

# Litany and Choral Eucharist at 10.30 am

Celebrant & Preacher: The Reverend Canon Geoffrey Sangwine Organist: Robin Davis / Jerod Bertram

> Mass Setting: Sanctus/Benedictus – Merbecke Mass for Four Voices – Agnus Dei – Wm. Byrd

> > †††

The service begins on page 67 of the *Book of Common Prayer* or on page 230 of the *Book of Alternative Services*.

This service is being live-streamed for those worshipping from home.

The flowers are given to the honour and glory of Almighty God and in thanksgiving for the love and generosity of the people of this parish.

With love from Robin Davis on the 10th anniversary as Director of Music.

# The Gathering of the Community

Prelude Prelude on Christe Redemptor Omnium

HEALEY WILLAN

**The Litany** (*BCP* pp.30-34)

- O GOD the Father, Creator of heaven and earth: have mercy upon us.
- O God the Father, Creator of heaven and earth: have mercy upon us.
- O God the Son, Redeemer of the world: have mercy upon us.
- O God the Son, Redeemer of the world: have mercy upon us
- O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.
- O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.
- O holy, blessed, and glorious Trinity, three Persons and one God: have mercy upon us.
- O holy, blessed, and glorious Trinity, three Persons and one God: have mercy upon us.

REMEMBER not, Lord, our offences, nor the offences of our forefathers; spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood.

### Spare us, good Lord.

FROM all evil and mischief; from sin, from the crafts and assaults of the devil;

from thy wrath, and from everlasting condemnation,

#### Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy;

from envy, hatred, and malice, and all uncharitableness,

#### Good Lord, deliver us.

From all uncleanness in thought, word, and deed;

and from all the deceits of the world, the flesh, and the devil,

#### Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood;

from plague, pestilence, and famine; from battle and murder, and from sudden death,

#### Good Lord, deliver us.

From all sedition, conspiracy, and rebellion; from all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and Commandment,

#### Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity;

by thy Baptism, Fasting, and Temptation,

#### Good Lord, deliver us.

By thine Agony and bloody Sweat; by thy Cross and Passion;

by thy precious Death and Burial,

# Good Lord, deliver us.

By thy glorious Resurrection and Ascension; by thy sending of the Holy Spirit;

by thy heavenly Intercession; and by thy Coming again in glory,

## Good Lord, deliver us.

In all times of tribulation; in all times of prosperity;

in the hour of death, and in the day of judgement,

### Good Lord, deliver us.

WE sinners do beseech thee to hear us, O Lord God:

and that it may please thee to rule and govern thy holy Church universal in the right way.

# We beseech thee, good Lord.

To keep and strengthen in the true worshipping of thee, in holiness of life,

and in devotion to her people, thy servant Elizabeth, our most gracious Queen and Governor,

## We beseech thee, good Lord.

To be her defender and keeper, giving her the victory over all her enemies,

#### We beseech thee, good Lord.

To bless and preserve all the Royal Family,

## We beseech thee, good Lord.

To give to all Bishops, Priests, and Deacons, true knowledge and understanding of thy Word; and that both by their preaching and living they may set it forth and show it accordingly,

## We beseech thee, good Lord.

To bless the people of our Country and the Commonwealth, a nd to endue those set in authority with grace, wisdom, and understanding,

# We beseech thee, good Lord.

To bless and guide the Judges and Magistrates, giving them grace to execute justice, and to maintain truth,

## We beseech thee, good Lord.

To bless and keep the Queen's forces by sea, and land, and air, and to shield them in all dangers and adversities,

#### We beseech thee, good Lord.

To give to all nations unity, peace, and concord, that they may serve thee without fear,

#### We beseech thee, good Lord.

To bless and protect all who serve mankind by their labour and learning,

## We beseech thee, good Lord.

To preserve all that travel, all women labouring of child, all sick persons and young children; and to show thy pity upon all prisoners and captives,

#### We beseech thee, good Lord.

To defend, and provide for, all widows and orphans, and all who are desolate and oppressed,

# We beseech thee, good Lord.

To bless and keep all thy people,

#### We beseech thee, good Lord.

To give to all thy people increase of grace, to hear meekly thy Word, and to receive it with pure affection, and to bring forth the fruit of the Spirit,

## We beseech thee, good Lord.

To bring into the way of truth all who have erred and are deceived,

## We beseech thee, good Lord.

To strengthen such as do stand; to encourage the faint-hearted;

to raise up those who fall; and finally to beat down Satan under our feet,

## We beseech thee, good Lord.

To succour, help, and comfort all that are in danger, necessity, and tribulation,

## We beseech thee, good Lord.

To have mercy upon all people,

### We beseech thee, good Lord.

To give and preserve to our use the kindly fruits of the earth, so that in due time we may enjoy them,

## We beseech thee, good Lord.

To forgive our enemies, persecutors, and slanderers, and to turn their hearts,

## We beseech thee, good Lord.

To give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit, to amend our lives according to thy holy Word,

## We beseech thee, good Lord.

SON of God, we beseech thee to hear us.

