



the **Church**  
of **St Peter** and  
**St Simon**-the-Apostle

# Compline

April 30, 2020  
A Contemplative Service

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## Opening Prayers

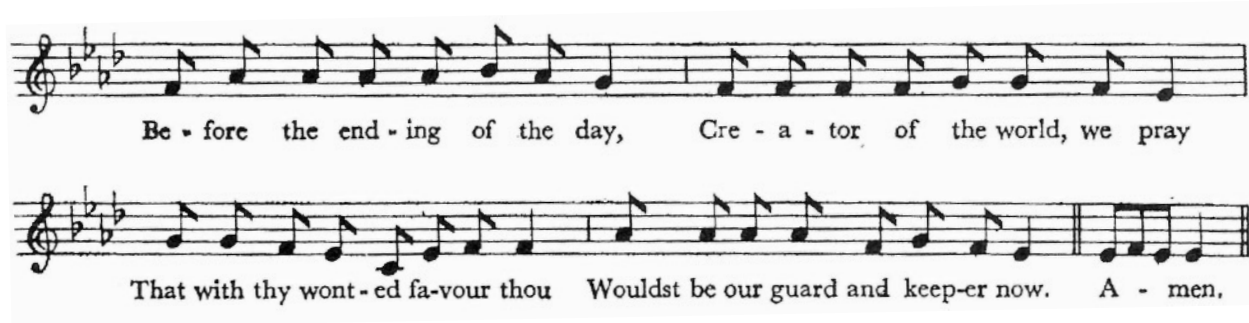
When you pray,  
be like the mountain  
in stillness, in silence;  
thoughts rooted in eternity.  
Do nothing;  
just sit, just be;  
and you will harvest the fruit of your  
prayer.

When you pray,  
be like the flower  
reaching up to the sun;  
straight-stemmed like a column.  
Be open,  
ready to accept all things without fear  
and you will not lack light on your way.

When you pray,  
be like the ocean  
with stillness in its depths  
the waves ebbing and flowing.  
Have calm in your heart,  
and evil thoughts will flee on their own  
accord.

When you pray,  
be like the bird,  
endlessly singing before the Creator  
its song rising like incense.  
Pray like the turtle dove,  
and you will never lose heart.

~St. Seraphim of Sarov



2 From all ill dreams defend our eyes,  
From nightly fears and fantasies;  
Tread under foot our ghostly foe,  
That no pollution we may know.

3 O Father, that we ask be done,  
Through Jesus Christ, thine only Son;  
Who, with the Holy Ghost and thee,  
Doth live and reign eternally. Amen.

### *Psalm 149*

1 O Sing unto the LORD a new song: / let the congregation of saints praise him.

2 Let Israel rejoice in him that made him: / and let the children of Sion be joyful in their King.

3 Let them praise his Name in the dance: / let them sing praises unto him with timbrel and harp.

4 For the LORD hath pleasure in his people, / and adorneth the humble with salvation.

5 Let the saints be joyful with glory: / let them sing for joy upon their couches.

6 Let the praises of God be in their mouth, / and a two-edged sword in their hands;

7 To be avenged of the nations, / and to rebuke the peoples;

8 To bind their kings in chains, / and their nobles with links of iron;

9 To execute upon them the judgement that is written. / Such honour have all his saints.

Glory be to the Father, and to the Son, / and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, / world without end. Amen.

*Gospel Reading, John 6.30-40*

*Reader* A reading from the Gospel according to St. John.

30 So [the crowds] said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? 31 Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.' "

32 Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is that which comes down from heaven and gives life to the world." 34 They said to him, "Sir, give us this bread always."

35 Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. 36 But I said to you that you have seen me and yet do not believe. 37 Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away; 38 for I have come down from heaven, not to do my own will, but the will of him who sent me. 39 And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. 40 This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day."

*Reader* The word of the Lord.

*All*     **Thanks be to God.**

*Silence, 5 minutes*



*V.Ry.* In - to thy hands, O Lord, I com - mend my spi - rit;

*Minister:* We have wounded your love.

*Answer:* **O God, heal us.**

*Minister:* We stumble in the darkness.

*Answer:* **Light of the world, transfigure us.**



*Ry.* In - to thy hands, O Lord, I com - mend my spi - rit;

*Minister:* We forget that we are your home.

