

Fifth Sunday after the Epiphany

(Sexagesima, being the 60th day before Easter) February 7, 2021

Holy Eucharist at 10.30 am

Celebrant & Preacher: The Rev. Canon Geoffrey Sangwine Organist: Robin Davis Cantor: Ian Speck

Mass Setting: St. Thomas Mass – Agnus Dei – Derek Holman

†††

Welcome to the Church of St Peter and St Simon-the-Apostle. Hearing Assistance Units are available at the back of the Church.

The service begins on page 67 of the *Book of Common Prayer* or on page 230 of the *Book of Alternative Services*.

The flowers are given to the honour and glory of Almighty God, in thanksgiving for support of the diversity of our parish, and in celebration of Black History Month.

Please remember to wear your mask. This service is being live-streamed for those worshipping from home.

The Gathering of the Community

Prelude Schmücke dich, o liebe Seele (Adorn yourself, dear soul, with gladness)

JOHANNES BRAHMS

Hymn 513 Guide My Feet

GUIDE MY FEET

Choir Guide my feet while I run this race. (Yes, my Lord!)

Guide my feet while I run this race. (Yes, my Lord!)

Guide my feet while I run this race, for I don't want to run this race in vain!

(race in vain!)

Hold my hand . . .

Stand by me . . .

I'm your child . . .

Search my heart . . .

Guide my feet . . .

Greeting

The grace of our Lord Jesus Christ, and the love of God, Celebrant

and the fellowship of the Holy Spirit, be with you all.

And with thy spirit. All

Celebrant Almighty God,

unto whom all hearts be open, all desires known, and from whom no secrets All are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name;

through Christ our Lord. Amen.

Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; Celebrant

and thou shalt love the Lord thy God with all thy heart,

and with all thy soul, and with all thy mind, and with all thy strength.

This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

Lord have mercy upon us, and write both these thy laws Allin our hearts, we beseech thee.

The Collect

O Lord God, who seest that we put not our trust in anything that we do: Celebrant

Mercifully grant that by thy power we may be defended against all adversity;

through Jesus Christ our Lord. Amen.

The Proclamation of the Word

First Lesson Isaiah 40.21-31

Reader The first lesson is written in the 40th chapter of the Book of Isaiah, beginning at the 21st verse.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The word of the Lord.

All Thanks be to God.

Psalm 147.1-11, 20 Laudate Dominum. Sung by the Cantor.



¹ O PRAISE the Lord, for it is a good thing to sing praises unto our **God**: / yea, a joyful and pleasant thing it is **to** be thank-ful.

² The Lord doth build up Je-**ru**-sa-lem, / and gather together the out-**casts** of Is-ra-el.



- ³ He healeth those that are broken in **heart**, / and **bind**-eth up their-wounds.
- ⁴ He telleth the number of the **stars**, / and calleth them **all** by their names.
- ⁵ Great is our Lord, and great is his **power**: / yea, and his wis-**dom** is in-fi-nite.
- ⁶ The Lord setteth up the **meek**, /

and bringeth the ungodly down to the ground.

O sing unto the Lord with thanks-gi-ving: / sing praises upon the harp un-to our God;

- ⁸ Who covereth the heaven with clouds, and prepareth rain for the **earth**, / and maketh grass to grow upon the mountains, and herb **for** the use of-men;
- ⁹ Who giveth fodder unto the **cat**-tle, /

and feedeth the young ravens that call up-on him.

- ¹⁰ He hath no pleasure in the strength of an **horse**, / neither delighteth he in **an**-y man's legs.
- 11 But the Lord's delight is in them that **fear** him, / and put their trust **in** his mer-cy.
- ²⁰ He hath not dealt so with any **na**-tion; / neither have they **know**-ledge of his-laws.

Second Lesson I Corinthians 9.16-23

Reader The second lesson is written in the First Letter of Paul to the Corinthians.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those

outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The word of the Lord.

