was crucified also for us under Pontius Pilate.  
He suffered and was buried, and the third day he rose again  
according to the scriptures, and ascended into heaven,  
and sitteth on the right hand of the Father.  
And he shall come again with glory to judge both the quick and the dead:  
whose kingdom shall have no end.  
And I believe in the Holy Ghost, the Lord, the giver of life,  
who proceedeth from the Father and the Son,  
who with the Father and the Son together is worshipped and glorified,  
who spake by the prophets.  
And I believe one, holy, catholic, and apostolic Church.  
I acknowledge one baptism for the remission of sins.  
And I look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **Intercessions**

*Prayer intensions are offered. Then the Advent Litany is prayed.*

In joyful expectation let us pray to our Saviour and Redeemer, saying, “Lord Jesus, come soon!”

O Wisdom, from the mouth of the Most High, you reign over all things to the ends of the earth: come and teach us how to live.

**Lord Jesus, come soon!**

O Lord, and head of the house of Israel, you appeared to Moses in the fire of the burning bush and you gave the law on Sinai: come with outstretched arm and ransom us.

### **Lord Jesus, come soon!**

O Branch of Jesse, standing as a sign among the nations, all kings will keep silence before you and all peoples will summon you to their aid: come, set us free and delay no more.

### **Lord Jesus, come soon!**

O Key of David and sceptre of the house of Israel, you open and none can shut; you shut and none can open: come and free the captives from prison.

### **Lord Jesus, come soon!**

O Morning Star, splendour of the light eternal and bright Sun of righteousness: come and enlighten all who dwell in darkness and in the shadow of death.

### **Lord Jesus, come soon!**

O King of the nations, you alone can fulfil their desires: Cornerstone, you make opposing nations one: come and save the creature you fashioned from clay.

### **Lord Jesus, come soon!**

O Emmanuel, hope of the nations and their Saviour: come and save us, Lord our God.

### **Lord Jesus, come soon!**

## **Confession and Absolution**

*The Celebrant invites the confession of sin. Then all say:*

*All*      **Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all people: We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*The absolution is pronounced.*

## **Offertory Sentence**

*Celebrant* As we have opportunity, let us do good unto all people; and especially unto them that are of the household of faith. *Galatians 6.10.*

## **Celebration of the Eucharist**

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*All* There's a voice in the wilderness crying, a call from the ways untrod:  
prepare in the desert a highway, a highway for our God!  
The valleys shall be exalted, the lofty hills brought low;  
make straight all the crooked places, where the Lord our God may go!

O Zion, give voice to good tidings, ascend to the heights and sing!  
Proclaim to a desolate people the coming of their King.  
The works of pride all perish, like flowers they shall decay;  
the power and pomp of nations shall pass like a dream away.

But your word, O God, is faithful, your arm, O Lord, is strong;  
you stand in the midst of nations, and you will right the wrong.  
You will feed your flock like a shepherd, and fold the lambs to your breast;  
in pastures of peace you'll lead them, and give to the weary rest.

There's a voice in the wilderness crying, a call from the ways untrod:  
prepare in the desert a highway, a highway for our God!  
The valleys shall be exalted, the lofty hills brought low;  
make straight all the crooked places, where the Lord our God may go!

### **Prayer over the Gifts**

*Celebrant* God our strength, we are nothing without you. Receive all we offer you this day  
as you sustain us with your mercy; in the name of Jesus Christ our Lord. **Amen.**

### **The Great Thanksgiving**

*Celebrant* The Lord be with you.

*All (said)* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*All (said)* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*All (said)* **It is meet and right so to do.**

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all  
places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God,  
creator and preserver of all things.

