



## **Sung Eucharist at 10.30 am**

Celebrant & Preacher: The Rev. Canon Geoffrey Sangwine  
Organist: Robin Davis / Cantor: Katherine Jones

Mass Setting: *Mass of the Quiet Hour* – Kyrie & Agnus Dei – George Oldroyd



Welcome to the Church of St Peter and St Simon-the-Apostle.  
Hearing Assistance Units are available at the back of the Church.

The service begins on page 67 of the *Book of Common Prayer*  
or on page 230 of the *Book of Alternative Services*.

Please remember to wear your mask.  
This service is being live-streamed for those worshipping from home.

## **The Gathering of the Community & Penitential Rite**

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**Prelude** *Chorale Prelude on a Rouen Church Melody*

PETER HURFORD

**Introit** *O For a Closer Walk with God*

CAITHNESS

*Cantor O for a closer walk with God, a calm and heavenly frame,  
a light to shine upon the road that leads me to the Lamb.*

*What peaceful hours I once enjoyed! How sweet their memory still!  
But they have left an aching void the world can never fill.*

*Return, O holy Dove, return, sweet messenger of rest:  
I hate the sins that made thee mourn and drove thee from my breast.*

*The dearest idol I have known, whate'er that idol be,  
help me to tear it from the throne and worship only thee.*

*So shall my walk be close with God, calm and serene my frame;  
So purer light shall mark the road that leads me to the Lamb.*

*Celebrant* The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

*All* **And with thy spirit.**

*Celebrant* Cast your burden upon the Lord,

*All* **And he will sustain you.**

*Celebrant* Create in me a clean heart, O God.

*All* **And renew a right spirit within me.**

*Celebrant* Cast me not away from thy presence

*All* **And take not thy Holy Spirit from me.**

*Celebrant* Give me the joy of thy saving help again

*All* **And sustain me with a bountiful Spirit.**

*Celebrant* Blessed be the Lord day by day.

*All* **The God of our salvation, who bears our burdens.**

*Celebrant* Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

*Celebrant* Bless the Lord who forgives all our sins.

*All* **His mercy endures forever.**

*Celebrant* Let us humbly confess our sins to Almighty God.

*Celebrant* Almighty God,

*All* **Father of our Lord Jesus Christ, maker of all things and judge of all people:  
we acknowledge and confess our manifold sins and wickedness,  
which we from time to time most grievously have committed,  
by thought, word and deed, against thy divine majesty.  
We do earnestly repent, and are heartily sorry for these our misdoings.  
Have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake, forgive us all that is past;  
and grant that we may ever hereafter serve and please thee  
in newness of life, to the honour and glory of thy name;  
through Jesus Christ our Lord. Amen.**

*The Absolution is pronounced*

## **Kyrie**

*Choir Kyrie eleison, Kyrie eleison, Kyrie eleison,  
Christe eleison, Christe eleison, Christe eleison,  
Kyrie eleison, Kyrie eleison, Kyrie eleison.*

*Lord have mercy, Lord have mercy, Lord have mercy,  
Christ have mercy, Christ have mercy, Christ have mercy,  
Lord have mercy, Lord have mercy, Lord have mercy.*

## **The Collect for the Day**

*Celebrant* We beseech thee, Almighty God,  
look upon the hearty desires of thy humble servants  
and stretch forth the right hand of thy Majesty  
to be our defence against all our enemies;  
through Jesus Christ our Lord. **Amen.**

## **The Collect for Ash Wednesday**

*Celebrant* Almighty and everlasting God, who hatest nothing that thou hast made,  
and dost forgive the sins of all them that are penitent:  
Create and make in us new and contrite hearts,  
that we worthily lamenting our sins, and acknowledging our wretchedness,  
may obtain of thee, the God of all mercy, perfect remission and forgiveness; through  
Jesus Christ our Lord. **Amen.**

## **The Liturgy of the Word**

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### **First Lesson** *Exodus 20.1-17*

*Reader* The first lesson is written in the 20<sup>th</sup> chapter of the Book of Genesis,  
beginning at the 1<sup>st</sup> verse.