*Answer:* **Spirit of God, dwell in us.**

*Minister:* Eternal Spirit,

*Answer:* **living God,**

**in whom we live and move and have our being,  
all that we are, have been, and shall be  
is known to you.**

**In the very secret of our hearts  
you know all that rises to trouble us.**

**Living flame, burn in us.**

**Cleansing wind, blow through us.**

**Fountain of water, well up within us;**

**that we may love and praise  
in deed and in thought. Amen.**



*Ry.* In - to thy hands, O Lord, I com - mend my spi - rit;

EVENING

## 25 Glory to Thee, My God, This Night

1 Glo - ry to thee, my God, this night for all the  
 2 For - give me, Lord, for thy dear Son, the ill that  
 3 O may my soul on thee re - pose, and may sweet  
 4 When in the night I sleep - less lie, my soul with  
 5 Praise God, from whom all bless - ings flow; praise God, all

bless - ings of the light; keep me, O keep me,  
 I this day have done, that with the world, my -  
 sleep mine eye - lids close, sleep that shall me more  
 heaven - ly thoughts sup - ply; let no ill dreams dis -  
 crea - tures here be - low; praise God a - bove, ye

King of kings, be - neath thine own al - might - y wings.  
 self, and thee, I ere I sleep at peace may be.  
 vig - orous make to serve my God when I a - wake.  
 turb my rest, no powers of dark - ness me mo - lest.  
 heaven - ly host; praise Fa - ther, Son, and Ho - ly Ghost.

*Minister:* Let us pray.

*Minister:* Lord, have mercy upon us.

*Answer:* **Christ have mercy upon us.**

*Minister:* Lord, have mercy upon us.

**Our Father who art in heaven, Hallowed by thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

*Minister:* Blessed art thou, Lord God of our fathers;

*Answer:* **To be praised and glorified above all for ever.**

*Minister:* Let us bless the Father, the Son, and the Holy Ghost;

*Answer:* **Let us praise him and magnify him for ever.**

*Minister:* Blessed art thou, O Lord, in the firmament of heaven;

*Answer:* **To be praised and glorified above all for ever.**

*Minister:* The Almighty and most merciful Lord guard us and give us his blessing.

*Answer:* **Amen.**

**We confess to God Almighty, the Father, the Son, and the Holy Ghost, that we have sinned in thought, word, and deed, through our own grievous fault. Wherefore we pray God to have mercy upon us. Almighty God, have mercy upon us, forgive us all our sins and deliver us from evil, confirm and strengthen us in all goodness, and bring us to life everlasting; through Jesus Christ our Lord. Amen.**

*Minister:* Wilt thou not turn again and quicken us;

*Answer:* **That thy people may rejoice in thee?**

*Minister:* O Lord, show thy mercy upon us;

*Answer:* **And grant us thy salvation.**

*Minister:* Vouchsafe, O Lord, to keep us this night without sin;

*Answer:* **O Lord, have mercy upon us, have mercy upon us.**

*Minister:* O Lord, hear our prayer;

*Answer:* **And let our cry come unto thee.**

### *A prayer in time of great Sickness & Mortality.*

O most mighty and merciful God, in this time of grievous sickness, we flee unto thee for succour. Deliver us, we beseech thee, from our peril; give strength and skill to all those who minister to the sick; prosper the means made use of for their cure; and grant, that perceiving how frail and uncertain our life is, we may apply our hearts unto that heavenly wisdom which leadeth to eternal life; through Jesus Christ our Lord. **Amen.**

### *Intercessions, the Community of Taizé*

*Minister:* O Christ, born of the Father before all ages, you took upon yourself our humanity and you rose for us: we worship you.

*Answer:* **Hear us, Lord of glory**

*Minister:* Son of God, Source of life, we invoke your goodness upon us and upon the entire human family.

*Answer:* **Hear us, Lord of glory**

*Minister:* Allow us to live by your life and walk as children of light in the joy of Easter.

*Answer:* **Hear us, Lord of glory**

*Minister:* Increase the faith of your Church; may it faithfully bear witness to your resurrection.

*Answer:* **Hear us, Lord of glory**

*Minister:* Comfort all who are burdened, and engrave in their hearts your words of eternal life.

*Answer:* **Hear us, Lord of glory**

*Minister:* Strengthen those who are weak in faith, and reveal yourself to doubting hearts.

*Answer:* **Hear us, Lord of glory**

*Minister:* Give strength to the sick, support the elderly and reassure the dying by your saving presence.

*Answer:* **Hear us, Lord of glory**

### *Prayer by Br. Roger of Taizé*

Risen Jesus, you breathe your Holy Spirit upon us. And we would like to say to you: you have the words that give life to our soul; to whom else would we go but to you, the Risen Lord?

### *Bidding prayers*

*Minister:* Let us pray.