*The celebrant continues with the Proper Preface. Then follows the Sanctus.*



*Celebrant* Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*Choir* *Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most High.*

*Blessed is he that cometh in the name of the Lord:  
Hosanna in the highest.*

*Celebrant* Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again. Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded. And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

*Celebrant* And now as our Saviour Christ has commanded and taught us, we are bold to pray:  
*All* **Our Father, who art in heaven, hallowed be thy Name.  
Thy Kingdom come, thy will be done on earth, as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
As we forgive them that trespass against us. And lead us not into temptation,  
but deliver us from evil. For thine is the kingdom, the power, and the glory,  
For ever and ever. Amen.**

*Celebrant* The peace of the Lord be always with you.  
*All* **And with thy Spirit.**

*Celebrant* We do not presume  
*All* **to come to this thy table, O merciful Lord, trusting in our own righteousness,  
but in thy manifold and great mercies.  
We are not worthy so much as to gather up the crumbs under thy table;  
but thou art the same Lord whose property is always to have mercy.  
Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus  
Christ, and to drink his blood, that our sinful bodies may be made clean by his  
body, and our souls washed through his most precious blood, and that we may  
evermore dwell in him, and he in us. Amen.**

## **Agnus Dei**

WOOD

*Choir* *O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, grant us thy peace.*

## **Holy Communion**

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### **A Prayer for Spiritual Communion**

*For those not receiving the sacrament we commend this prayer for Spiritual Communion.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother,  
may I know you more clearly, love you more dearly,

and follow you more nearly, day by day. Amen.

*(The Prayer of St Richard of Chichester - adapted)*

### **Protocols for receiving Holy Communion**

- Holy Communion will be administered in one kind only (bread) while standing at the front of the Church.
- At the direction of the sides-people you will be invited to proceed to the communion station via the centre aisle.
- The bread will be placed in your hand – please step aside, remove your mask, and consume the bread.
- Re-apply mask.
- Your hands will be sanitised.
- Proceed to your place down the side aisle.

### **Communion Hymn 116 “Your Kingdom Come” – On Bended Knee**

IRISH

*All* “Your kingdom come”- on bended knee the passing ages pray;  
and faithful souls have yearned to see on earth that kingdom's day.

But the slow watches of the night not less to God belong,  
and for the everlasting right the silent stars are strong.

And lo, already on the hills the flags of dawn appear.  
Gird up your loins, you prophet souls; proclaim the day is near:

the day in whose clear shining light all wrong shall stand revealed,  
when justice shall be throned in might, and every hurt be healed;

when knowledge, hand in hand with peace, shall walk the earth abroad-  
the day of perfect righteousness, the promised day of God.

### **Thanksgiving after Communion**

*Celebrant* Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical Body, which is the blessed company of all faithful people; and are also heirs through hope of thy

everlasting kingdom.

*All* **And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Spirit, be all honour and glory, world without end. Amen.**

### **Blessing & Dismissal**

*Celebrant* Go in peace to love and serve the Lord.

*All* **Thanks be to God.**

**Postlude** *Bereite dich, Zion (Prepare yourself, Zion)* from the *Christmas Oratorio* JS BACH  
Katherine Jones – Soprano Nancy Nourse – Alto Flute

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## **In our Prayers this Week**

The Anglican Communion The Church of Bangladesh.

Diocesan Cycle of Prayer FaithWorks.

Outreach & Advocacy Cycle of Prayer *Pray for* Trinity-St. Paul, Port Credit, and its program providing fruit, groceries, and skate and swim passes for children at a local school;

*and for* the Parish of Washago-Price's Corners, its support of Camp Couchiching, Orillia Out of the Cold, Cumberland Beach School breakfast program, and other local, diocesan and national initiatives.

Parish Cycle Takoda Kemp, Steven Ketola, Mary Khanakwa & David Wangalwa,

Home Bound Parishioners Gail Birnie, Joyce Brighty, Nancy Byers, Jim Colling, Ann Duff, Dennis Gittens, Charlotte Graham, Lorraine Griffith, Sabrina Hogan, George Petricko, Lucy Simons, Lila Vamosi, Daphne Webster, Pam Young.

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