### Son of God, we beseech thee to hear us.

O Lamb of God, that takest away the sin of the world;

#### Have mercy upon us.

O Lamb of God, that takest away the sin of the world;

#### Grant us thy peace.

O Christ, hear us.

O Christ, hear us.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

## The Collect for the Day

Celebrant O Lord, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory; who livest and reignest with the Father and the Holy Spirit, one God, world without end. **Amen.** 

### The Collect for Ash Wednesday

Celebrant Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.** 

# The Liturgy of the Word

#### First Lesson Genesis 9.8-17

*Reader* The first lesson is written in the 9<sup>th</sup> chapter of the Book of Genesis, beginning at the 8<sup>th</sup> verse.

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Reader The word of the Lord.

All Thanks be to God.

## **Psalm 25.1-9** *Ad te, Domine, levavi.* Sung by the Cantor.

Tone I.4

<sup>1</sup> UNTO thee, O Lord, do I lift up **my** soul; /

my God, I have put my trust-in thee.

<sup>2</sup> O let me not be con-**found**-ed, /

neither let mine enemies tri-umph o-ver me.

<sup>3</sup> For all they that hope in thee shall not be a-**sham**-ed; /

but such as transgress without a cause shall be put to con-fu-sion.

<sup>4</sup> Show me thy ways, **O** Lord, /

and **teach** me thy paths.

<sup>5</sup> Lead me forth in thy truth and **teach** me: /

for thou art the God of my salvation; in thee is my hope all the day long.

<sup>6</sup> Call to remembrance, O Lord, thy tender **mer**-cies, /

and thy loving-kindnesses, which have been ev-er of old.

<sup>7</sup> O remember not the sins and offences of **my** youth; /

but according to thy mercy think thou upon me, O Lord, for thy good-ness.

<sup>8</sup> Gracious and righteous is **the** Lord; /

therefore will he teach sin-ners in-the way.

<sup>9</sup> Them that are meek shall he guide in **judge**-ment; / and such as are gentle, them **shall** he teach-his way.

# Gradual Hymn 174 Eternal Lord of Love, Behold Your Church

FENN HOUSE

Cantor Eternal Lord of love, behold your church walking once more the pilgrim way of Lent, led by your cloud by day, by night your fire, moved by your love and toward your presence bent:

far off yet here- the goal of all desire.

So daily dying to the way of self, so daily living to your way of love, we walk the road, Lord Jesus, that you trod knowing ourselves baptized into your death: so we are dead and live with you in God.

### **The Holy Gospel** *Mark* 1.9-15

Gospeller The Lord be with you.

All And with thy spirit.

Gospeller The Holy Gospel of our Lord Jesus Christ according to St. Mark.

All Glory be to thee, O Lord.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Gospeller The Gospel of Christ.

All Praise be to thee, O Christ.

## **Gradual Hymn 174** Eternal Lord of Love, Behold Your Church

FENN HOUSE

Cantor If dead in you, so in you we arise, you the firstborn of all the faithful dead; and as through stony ground the green shoots break, glorious in springtime dress of leaf and flower, so in the Father's glory shall we wake.

**Homily** The Rev. Canon Geoffrey Sangwine

**Anthem** *Down to the River to Pray* 

ARR. MARCELLO NOIA

Choir Refrain:

As I went down in the river to pray studying about that good ol'way and who shall wear the starry crown? Good Lord, show me the way!

O sisters let's go down, let's go down, come on down, O sisters let's go down, down in the river to pray. (Refrain)

O brothers let's go down, let's go down, come on down, Come on brothers let's go down, down in the river to pray. (Refrain)

- O fathers let's go down, let's go down, come on down, O fathers let's go down, down in the river to pray. (Refrain)
- O sinners let's go down, let's go down, come on down, O sinners let's go down, down in the river to pray. (Refrain)

#### Confession, and Absolution

The Celebrant invites the congregation to join in the General Confession. Silence is kept. Please kneel or be seated.

## Celebrant Almighty God,

Father of our Lord Jesus Christ, maker of all things and judge of all people: we acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against thy divine majesty.