All Thanks be to God.

Gradual Hymn 531 You Who Dwell in the Shelter of the Lord (vs 1-2) ON EAGLES' WINGS

Cantor You who dwell in the shelter of the Lord, who abide in his shadow for life, say to the Lord: "My refuge, my rock in whom I trust!"

Refrain:

And he will raise you up on eagle's wings, bear you on the breath of dawn, make you to shine like the sun, and hold you in the palm of his hand.

Snares of the fowler will never capture you, and famine will bring you no fear: under his wings your refuge, his faithfulness your shield. Refrain.

The Holy Gospel Mark 1.29-39

Gospeller The Lord be with you.

All And with thy spirit.

Gospeller The Holy Gospel of our Lord Jesus Christ according to St. Mark.

All Glory be to thee, O Lord.

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Gospeller The Gospel of Christ.

All Praise be to thee, O Christ.

Gradual Hymn 531 You Who Dwell in the Shelter of the Lord (vs 3-4) ON EAGLES' WINGS

Cantor You need not fear the terror of the night, nor the arrow that flies by day; though thousands fall about you, near you it shall not come. Refrain

Refrain:

And he will raise you up on eagle's wings, bear you on the breath of dawn, make you to shine like the sun, and hold you in the palm of his hand.

For to his angels he's given a command to guard you in all of your ways; upon their hands they will bear you up, lest you dash your foot against a stone. Refrain

Homily The Rev. Canon Geoffrey Sangwine

Anthem Give Me Jesus

ARR. JONATHAN RODGERS

Choir In the morning when I rise, in the morning when I rise, in the morning when I rise, give me Jesus!

Give me Jesus, give me Jesus, you can have all this world, but give me Jesus.

And when I am alone, oh, and when I am alone, and when I am alone, give me Jesus.

Give me Jesus, give me Jesus, you can have all this world, but give me Jesus.

And when I come to die, oh, and when I come to die, when I come to die, when I come to die, Give me Jesus, give me Jesus, give me Jesus.

Nicene Creed *Please stand.*

Celebrant I believe in one God,

All the Father almighty, maker of heaven and earth, and of all things visible and invisible;
And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds,
God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father;

through whom all things were made:

who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father.

And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets.

And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Confession, and Absolution

The Celebrant invites the congregation to join in the General Confession. Silence is kept. Please kneel or be seated.

Celebrant Almighty God,

Father of our Lord Jesus Christ, maker of all things and judge of all people: we acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against thy divine majesty.

We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.

The Absolution is pronounced

Offertory Sentence

Celebrant And they came, everyone whose heart stirred them up, and everyone whom the spirit made willing, and they brought the Lord's offering. Exodus 35.21.

Celebration of the Eucharist

Offertory Hymn 423 How Great Thou Art

HOW GREAT THOU ART

Choir

O Lord my God, when I in awesome wonder, consider all the works thy hand hath made, I see the stars, I hear the rolling thunder, thy power throughout the universe displayed.

Refrain:

Then sings my soul, my Saviour God, to thee: how great thou art, how great thou art! Then sings my soul, my Saviour God, to thee: how great thou art, how great Thou art!

When through the woods and forest glades I wander, I hear the birds sing sweetly in the trees; when I look down from lofty mountain grandeur and hear the brook and feel the gentle breeze; Refrain.

But when I think that God, his Son not sparing, sent him to die, I scarce can take it in, that on the cross, my burden gladly bearing, he bled and died to take away my sin; Refrain.

When Christ shall come, with shout of acclamation and claim his own, what joy shall fill my heart! Then I shall bow in humble adoration and there proclaim, "My God, how great thou art!" Refrain.

Prayer over the Gifts

Celebrant God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. Amen.

The Great Thanksgiving

Celebrant The Lord be with you.

All And with thy spirit.

Celebrant Lift up your hearts.

All We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

All It is meet and right so to do.

Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

The celebrant continues with the Proper Preface.

Celebrant Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

All Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.
Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me." Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

All We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.

Celebrant And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

Celebrant And now as our Saviour Christ has commanded and taught us, we are bold to pray:

All Our Father, who art in heaven, hallowed be thy Name.

Thy Kingdom come, thy will be done on earth, as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses,

As we forgive them that trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, the power, and the glory,

For ever and ever. Amen.

Celebrant The peace of the Lord be always with you.

All And with thy spirit.

Celebrant We do not presume

All to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies.

We are not worthy so much as to gather up the crumbs under thy table; but thou art the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

Agnus Dei

Choir

O lamb of God, that takest away the sins of the world, have mercy upon us.

O lamb of God, that takest away the sins of the world, have mercy upon us.

O lamb of God, that takest away the sins of the world, grant us thy peace.

Holy Communion

A Prayer for Spiritual Communion

For those worshipping from home, we commend this prayer for Spiritual Communion.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,

for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother,

may I know you more clearly, love you more dearly,

and follow you more nearly, day by day. Amen.

(The Prayer of St Richard of Chichester - adapted)

- Holy Communion will be served in one kind only (bread).
- Please proceed to the standing Communion station at the chancel steps following the direction of the sides-people.
- *Proceed up the centre aisle. Receive the wafer in your hands.*
- Step to the floor marking on the pulpit or lectern side.
- Remove your mask and consume the wafer.
- Replace your mask and return to your pew from the side aisle.
- If you prefer a blessing, please indicate this to the priest. It will be given from a distance.

Communion Hymn 78 Deck Yourself, My Soul, with Gladness

SCHMÜCKE DICH

Deck yourself, my soul, with gladness, leave the gloomy haunts of sadness. Cantor Come into the daylight's splendour, there with joy your praises render to the Lord whose grace unbounded has this royal banquet founded; through all other powers excelling, with my soul he makes his dwelling.

Lord, I bow before you lowly, filled with joy most deep and holy, as with trembling awe and wonder all your mighty works I ponder—how, by mystery surrounded, depth no one has ever sounded, none may dare to pierce unbidden secrets that in you are hidden.

Shining Sun, my life you brighten; Radiance, you my soul enlighten. Joy, the best of all our knowing, Fountain, swiftly in me flowing: at your feet I kneel, my Maker—let me be a fit partaker of this sacred food from heaven, for our good, your glory, given.

Jesus, bread of life, I pray you, let me gladly here obey you; never to my hurt invited, always by your love delighted: from this banquet let me measure, Lord, how vast and deep its treasure; through the gifts your hands have given, let me be your guest in heaven.

Prayer after Communion

Celebrant Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord. **Amen.**

All Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the Church, and in Christ Jesus our Lord. Amen.

Blessing & Dismissal

Celebrant Go forth in the name of Christ.

All Thanks be to God.

Postlude Tuba Tune

NORMAN COCKER

In our Prayers this Week

The Anglican Communion The Anglican Church of Burundi.

<u>Diocesan Cycle of Prayer</u> Holland Deanery.

Outreach & Advocacy Cycle of Prayer *Pray for* the Parish of Haliburton, and its support of the Haliburton Youth Hub;

for the Church of the Holy Family, Heart Lake, its food bank, caring and sharing program, and Christmas outreach initiatives;

and for Holy Trinity, Guildwood, its food cupboard, parish nurse ministry, pastoral care to local nursing homes, partnership with high school programs, and work with community partners on housing and poverty issues.

Parish Cycle Sandy MacMillan, Suzette Mafuna, Susan Major.

<u>Home Bound Parishioners</u> Byron Armstrong, Gail Birnie, Nancy Byers, Cintra Cassidy, Jim Colling, Ann Duff, Charlotte Graham, Lorraine Griffith, George Petricko, Lucy Simons, Lila Vamosi, Pam Young.