*Minister:* We will lay us down in peace and take our rest;

*Answer:* **for it is thou, Lord, only, that makest us dwell in safety.**

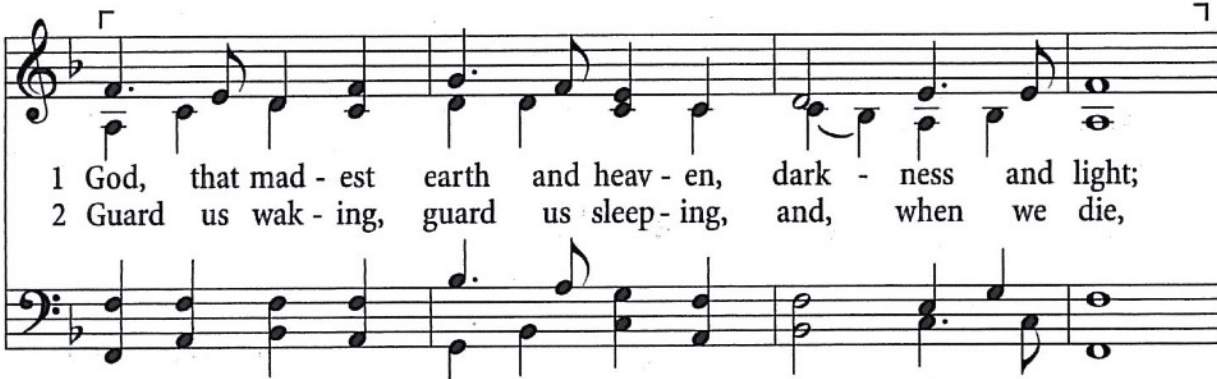
*Minister:* The Lord be with you;

*Answer:* **And with thy spirit.**

**The Lord Almighty grant us a quiet night, and at the last a perfect end; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be with us this night, and for evermore. Amen.**

# 30 God, that Madest Earth and Heaven

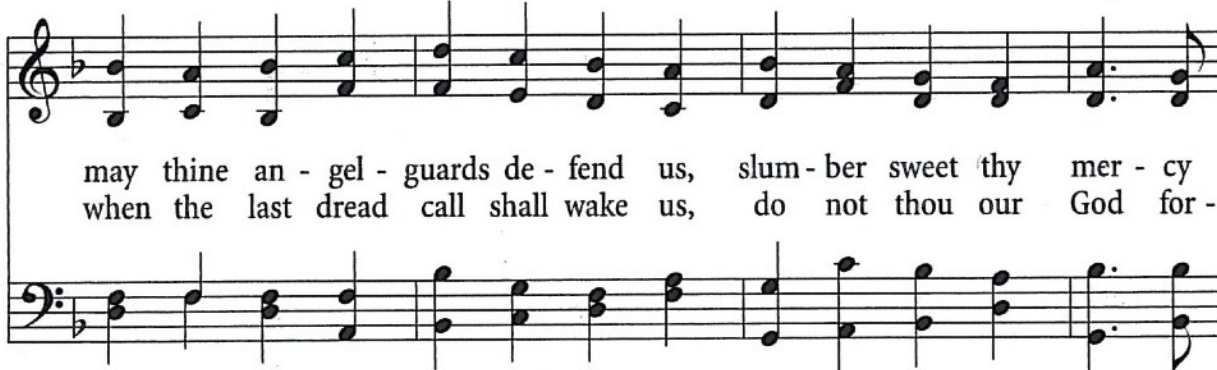
AY HYD Y NOS



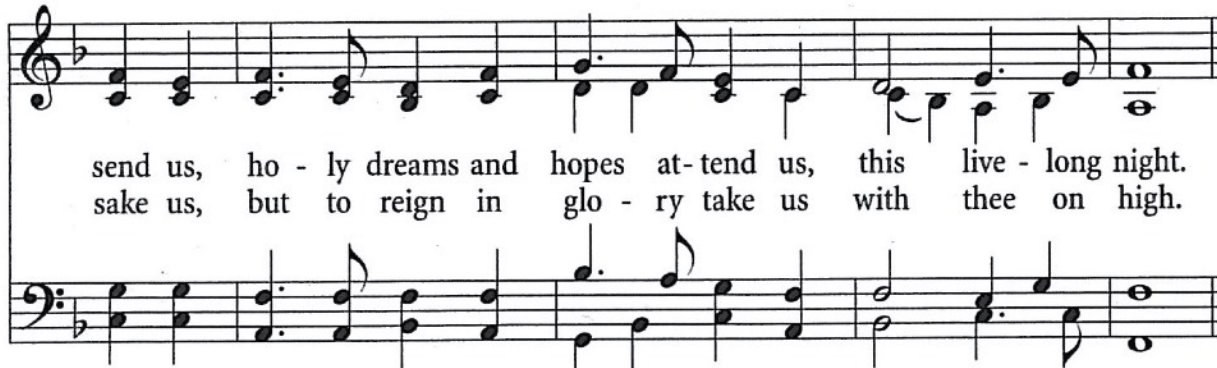
1 God, that mad - est earth and heav - en, dark - ness and light;  
2 Guard us wak - ing, guard us sleep - ing, and, when we die,



who the day for toil hast giv - en, for rest, the night;  
may we in thy might - y keep - ing all peace - ful lie:



may thine an - gel - guards de - fend us, slum - ber sweet thy mer - cy  
when the last dread call shall wake us, do not thou our God for -



send us, ho - ly dreams and hopes at - tend us, this live - long night.  
sake us, but to reign in glo - ry take us with thee on high.