God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my

commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work - you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbour. You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

*Reader* The word of the Lord.

*All* **Thanks be to God.**

**Psalm 19** *Caeli enarrant. Sung by the Cantor.*

Tone III.4



- <sup>1</sup> THE HEA-vens declare the **glo**-ry of God; /  
and the firmament showeth **his** han-dy-work.
- <sup>2</sup> One day tell-**eth** an-o-ther; /  
and one night certifieth **an**-o-ther.
- <sup>3</sup> There is neither **speech** nor lan-guage; /  
their voice can-**not** be heard;
- <sup>4</sup> Yet their sound is gone out **in**-to all lands; /  
and their words into the ends **of** the world.
- <sup>5</sup> In them hath he set a taber-**na**-cle-for the sun; /  
which cometh forth as a bridegroom out of his chamber, and rejoiceth as a giant **to** run  
his-course.
- <sup>6</sup> It goeth forth from the uttermost part of the heaven, and runneth about unto the **end** of-it  
a-gain; / and there is nothing hid from **the** heat there-of.



- <sup>7</sup> The law of the Lord is an undefiled law, re-**stor**-ing the soul; /  
the testimony of the Lord is sure, and giveth wisdom unto **the** sim-ple.
- <sup>8</sup> The precepts of the Lord are right, **and** re-joyce the heart; /  
the commandment of the Lord is pure, and giveth light un-**to** the eyes.
- <sup>9</sup> The fear of the Lord is clean, and endur-**eth** for ev-er; /  
the judgements of the Lord are true, and righteous al-**to**-ge-ther.
- <sup>10</sup> More to be desired are they than gold, **yea**, than-much fine gold; /  
sweeter also than honey, and **the** hon-ey-comb.
- <sup>11</sup> Moreover, by them **is** thy-ser-vant taught; /  
and in keeping of them there **is** great re-ward.
- <sup>12</sup> Who can tell how oft **he** of-fend-eth? /  
O cleanse thou me from **my** se-cret-faults.
- <sup>13</sup> Keep thy servant also from presumptuous sins, lest they get the do-**min**-ion-o-ver me; /  
so shall I be undefiled and innocent from **the** great of-fence.
- <sup>14</sup> Let the words of my mouth, and the meditation of my heart, be always ac-**cept**-a-ble-in thy sight, /  
O Lord, my strength and my **re**-deem-er.

### Gradual Hymn *You Strode Within the Temple, Lord* (Vs. 1-2)

KINGSFOLD

*Choir*     *You strode within the Temple, Lord, where merchants vied for gain  
and cried, "Your wares corrupt God's house, this place of prayer profane!"  
With corded whip and fiery wrath you put God's foes to flight.  
They could not bear the searching beam of your unshielded light.*

*The temple of your body, Lord, they crushed when you were slain;  
but after three days' sleep in death, God raised it up again.  
And now you have a dwelling place on earth, in all its lands,  
Your people are your temple, Lord, a house not made with hands.*

## **The Holy Gospel *John 2.13-22***

*Gospeller* The Lord be with you.

*All* **And with thy spirit.**

*Gospeller* The Holy Gospel of our Lord Jesus Christ according to St. John.

*All* **Glory be to thee, O Lord.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

*Gospeller* The Gospel of Christ.

*All* **Praise be to thee, O Christ.**

## **Gradual Hymn *You Strode within the Temple, Lord* (Vs. 3-4)**

KINGSFOLD

*Choir* *Make ev'ry heart your temple, Lord, each life a holy place.  
Forgive the sins that flaw your plan, your patient work deface.  
In love that does not shrink from truth these temples purify.  
And then in mercy, Lord, remain; your Spirit's gifts supply.*

*Come, visit, Lord of righteousness, the church that bears your name.  
Drive out our fear and unbelief, the pride that is our shame.  
Renew the life we share, O Christ, in love and prayer and praise.  
Then send us forth, our strength restored, to serve you all our days.*

