



**Sung Eucharist at 10.30 am**

Celebrant & Preacher: The Reverend Christopher Dangpilen  
Organist: Robin Davis / Cantor: Katherine Jones

Mass Setting: *A Parish Mass* – Gloria, Sanctus/Benedictus – Derek Holman  
*Missa Brevis #3* – Agnus Dei – Healey Willan



Welcome to the Church of St Peter and St Simon-the-Apostle.

The service begins on page 185 *Book of Alternative Services*.

*The flowers are given in loving memory of Jim O'Brian, a long-time parishioner who would have turned 101 on September 1<sup>st</sup>. With gratitude for his long life and for his wonderful Church family, from his children, Geoff O'Brian, Jennifer Somerville and Maggie O'Brian and families.*

**The Gathering of the Community**

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**Prelude** *Christe, Redemptur Omnium* from *Five Preludes on Plainchant Melodies*

HEALEY WILLAN

**Introit** *Rise Up My Love, My Fair One*

HEALEY WILLAN

*Choir* *Rise up my love, my fair one, and come away.*

*For lo, the winter is past, the rain is over and gone.*

*The flowers appear upon the earth.*

*The time of singing of birds is come.*

*Arise my love, my fair one, and come away. Song of Solomon*

*Celebrant* The grace of our Lord Jesus Christ, and the love of God.  
and the fellowship of the Holy Spirit, be with you all.

*All* **And also with you.**

*Celebrant* Almighty God,

*All* **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

## **Gloria**

DEREK HOLMAN

*Cantor* *Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly king, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.  
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ with the Holy Spirit,  
in the glory of God the Father. Amen.*

## **The Collect of the Day**

*Celebrant* Author and Giver of all good things, graft in our hearts the love of your name, increase in us true religion, nourish us in all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## **The Liturgy of the Word**

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### **Epistle** *Song of Solomon 2.8-13*

*Reader* A reading from the Song of Solomon.

The voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. My beloved speaks and says to me: "Arise, my love, my fair one, and come away; for now the winter is past, the rain is over and gone. The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away."

*Reader* The word of the Lord.

*All* **Thanks be to God.**

**Psalm 45.1-2, 6-9** *Eructavit cor meum.* Sung by the Cantor.



- <sup>1</sup> MY HEART overfloweth with a good mat-tēr: I recite my verses for the **king**: /  
my tongue is the pen of a **rea**-dy wri-ter.
- <sup>2</sup> Thou art fairer than all the **child**-ren; /  
full of grace are thy lips; therefore God hath blessed **thee** for ev-er.
- <sup>6</sup> Thy throne, O God, endureth for **ev**-er: /  
the sceptre of thy kingdom is **a** right scep-tre.
- <sup>7</sup> Thou hast loved righteousness, and hated in-**i**-qui-ty; /  
wherefore God, even thy God, hath anointed thee with the oil of gladness  
a-**bove** thy fel-lows.
- <sup>8</sup> All thy garments smell of myrrh, aloes, and **cas**-si-a; /  
out of ivory palaces stringed in-**stru**-ments make thee-glad.
- <sup>9</sup> Kings' daughters are among thy honourable **wo**-men: /  
upon thy right hand doth stand the queen in a **ves**-ture of gold.

**Second Lesson** *James 1.17-27*

*Reader* A reading from the Letter of James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act - they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

*Reader* The word of the Lord.

*All* **Thanks be to God.**

**Gradual Hymn** *As A Chalice Cast of Gold (vs. 1-2)*

(BP 593) REBEKAH

*Cantor* *As a chalice cast of gold, burnished, bright and brimmed with wine,  
make me, Lord, as fit to hold grace and truth and love divine.  
Let my praise and worship start with the cleansing of my heart.*

*Save me from the soothing sin of the empty cultic deed  
and the pious, babbling din of the claimed but unlived creed.  
Let my actions, Lord, express what my tongue and lips profess.*

**The Holy Gospel** *Mark 7.1-8, 14-15, 21-23*

*Gospeller* The Lord be with you.

*All* **And also with you.**

*Gospeller* The Holy Gospel of our Lord Jesus Christ according to St. Mark.

*All* **Glory to you, Lord Jesus Christ.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

*Gospeller* The Gospel of Christ.