We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.

The Absolution is pronounced

# **Offertory Sentence**

Celebrant I beseech you brothers and sisters, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. Romans 12.1.

#### **Celebration of the Eucharist**

#### **Offertory Hymn 175** Forty Days and Forty Nights

HEINLEIN (AUS DER TIEFE)

Choir Forty days and forty nights you were fasting in the wild, forty days and forty nights tempted, and yet undefiled.

Burning heat throughout the day, bitter cold when light has fled, Prowling beasts around your way, stones your pillow, earth your bed.

Shall not we your trials share, learn your discipline of will, and with you by fast and prayer wrestle with the powers of hell?

So if Satan, pressing hard, soul and body would destroy, Christ who conquered, be our guard; give to us the victor's joy.

Saviour, may we hear your voice—keep us constant at your side; And with you we shall rejoice at the eternal Eastertide.

#### Prayer over the Gifts

Celebrant Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee.

I Chronicles 29.10, 11, 14.

## The Great Thanksgiving

Celebrant The Lord be with you.

All And with thy spirit.

Celebrant Lift up your hearts.

All We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

All It is meet and right so to do.

Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

The celebrant continues with the Proper Preface.

Celebrant Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

#### Holy, Holy, Holy, Lord God of Hosts, AllHeaven and earth are full of thy glory. Glory be to thee, O Lord Most High.

Celebrant Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. Amen.

Celebrant Let us pray.

Our Father, who art in heaven, hallowed be thy Name.
Thy Kingdom come, thy will be done on earth, as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
As we forgive them that trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
For ever and ever. Amen.

Celebrant The peace of the Lord be always with you.

All And with thy spirit.

Celebrant We do not presume

to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table; but thou art the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

## **Agnus Dei**

Choir Agnus Dei qui tollis peccata mundi, miserere nobis.
Agnus Dei qui tollis peccata mundi, miserere nobis.
Agnus Dei qui tollis peccata mundi, dona nobis pacem.

O lamb of God, that takest away the sins of the world, have mercy upon us.

O lamb of God, that takest away the sins of the world, have mercy upon us.

O lamb of God, that takest away the sins of the world, grant us thy peace.

# **Holy Communion**

## A Prayer for Spiritual Communion

For those worshipping from home, we commend this prayer for Spiritual Communion.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly, love you more dearly,
and follow you more nearly, day by day. Amen.

(The Prayer of St Richard of Chichester - adapted)

### Communion Hymn Let Us Break Bread Together

**SPIRITUAL** 

Cantor Let us break bread together on our knees,
Let us break bread together on our knees.
When I fall down on my knees with my face to the rising sun,
Oh, Lord, have mercy on me.

Let us drink wine together on our knees, Let us drink wine together on our knees. When I fall down on my knees with my face to the rising sun, Oh, Lord, have mercy on me.

Let us praise God together on our knees, Let us praise God together on our knees. When I fall down on my knees with my face to the rising sun, Oh, Lord, have mercy on me.

Celebrant Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen**.

## **Blessing**

#### **Dismissal**

Celebrant Go in peace to love and serve the Lord.

All Thanks be to God.

**Postlude** Rhapsody #1

HERBERT HOWELLS

## In our Prayers this Week

The Anglican Communion The Church of the Province of Central Africa.

<u>Diocesan Cycle of Prayer</u> Durham & Northumberland Deanery.

Outreach & Advocacy Cycle of Prayer Pray for the Parish of Lloydtown, its support of the King Township food bank, Christmas in King community initiative, and Schomberg Country Run supporting the Indigenous solidarity initiatives;

*for* the Church of the Messiah, its community garden and hosting of the Avenue Road Food Bank;

and for the Parish of Minden-Kinmount, its Thrift Shop, and the outreach initiatives it supports.

Parish Cycle Carol Matthew, Jennifer Matthews, Joseph McIninch, Neil McKeown

<u>Home Bound Parishioners</u> Gail Birnie, Nancy Byers, Cintra Cassidy, Jim Colling, Ann Duff, Charlotte Graham, Lorraine Griffith, George Petricko, Lucy Simons, Lila Vamosi, Pam Young.

#### **Parish Announcements**

The deadline for submissions is Thursday at noon each week.

#### Services

- Wednesday, February 24 Eucharist
   11 am Choral Eucharist. Live-Stream only
- Thursday, February 25 Compline 8 pm Zoom Compline
- **Sunday, February 28** *Lent II* 10.30 am Choral Eucharist. Live-Stream only
- Wednesday, March 3 Eucharist
  11 am Choral Eucharist. Live-Stream only

## **Our Annual Vestry Meeting**

Will take place by Zoom on Sunday, February 28, 2021 at 12.30 pm. The Vestry Report will be sent to the parish electronically for those with email and by post for all others.