## **Homily**

## **Nicene Creed**    *Please stand.*

*Celebrant* I believe in one God,

*All*        **the Father almighty, maker of heaven and earth,  
and of all things visible and invisible;  
And in one Lord Jesus Christ, the only-begotten Son of God,  
begotten of the Father before all worlds,  
God, of God; Light, of Light; very God, of very God;  
begotten, not made; being of one substance with the Father;  
through whom all things were made:  
who for us and for our salvation came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man, and was crucified also for us under Pontius Pilate.  
He suffered and was buried, and the third day he rose again  
according to the scriptures, and ascended into heaven,  
and sitteth on the right hand of the Father.  
And he shall come again with glory to judge both the quick and the dead:  
whose kingdom shall have no end.  
And I believe in the Holy Ghost, the Lord, the giver of life,  
who proceedeth from the Father and the Son,  
who with the Father and the Son together is worshipped and glorified,  
who spake by the prophets.  
And I believe one, holy, catholic, and apostolic Church.  
I acknowledge one baptism for the remission of sins.  
And I look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Intercessions**

### **Offertory Sentence**

*Celebrant* I beseech you, brothers and sisters, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.    *Romans 12.1.*

## Celebration of the Eucharist

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**Offertory Motet** *Civitas Sancti Tui* (Recorded in 2018)

WILLIAM BYRD

*Choir*    *Civitas sancti tui facta est deserta.    Your holy city has become a wilderness.*  
*Sion deserta facta est,                                Zion has become a wilderness,*  
*Jerusalem desolata est.                             Jerusalem has been made desolate.*

### Prayer over the Gifts

*Celebrant* Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. *I Chronicles 29.10, 11, 14.*

### The Great Thanksgiving

*Celebrant* The Lord be with you.

*All*        **And with thy spirit.**

*Celebrant* Lift up your hearts.

*All*        **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*All*        **It is meet and right so to do.**

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

*The celebrant continues with the Proper Preface.*

*Celebrant* Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*All*        **Holy, Holy, Holy, Lord God of Hosts,  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

*Celebrant* Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of



that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

*Celebrant* Let us pray.

*All* **Our Father, who art in heaven, hallowed be thy Name.  
Thy Kingdom come, thy will be done on earth, as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
As we forgive them that trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
For ever and ever. Amen.**

*Celebrant* The peace of the Lord be always with you.

*All* **And with thy spirit.**

*Celebrant* We do not presume

*All* to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies.

**We are not worthy so much as to gather up the crumbs under thy table; but thou art the same Lord whose property is always to have mercy.**

**Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

## **Agnus Dei**

*Choir* O lamb of God, that takest away the sin of the world, have mercy upon us.

O lamb of God, that takest away the sin of the world, have mercy upon us.

O lamb of God, that takest away the sin of the world, grant us thy peace.

## **Holy Communion**

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### **A Prayer for Spiritual Communion**

*For those worshipping from home, we commend this prayer for Spiritual Communion.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother,

may I know you more clearly, love you more dearly,

and follow you more nearly, day by day. Amen.

*(The Prayer of St Richard of Chichester - adapted)*

### **Communion Hymn 68 We Hold the Death of the Lord**

NOW WE REMAIN

*Cantor* Refrain:

*We hold the death of the Lord deep in our hearts,  
living, now we remain with Jesus, the Christ.*

*Once we were people afraid, lost in the night. Then by your cross we were saved;  
dead became living, life from your giving. (Refrain)*

*Something which we have known, something we've touched,  
what we have seen with our eyes, this we have heard: life giving Word. (Refrain)*

*He chose to give of himself, became our bread.  
broken that we might live: love beyond love, pain for our pain. (Refrain)*

*We are the presence of God. This is our call: now to become bread and wine,  
food for the hungry, life for the weary, for to live with the Lord,  
we must die with the Lord. (Refrain)*

*Celebrant* Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

### **Blessing & Dismissal**

*Celebrant* Go in peace to love and serve the Lord.