*All* **Praise to you, Lord Jesus Christ.**

*Cantor* When I bend upon my knees, clasp my hands, or bow my head,  
let my spoken, public pleas be directly, simply said,  
free of tangled words that mask what my soul would plainly ask.

*When I dance or chant your praise, when I sing a psalm or hymn,  
when I preach your loving ways, let my heart add its amen.  
Let each cherished outward rite thus reflect your inward light.*

**Homily** The Reverend Christopher Dangpilen

**Anthem** *Be Thou My Vision*

BOB CHILCOTT

*Choir* Be Thou my Vision, O Lord of my heart;  
Be all else but naught to me, save that Thou art  
Be Thou my best Thought, in the day or by night,  
Both waking or sleeping, Thy presence my light.

*Be Thou my Vision, O Lord of my heart;  
Be all else but naught to me, save that Thou art  
Be Thou my best Thought, in the day or by night,  
Both waking or sleeping, Thy presence my light.*

*Be Thou my Wisdom, be Thou my true Word;  
Be Thou ever with me, and I with Thee, Lord;  
Be Thou my great Father, and I Thy true son;  
Be Thou in me dwelling, and I with Thee one.*

*Be Thou, and Thou only, the first in my heart;  
O Sovereign of heaven, my treasure Thou art;  
O Sovereign of heaven, be Thou my Vision;  
Be Thou my Vision, O Ruler of all.*

## Nicene Creed

*Celebrant* Let us confess our faith, as we say,

*All* **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Prayers of the People

### Confession and Absolution

*Celebrant* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness. *Silence is kept.*

*Celebrant* Most merciful God,

*All* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

*All* **Amen.**

## The Peace

*Celebrant* The peace of the Lord be always with you.

*All*        **And also with you.**

## Celebration of the Eucharist

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**Offertory Hymn 619** *Fairest Lord Jesus*

CRUSADER'S HYMN

*Choir*    *Fairest Lord Jesus, ruler of all nature, O thou the Godhead's human son,  
thee will I cherish, thee will I honour, thou, my soul's glory, joy, and crown.*

*Fair are the meadows, fairer still the woodlands,  
robed in the blooming garb of spring;  
Jesus is fairer, Jesus is purer, who makes the troubled heart to sing.*

*Fair is the sunshine, fairer still the moonlight, and fair the twinkling starry host;  
Jesus shines brighter, Jesus shines purer than all the angels heaven can boast.*

*All fairest beauty, heavenly and earthly, wondrously, Jesus is found in thee;  
None can be nearer, fairer, or dearer than thou, my Saviour art to me.*

## The Preparation of the Gifts

### Prayer over the Gifts

*Celebrant* Merciful God, receive all we offer you this day.

Give us grace to love one another that your love may be made perfect in us.

We ask this in the name of Jesus Christ our Lord. **Amen.**

## The Great Thanksgiving

*Celebrant* The Lord be with you.

*All*        **And also with you.**

*Celebrant* Lift up your hearts.

*All*        **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*All*        **It is right to give our thanks and praise.**

*Celebrant* We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

## **Sanctus**

DEREK HOLMAN

*Choir* *Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.*

*Celebrant* Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

*All* **Amen.**



*Celebrant* And now as our Saviour Christ has commanded and taught us, we are bold to pray:

*All*       **Our Father, who art in heaven, hallowed be thy Name.  
Thy Kingdom come, thy will be done on earth, as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
As we forgive them that trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
For ever and ever. Amen.**

## **The Breaking of the Bread**

*Celebrant* “I am the bread of life,” says the Lord. “Whoever comes to me will never be hungry; whoever believes in me will never thirst.”

*All*       **Taste and see that the Lord is good; happy are they who trust in him!**

**Agnus Dei: *Missa Brevis* #3**

HEALEY WILLAN

*Choir*    *O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, grant us thy peace.*

## **Holy Communion**

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### **A Prayer for Spiritual Communion**

*For those worshipping from home, we commend this prayer for Spiritual Communion.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother,  
may I know you more clearly, love you more dearly,  
and follow you more nearly, day by day. Amen.

*(The Prayer of St Richard of Chichester - adapted)*

## Communion Hymn 610 *Before I Take the Body of My Lord*

LAYING DOWN

*Cantor* Before I take the body of my Lord,  
before I share his life in bread and wine,  
I recognise the sorry things within – these I lay down.