Parish Announcements

The deadline for submissions is Thursday at noon each week.

Services

- Sunday, February 14 Transfiguration Sunday 10.30 am Choral Matins. Live-Stream only
- Wednesday, February 17 Ash Wednesday
 11 am Choral Eucharist. Live-Stream only

Epiphany Education Series

A Light to Lighten the Nations:

A Study and Discussion of Scripture Passages for the Epiphany Season Remaining Date: February 11 Time: By Zoom, 7-8 pm with Compline Led by Father Geoff and Ian Corlett.

Covid-19 Vaccine Presentation

February 16 @ 7:00 pm - 8:00 pm

The Health and Safety Committee of St Peter and St Simon-the-Apostle offers to the community a presentation on the various Covid-19 vaccines that will be made available in Canada. There will be a Zoom slideshow lasting about 30 minutes presented by Dr. Ted Robinson. This will be followed by a question and answer period.

You can follow on Zoom through the internet or by telephone. Look for the Zoom invitation in the weekly email update which comes out on Saturdays. The presentation part of the evening will be recorded for future viewing on our website. At 8pm we will conclude our evening with our regularly scheduled service of Compline.

Our Annual Vestry Meeting will take place by Zoom on Sunday, February 28, 2021 at 12.30 pm. *Reports are due in the office by February 11th*. The Vestry Report will be sent to the parish electronically for those with email and by post for all others.

Church School: For the time being, Sileen Phillips will be leading Church School on-line on Sundays at 10.30 am.

The Garden Guild is in the process of creating a digital image collection of our property ranging from the most recent times right through the years back to when we had a Howard Street lych gate. All contributions from any era will be greatly appreciated. Please let us know if you have any photographs, diagrams or sketches that you could lend us.

We are also seeking any extra gardening tools that you might have around home that you are not likely to use this upcoming summer. Please let us know.

The time is almost approaching to start our seedlings, and cuttings. We are looking for some sunny interior window sills and volunteers who can nurture a pot or two in preparation for outdoor spring planting. Can you help?

If so, please contact Carol Peck ctpeck35hotmailcom@yahoo.ca, Nancy Nourse noursewind@sympatico.ca or any other Garden Guild member. Our next meeting is Feb 21 at 1pm after coffee hour on Zoom; please feel to join us.

Flower Donations: If you would like to make an offering of flowers as a thanksgiving or memorial, please contact Sheila Thomas, Flower Co-ordinator, or the Church office. At this time, we are looking ahead to planning flowers for Eastertide.



St. Peter and St. Simon-the-Apostle 525 Bloor Street E., Toronto ON M4W 1J1 416.923.8714 www.facebook.com/stpeterstsimon.ca

Incumbent The Reverend Canon Geoffrey Sangwine, ext 202;

incumbent@stpeterstsimon.ca; Mobile: 416.720.2099

Assistant Curate The Reverend Michael Perry curate@stpeterstsimon.ca

Honorary Assistant The Reverend Jennifer Matthews 647.546.0580

Director of Music Mr Robin Davis 905.409.6121 robin.davis@rogers.com

Honorary Assistant Organists

Mr Ablison Jane/Mr Maurice White/ Mr Johan van 't Hof

Wardens Dr Ted Robinson – Rector's Warden/Ms Vanessa Scott – People's Warden

Deputy Wardens Ms Laurie Sanderson & Ms Stephanie Woodside

Treasurer Mr Johan van 't Hof, 647.202.9985 <u>jvanthof@tonbridgecorp.com</u>

Children's Ministry Coordinator Ms Sileen Phillips 647.718.6728

Flowers Ms Sheila Thomas, Ms Joy Quan Lee and Church Office

Rentals License Groups Church Office

Sextons Mr Daiverzon Guillermo/Mr Lewis Kabonde

Office Administrator Ms Rosemary Hendra ext. 201 office@stpeterstsimon.ca