*All* **Thanks be to God.**

**Postlude** *Prelude in a Minor BWV 543*

J.S. BACH

## **In our Prayers this Week**

The Anglican Communion Province de L'Eglise Anglicane Du Congo.

Diocesan Cycle of Prayer Bishop Andrew Asbil.

Outreach & Advocacy Cycle of Prayer *Pray for* the Parish of Penetaguishene and Wabaushene, its Deacon's cupboard and bi-weekly breakfast and lunch programs;

*for* the Church of the Redeemer, Bloor Street, its weekday meal program, street outreach, and other supports for homeless and marginally-housed people, its Indigenous Solidarity Working Group, Creation Matters group, and refugee resettlement program;

*and for* the Church of the Resurrection, its community garden, monthly Common Table, support of Sanctuary, the Scott Mission, and Dale Ministries, refugee sponsorship, and Side Door youth drop-in centre;

Parish Cycle Paul Mitchell, Everton Morris, Deta Musgrave, Fen & Moveta Nanton

Home Bound Parishioners Gail Birnie, Nancy Byers, Cintra Cassidy, Jim Colling, Ann Duff, Charlotte Graham, Lorraine Griffith, George Petricko, Lucy Simons, Lila Vamosi, Pam Young.

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## **Parish Announcements**

*The deadline for submissions is Thursday at noon each week.*

### **Services**

- **Wednesday, March 10** *Eucharist*  
11 am Choral Eucharist. Live-Stream only
- **Sunday, March 14** *Lent IV*  
10.30 am Choral Eucharist. Live-Stream only
- **Wednesday, March 17** *Eucharist*  
11 am Choral Eucharist. Live-Stream only

**Church School:** For the time being, Sileen Phillips will be leading Church School On-line on Sundays at 10.25 am.

**The Garden Guild** is in the process of creating a digital image collection of our property ranging from the most recent times right through the years back to when we had a Howard Street lych gate. All contributions from any era will be greatly appreciated. Please let us know if you have any photographs, diagrams or sketches that you could lend us.

We are also seeking any extra gardening tools that you might have around home that you are not likely to use this upcoming summer. Please let us know.

The time is almost approaching to start our seedlings, and cuttings. We are looking for some sunny interior window sills and volunteers who can nurture a pot or two in preparation for outdoor spring planting. Can you help?

If so, please contact Carol Peck [ctpeck35hotmailcom@yahoo.ca](mailto:ctpeck35hotmailcom@yahoo.ca), Nancy Nourse [noursewind@sympatico.ca](mailto:noursewind@sympatico.ca) or any other Garden Guild member. The next meeting of the Garden Guild is April 11th after the service; we will meet in the parking lot; please feel free to join us.

**Flower Donations:** If you would like to make an offering of flowers as a thanksgiving or memorial, please contact Sheila Thomas, Flower Co-ordinator, or the Church office. At this time, we are looking ahead to planning flowers for Eastertide.

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<b>Assistant Curate</b>	The Reverend Michael Perry <a href="mailto:curate@stpeterstsimon.ca">curate@stpeterstsimon.ca</a>
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<b>Director of Music</b>	Mr Robin Davis 905.409.6121 <a href="mailto:robin.davis@rogers.com">robin.davis@rogers.com</a>
<b>Honorary Assistant Organists</b>	Ms Alison Jane/Mr Maurice White/ Mr Johan van 't Hof
<b>Wardens</b>	Dr Ted Robinson – Rector’s Warden/Ms Vanessa Scott – People’s Warden
<b>Deputy Wardens</b>	Ms Laurie Sanderson & Ms Stephanie Woodside
<b>Treasurer</b>	Mr Johan van ‘t Hof, 647.202.9985 <a href="mailto:jvanthof@tonbridgecorp.com">jvanthof@tonbridgecorp.com</a>
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<b>Flowers</b>	Ms Sheila Thomas, Ms Joy Quan Lee and Church Office
<b>Rentals License Groups</b>	Church Office
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