*The words of hope I often failed to give,  
the prayers of kindness buried by my pride,  
the signs of care I argued out of sight, these I lay down.*

*The narrowness of vision and of mind,  
the need for other folk to serve my will,  
and every word and silence meant to hurt, these I lay down.*

*Of those around in whom I meet my Lord,  
I ask their pardon and I grant them mine  
that every contradiction to Christ's peace might be laid down.*

*Lord Jesus Christ, companion at this feast,  
I empty now my heart and stretch my hands,  
and ask to meet you here in bread and wine – which you lay down.*

## Prayer after Communion & Doxology

*Celebrant* Almighty God, you renew us at your table with the bread of life.  
May your holy food strengthen us in love and help us to serve you in each other.  
We ask this in the name of Jesus Christ our Lord. **Amen.**

*Celebrant* Glory to God,  
*All* **whose power, working in us, can do infinitely more than we can ask or  
imagine. Glory to God from generation to generation, in the Church and in  
Christ Jesus, for ever and ever. Amen.**

## Blessing & Dismissal

*Celebrant* Let us bless the Lord.  
*All* **Thanks be to God.**

**Postlude** *Urbs Hierusalem Beata* from *Five Preludes on Plainchant Melodies*

HEALEY WILLAN

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## **In our Prayers this Week**

The Anglican Communion Province of the Episcopal Church of South Sudan.

Diocesan Cycle of Prayer Tecumseth Deanery.

Outreach & Advocacy Cycle of Prayer *Pray for* St. Olave, Swansea, its support of a weekly mobile soup kitchen, a project to help children in Romanian orphanages, and its partnerships with community arts and outreach organizations;

*for* St. Paul on-the-Hill, Pickering, its food bank, scholarship program, shelter clothing program, and support of the Durham Region HIV/AIDS ministry and other local community initiatives;

*and for* St. Paul the Apostle, Rexdale, its Food Bank ministry, monthly services at two retirement homes, and its Christmas warmth tree which provides hats, mitts, scarves and socks to Ernestine's Shelter and Youth Without Shelter.

Parish Cycle David Carrington, Jr., Eleanore Carson, Cintra Cassidy, Marina Caytap.

Home Bound Parishioners Gail Birnie, Nancy Byers, Cintra Cassidy, Jim Colling, Ann Duff, Charlotte Graham, Lorraine Griffith, George Petricko, Lucy Simons, Lila Vamosi, Pam Young.

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## **Parish Announcements**

*The deadline for submissions is Thursday at noon each week.*

### **Services**

- **Wednesday, Sep 1 Eucharist**  
11 am Holy Eucharist. In-person worship
- **Sunday, Sep 5 Choral Eucharist**  
10.30 am Choral Eucharist. **Return to In-Person worship.**
- **Wednesday, Sep 8 Eucharist**  
11 am Holy Eucharist. In-person worship



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<b>Incumbent</b>	The Reverend Canon Geoffrey Sangwine, ext 202; <a href="mailto:incumbent@stpeterstsimon.ca">incumbent@stpeterstsimon.ca</a> ; Mobile: 416.720.2099
<b>Honorary Assistant</b>	The Reverend Jennifer Matthews 647.546.0580
<b>Director of Music</b>	Mr Robin Davis 905.409.6121 <a href="mailto:robin.davis@rogers.com">robin.davis@rogers.com</a>
<b>Honorary Assistant Organists</b>	Mr Maurice White/ Mr Johan van 't Hof / Ms Alison Jane
<b>Wardens</b>	Dr Ted Robinson – Rector’s Warden/Ms Vanessa Scott – People’s Warden
<b>Deputy Wardens</b>	Ms Laurie Sanderson, Ms Stephanie Woodside, Mr David Carrington
<b>Treasurer/Deputy Warden</b>	Mr Johan van ‘t Hof, 647.202.9985 <a href="mailto:jvanthof@tonbridgecorp.com">jvanthof@tonbridgecorp.com</a>
<b>Children’s Ministry Coordinator</b>	Ms Sileen Phillips 647.718.6728
<b>Flowers</b>	Ms Sheila Thomas, Ms Joy Quan Lee and Church Office
<b>Rentals License Groups</b>	Church Office
<b>Sextons</b>	Mr Daiverzon Guillermo/Mr Lewis Kabonde
<b>Technical Ministry</b>	Mr David Carrington/Ms Mealica Smith
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