**Church School:** For the time being, Sileen Phillips will be leading Church School On-line on Sundays at 10.25 am.

## **Lent Bible Study: Meaning in the Miracles**

On Tuesday February 23<sup>rd</sup> from 7-8 pm, we will join with St Jude's, Wexford for the first study and discussion of *Jesus' miracles and their meaning* for us today. Next sessions: Tuesdays in March: the 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, & 23<sup>rd</sup>. The study will be led by: Archbishop Fred Hiltz, former Primate of the Anglican Church of Canada; The Rev. Greg Carpenter; The Rev. Michael Perry; The Rev. Canon Geoffrey Sangwine, who each will facilitate a session. The sessions will happen over Zoom, with details sent out in the weekly email updates.

## **Augustine's Confessions**

On Thursday, March 4<sup>th</sup> from 10-11 am St. Jude's Oakville will host the first session of a study of this classic Christian work, which follows God's work of conversion in St. Augustine's life, the conversion of the cosmos, and our on-going conversion in Christ. Led by the Rev. Dr. Gary Thorne, Chaplain of Huron College. Please let the office of St. Jude's know if you plan to attend. Pre-registration is required. Subsequent Session dates:

Thursday March 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>, & April 1<sup>st</sup>, 8<sup>th</sup>, & 15<sup>th</sup>.

### **World Day of Prayer:**

Learn about Vanuatu in the warm South Pacific. Celebrate on March 5th by video. Watch for the link on your email updates to join the World Day of Prayer service. To watch the service at any time, go to <a href="https://wicc.org/get-involved/events/">https://wicc.org/get-involved/events/</a> Scroll down to the blue band for the YouTube service.

**The Garden Guild** is in the process of creating a digital image collection of our property ranging from the most recent times right through the years back to when we had a Howard Street lych gate. All contributions from any era will be greatly appreciated. Please let us know if you have any photographs, diagrams or sketches that you could lend us.

We are also seeking any extra gardening tools that you might have around home that you are not likely to use this upcoming summer. Please let us know.

The time is almost approaching to start our seedlings, and cuttings. We are looking for some sunny interior window sills and volunteers who can nurture a pot or two in preparation for outdoor spring planting. Can you help?

If so, please contact Carol Peck <a href="mailto:ctpeck35hotmailcom@yahoo.ca">ctpeck35hotmailcom@yahoo.ca</a>, Nancy Nourse <a href="mailto:noursewind@sympatico.ca">noursewind@sympatico.ca</a> or any other Garden Guild member. Our next meeting is Feb 21 at 1 pm after coffee hour on Zoom; please feel free to join us.

**Flower Donations:** If you would like to make an offering of flowers as a thanksgiving or memorial, please contact Sheila Thomas, Flower Co-ordinator, or the Church office. At this time, we are looking ahead to planning flowers for Eastertide.



**St. Peter and St. Simon-the-Apostle** 525 Bloor Street E., Toronto ON M4W 1J1 416.923.8714 <a href="https://www.stpeterstsimon.ca">www.facebook.com/stpeterstsimon.ca</a>

**Incumbent** The Reverend Canon Geoffrey Sangwine, ext 202;

incumbent@stpeterstsimon.ca; Mobile: 416.720.2099

Assistant Curate The Reverend Michael Perry curate@stpeterstsimon.ca

**Honorary Assistant** The Reverend Jennifer Matthews 647.546.0580

**Director of Music** Mr Robin Davis 905.409.6121 <a href="mailto:robin.davis@rogers.com">robin.davis@rogers.com</a> **Honorary Assistant Organists** Ms Alison Jane/Mr Maurice White/ Mr Johan van 't Hof

Wardens Dr Ted Robinson – Rector's Warden/Ms Vanessa Scott – People's Warden

**Deputy Wardens** Ms Laurie Sanderson & Ms Stephanie Woodside

Treasurer Mr Johan van 't Hof, 647.202.9985 jvanthof@tonbridgecorp.com

**Children's Ministry Coordinator** Ms Sileen Phillips 647.718.6728

Flowers Ms Sheila Thomas, Ms Joy Quan Lee and Church Office

Rentals License Groups Church Office

Sextons Mr Daiverzon Guillermo/Mr Lewis Kabonde

Office Administrator Ms Rosemary Hendra ext. 201 office@stpeterstsimon.ca

